

New!

Register
Now!

CSEBA WELLNESS PROGRAM

STEP 1: ACCESS THE PLATFORM!

To access the platform from a desktop computer, go to cseba.limeade.com

To access the platform from your phone, go to the App Store or Google Play and download the **Limeade One** app!

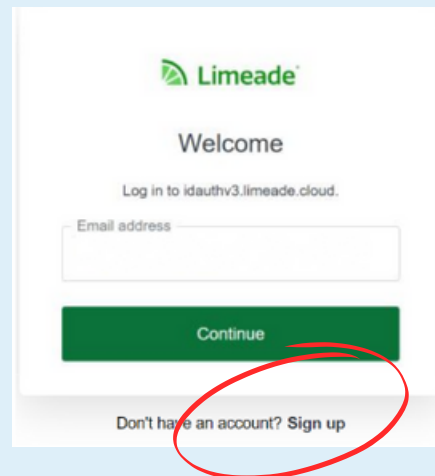


Once you have registered the app, you have the option to change it to our CSEBA Branded App Icon!

Find Employer Code: CSEBA

STEP 2:

Click "**sign up**" at the bottom where it states, "**Don't have an account?**"

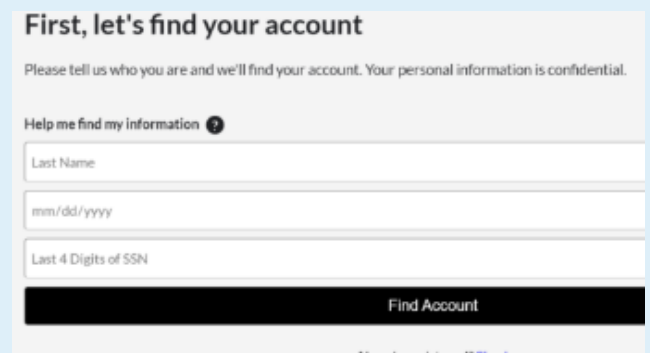


The screenshot shows the Limeade login interface. At the top is the Limeade logo. Below it is the text "Welcome" and "Log in to idauthv3.limeade.cloud.". There is an input field for "Email address" and a green "Continue" button. At the bottom, the text "Don't have an account? Sign up" is circled in red.

STEP 3: FIND YOUR ACCOUNT!

Enter your "Last Name"
Enter your "Date of Birth"
Enter your "Last 4 Digits of SSN"

If you have any trouble finding your account, please contact support@limeade.com or call **855-667-2550!**



The screenshot shows a form titled "First, let's find your account". Below the title is the text "Please tell us who you are and we'll find your account. Your personal information is confidential." There is a section "Help me find my information" with a question mark icon. Below this are three input fields: "Last Name", "mm/dd/yyyy", and "Last 4 Digits of SSN". At the bottom is a black button labeled "Find Account". At the very bottom, there is a link: "Already registered? [Sign in.](#)"

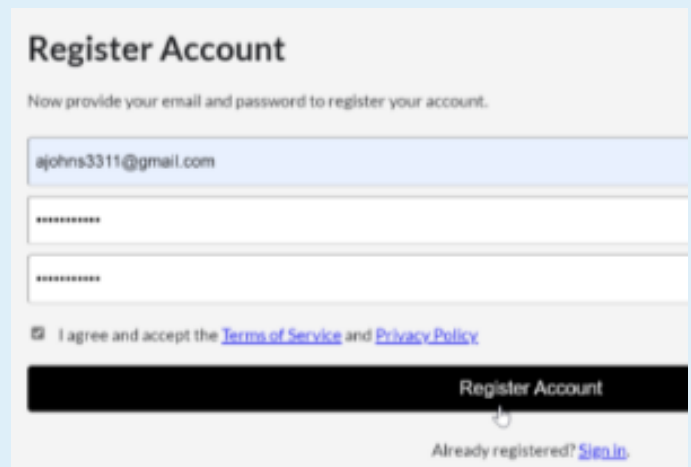
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STEP 4: REGISTER

Enter the email address and password you would like associated with your account.



Register Account

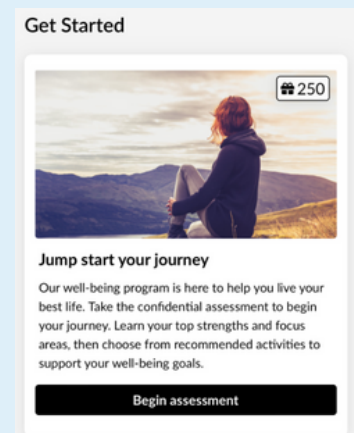
Now provide your email and password to register your account.

I agree and accept the [Terms of Service](#) and [Privacy Policy](#)

Already registered? [Sign In](#)

STEP 5: TAKE THE ASSESSMENT!

Begin by taking the Health Assessment! Personalize your experience by completing the health assessment. The platform activities and content will be specialized to you!



STEP 6: SYNC DEVICE!

On your app

Click your initials in the top left corner! Then click the settings logo on the top right and go to "edit device settings".

On your desktop

Click your initials in the top left corner! Then click "Apps and Devices"

Be sure to get your points for syncing your device in the "Recommended by CSEBA" Activities!