

**Documentation of Mandated Substance Abuse Prevention Hours Taught in School Year:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_ **Subject:** \_\_\_\_\_ **Grade Level(s):** \_\_\_\_\_

*Teachers are reminded that Louisiana Law requires all students grades K-9 to receive 16 direct contact instructional hours in Substance Abuse Prevention Education. Students in grades 10, 11, and 12 are required to receive 8 hours. Substance abuse prevention lessons should be reflected in your lesson plans on file in your school and must be from approved materials. Lessons may be in any of the following areas:*

**Alcohol, Tobacco, or Other Drugs:**

- disease concept     family effects     driving     legal, social issues     physical, mental, emotional effects     reproductive issues  
 addiction     nutrition     wellness/safety     alcohol/drug/tobacco effects     second-hand smoke     fetal alcohol damage

**Life Skills:**

- communication     peer pressure     stress     assertiveness     media literacy     refusal skills     feelings  
 goal setting     negotiation     anger management     self-esteem     decision-making     motivation     conflict resolution

**Curricula (Check if you are using one of these curricula):**

- Promoting Alternative Thinking Strategies (PATHS)     Get Real about Violence     Character Education     Project Towards No Drug Abuse (TND)     DARE  
 Life Skills     GlenCo Health Curricula     Project Alert     Peer Mediation or Natural Helpers (circle one)

**Are you using a best practices program?**  Yes  No

Date	Topic/Lesson/Drug-Free Objective	Resource/Text	# of Hours	# of Students
<b>Total Hours</b>				

**Thank you for helping to ensure that our schools are in compliance with State Regulations and ESSA requirements. This form is needed for State monitoring. Please keep your original and give a copy of completed form to your school's SAPE' Coordinator.**