

# MENUS

## September 2024



**Questions or Comments?**  
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**Did you know?**  
 Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 	4 <b>Breakfast</b> Chocolate Bread Slice <b>Lunch</b> Chicken Nuggets White Mac & Cheese Buffalo Chicken Salad Sunbutter & Jelly Steamed Corn	5 <b>Breakfast</b> Mini Sausage Wraps <b>Lunch</b> Ham & Cheese Sandwich Baby Carrots Apple	6 <b>Breakfast</b> Strawberry PopTart <b>Lunch</b> Sunbutter & Jelly Sandwich Celery Applesauce
9 <b>Breakfast</b> Trix French Toast <b>Lunch</b> Orange Chicken w/ Rice Japanese Noddle Bowl Cobb Salad Turkey & Cheese Sub Peppered Broccoli	10 <b>Breakfast</b> Bean & Cheese Burrito <b>Lunch</b> Mini Cheese Quesadillas Chicken Chilaquiles Popcorn Chicken Salad Sunbutter & Jelly Sandwich Charro Beans	11 <b>Breakfast</b> Powdered Sugar Donut <b>Lunch</b> Sloppy Joes Mini Corn Dogs Ham & Cheese Wrap Buffalo Chicken Salad Steamed Corn	12 <b>Breakfast</b> Parfait <b>Lunch</b> Spaghetti & Meatballs Popcorn Chicken w/ Onion Rings Chef Salad Popcorn Chicken Wrap Spiced Green Beans	13 <b>Breakfast</b> Mango Strawberry Smoothie <b>Lunch</b> Cheese Pizza Sausage Pizza Ham & Cheese Sandwich Chicken Caesar Salad Italian Veggie Blend
16 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Beef & Broccoli w/ Rice Chicken Patty Sandwich Ham & Cheese Sub Cobb Salad Peppered Broccoli	17 <b>Breakfast</b> Cheese Omelet w/ Biscuit <b>Lunch</b> Bean & Cheese Burrito Barbaoca Nachos Popcorn Chicken Salad Turkey & Cheese Sub Mexican Pinto Beans	18 <b>Breakfast</b> Eggoji Waffles <b>Lunch</b> Grilled Cheeseburger Chicken Tenders w/ Macaroni Buffalo Chicken Salad Crinkle Carrots	19 <b>Breakfast</b> Strawberry Bagels <b>Lunch</b> Cinnamon Roll w/ Sausage Pancakes w/ Sausage Sunbutter & Jelly Sandwich Chef Salad Crispy Tater Tots	20 <b>Breakfast</b> Very Berry Smoothie <b>Lunch</b> Pepperoni Pizza Cheese Pizza Turkey & Cheese Wrap Chicken Caesar Salad Peppered Broccoli
23 <b>Breakfast</b> Blueberry Muffin <b>Lunch</b> Sweet & Sour Chicken w/ Rice Chicken Corn Dog Turkey & Cheese Sandwich Cobb Salad Spiced Green Beans	24 <b>Breakfast</b> Pancake on a Stick <b>Lunch</b> Verde Enchiladas Chicken Nuggets Ham & Cheese Sub Popcorn Chicken Salad Mexican Pinto Beans	25 <b>Breakfast</b> Maple Mini Waffles <b>Lunch</b> Chili Dog Cheesy Chicken Patty Sandwich Ham & Cheese Wrap Buffalo Chicken Salad Sweet Potato Fries	26 <b>Breakfast</b> Chocolate French Toast <b>Lunch</b> Creamy Garlic Penne Cheese Breadsticks Sunbutter & Jelly Chef Salad Italian Veggie Blend	27 <b>Breakfast</b> Pineapple Mango Smoothie <b>Lunch</b> Hawaiian Pizza Cheese Pizza Turkey & Cheese Wrap Chicken Caesar Salad Steamed Corn
30 <b>Breakfast</b> Trix French Toast <b>Lunch</b> Orange Chicken w/ Rice Chicken Tenders w/ Onion Rings Ham & Cheese Sandwich Cobb Salad Green peas				Assorted Cereals served at breakfast. Menu is subject to change.