

Emergency Action Plan

Introduction

An emergency is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations, that coordination between the athletic trainer, coaches, administrators and student responders be effective. Accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately and efficiently.

Stamford High School AED Locations per Zone

ZONE 1 (Main Gymnasium)

EMS Route: Strawberry Hill to Hillandale to Hillandale tennis court entrance

Primary AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

Secondary AED: SHS Auxillary Gym (7th floor) (hallway by bathrooms)

ZONE 2 (Boyle Stadium)

EMS Route: Strawberry Hill Ave to Holcomb to Boyle Stadium Holcomb Entrance

Primary AED: Boyle Stadium Concession stand on side opposite girls locker room (Fall and Spring season only)

Secondary AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

ZONE 3 (Softball Field)

EMS Route: Strawberry Hill to Hillandale to Hillandale Tennis Court Entrance

Primary AED: Boyle Stadium Concession stand on side opposite girls locker room (Fall and Spring season only)

Secondary AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

ZONE 4 (Baseball Field)

EMS Route: Hillandale or Wenzel to Hillandale/Wenzel Intersection to Hillandale Baseball entrance

Primary AED: Inside 1st base dugout of baseball field (Fall and Spring seasons only)

Secondary AED: Upper Lax/Soccer field fence (Boyle side) at the top of the steps/below the press box (Spring and Fall season only)

Alternate AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

Zone 5 (Upper Turf Field) (Soccer/Lacrosse Field)

EMS Route: Strawberry Hill to Holcomb to Hillandale to Hillandale Turf Field Entrance

Primary AED: Upper Lax/Soccer field fence (Boyle side) at the top of the steps/below the press box (Spring and Fall season only)

Secondary AED: Inside 1st base dugout of baseball field (Fall and Spring seasons only)

Alternate AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

Zone 6 (Tennis Courts)

EMS Route: Strawberry Hill to Hillandale to Hillandale Tennis Court Entrance

AED: SHS Main Gymnasium (Kuczo) (by the water fountain)

Secondary AED: Boyle Stadium Concession stand on side opposite girls locker room (Fall and Spring season only)

Zone 7 (Parking Lot Field)

EMS Route: Strawberry Hill to Hillandale to Hillandale Parking Lot Entrance

AED: SHS Gymnasium (Kuczo) (by the water fountain)

Secondary AED: Inside 1st base dugout of baseball field (Fall and Spring seasons only)

Zone 8 (Auxillary Gymnasium) (7th floor)

EMS Route: Strawberry Hill school entrance to school access ramp (to the left of the front of the school)

AED: Main Gymnasium (Kuczo) (by the water fountain)

Secondary AED: Boyle Stadium Concession stand on side opposite girls locker room (Fall and Spring season only)

Alternate AED: Boyle Stadium (by concession stand) (Fall and Spring season only)

ZONE 9 (Weight Room)

EMS Route: Strawberry Hill to Hillandale to Hillandale tennis court entrance to building entrance (Via black metal doors)

Primary AED: SHS custodian loading dock (up the ramp)

Secondary AED: SHS Gymnasium (Kuczo) (by the water fountain)

Emergency Action Plan

General Plan of Action

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

3. Follow card for emergency action instructions and “Post UP, Flag Down” locations for the specific zone.

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, Instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

Team Physician

Certified Athletic Trainer

Athletic Director

Administrator

Head coach

Assistant Coach

Athletes

Bystanders

Emergency Action Plan

ZONE 1 (Main Gymnasium)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**
2. Instruct coach or bystander to get necessary equipment (ie. AED, Medical Kit)
3. Designate 4 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1)The glass doors by the gym (2)The corner of the bus lane (between main gym and tennis courts, by the softball field) (3) The Hillandale Ave. Entrance (4) Loading dock ramp
 - i. “Runners” should clear the a path to the emergency
4. Begin performing emergency CPR/First Aid as indicated
5. Contact the covering athletic trainer if they are not already on scene
6. If possible, instruct coach or bystander to control the crowd
 - i. If necessary, remove athletes/bystanders from vicinity
7. Once EMS arrives, they become the lead
 - i. Assist with continued care as necessary
8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation
 - i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit
9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital
 - i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***
10. Contact Athletic Director/Principal/Vice Principal
11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

- 1) SHS Main Gymnasium (Kuczo)
(by the water fountain)
- 2) Aux. Gymnasium (7th floor)
(next to the bathrooms)
- 3) Boyle Stadium- Snack Bar
(right side)(Spring and Fall
ONLY)

Emergency Action Plan

ZONE 2 (Boyle Stadium)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**
2. Instruct the coach or bystander to get necessary equipment
3. Designate 2 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Holcomb Ave. field entrance gate. (2) The corner of the bus lane (between main gym and tennis courts, by the softball field)
 - i. “Runners” should clear the a path to the emergency
4. Begin performing emergency CPR/First Aid as indicated
5. Contact the covering athletic trainer if they are not already on scene
6. If possible, instruct coach or bystander to control the crowd
 - i. If necessary, remove athletes/bystanders from vicinity
7. Once EMS arrives, they become the lead
 - i. Assist with continued care as necessary
8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation
 - i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit
9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital
 - i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***
10. Contact Athletic Director/Principal/Vice Principal
11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

- 1) Boyle Stadium- Snack Bar (Spring and Fall ONLY)
- 2) SHS Main Gymnasium (Kuzo) (by the water fountain)
- 3) Aux. Gymnasium (7th floor) (next to the bathrooms)

Emergency Action Plan

ZONE 3 (Softball Field)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Instruct coach or bystander to get necessary equipment (ie. AED, Medical Kit)

3. Designate 2 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillandale ave. entrance (2) Softball gate (right field)

i. “Runners” should clear the a path to the emergency

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

1) Boyle Stadium- Snack Bar
(Spring and Fall ONLY)

2) SHS Main Gymnasium (Kuczo)
(by the water fountain)

3) Aux. Gymnasium (7th floor)
(by the bathrooms)

Emergency Action Plan

ZONE 4 (Baseball Field)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillandale ave. Wenzel Terr. Intersection (2) Hillandale Ave Baseball gate (Left field) (3) The corner of the bus lane (between main gym and tennis courts, by the softball field)

i. “Runners” should clear the a path to the emergency

3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

1) Baseball field first base dugout (Spring and Fall ONLY)

2) SHS Upper Turf/Soccer/
Lacrosse field- By press box
(Fall and Spring ONLY)

3) SHS Main Gymnasium (Kuczo)
(by the water fountain)

Emergency Action Plan

ZONE 5 (Upper Turf Field)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillendale ave. Holcomb Ave. Intersection (2) Hillendale Ave. field entrance gate (3) Gate to the field (closer to the press box.)

i. “Runners” should clear the a path to the emergency

3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

1) SHS Upper Turf/Soccer/
Lacrosse Field- by press box
(Spring and Fall ONLY)

2) Baseball field first base
dugout (Spring and Fall ONLY)

3) SHS Main Gymnasium (Kuczo)
(by the water fountain)

Emergency Action Plan

ZONE 6 (Tennis Courts)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**
2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillandale ave. entrance (2) Corner of Bus Entrance (3) Gate to the court
 - i. “Runners” should clear the a path to the emergency
3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)
4. Begin performing emergency CPR/First Aid as indicated
5. Contact the covering athletic trainer if they are not already on scene
6. If possible, instruct coach or bystander to control the crowd
 - i. If necessary, remove athletes/bystanders from vicinity
7. Once EMS arrives, they become the lead
 - i. Assist with continued care as necessary
8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation
 - i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit
9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital
 - i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***
10. Contact Athletic Director/Principal/Vice Principal
11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

- 1) SHS Main Gymnasium (Kuczo)
(by to the water fountain)
- 2) Boyle Stadium - Snack Bar
(Fall and Spring ONLY)

Emergency Action Plan

ZONE 7 (Parking Lot Field)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillendale ave. entrance (2) Gate to the Field (3) Intersection of Hillendale Ave. and Fenway Street.

i. “Runners” should clear the a path to the emergency

3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

**1) SHS Main Gymnasium (Kuczo)
(by to the water fountain)**

**2) Boyle Stadium - Snack Bar-
(Fall and Spring ONLY)**

Emergency Action Plan

ZONE 8 (Auxillary Gym)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Strawberry Hill North Driveway (2) Doors at the bottom of roundabout (3) Doors to gym

i. “Runners” should clear the a path to the emergency

3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

1) Aux. Gymnasium (7th floor)
(by the bathrooms)

2) SHS Main gymnasium (7th
Floor) (by the bathrooms)

3) Boyle Stadium -Snack Bar-
(Fall and Spring ONLY)

Emergency Action Plan

ZONE 9 (Weight Room)

“PID” refers to the victim or “Person in Distress”

Criteria For Initiating Emergency Action Plan:

- PID is not breathing/having severe difficulty breathing
- PID has absent or weak pulse
- PID has lost or altered (delayed responsiveness) level of consciousness
- PID has a suspected spinal injury
- PID has an obvious deformity (something out of place/crooked) as the result of suspected dislocation or fracture
- PID has an open fracture (bone has punctured through the skin) or if moving the PID would exacerbate the injury
- PID is suffering from an environmental emergency (ie. severe heat exhaustion, heat stroke, hypothermia, lightning strike)
- PID has severe bleeding that cannot be stopped
- PID is having a severe allergic reaction
- Uncertain whether or not EMS should be activated

***The most medically qualified person will lead based on the Chain of Command ***

1. **IMMEDIATELY CALL OR SPECIFICALLY DESIGNATE SOMEONE TO CALL 911. MAKE SURE THEY DO IT!**

2. Designate 3 “Runners” to “Post Up and Flag Down” EMS at the following locations: (1) Hillandale ave. entrance (by tennis courts) (2) The corner of the bus lane (between main gym and tennis courts, by the softball field) (3) Building Doors (black doors to the right of the weight room, by tennis court)

i. “Runners” should clear the a path to the emergency

3. Instruct coach or bystander to get necessary equipment (ie. AED, medical kit)

4. Begin performing emergency CPR/First Aid as indicated

5. Contact the covering athletic trainer if they are not already on scene

6. If possible, instruct coach or bystander to control the crowd

i. If necessary, remove athletes/bystanders from vicinity

7. Once EMS arrives, they become the lead

i. Assist with continued care as necessary

8. If the PID is a student or a minor, a reasonable attempt must be made to contact their parent/guardian to authorize EMS transportation

i. The athlete’s medical information/emergency contact info can be found on the medical cards in each medical kit

9. In the absence of a parent/guardian, an assistant coach or administrator should accompany a student/athlete to the hospital

i. ***If there is only one coach/administrator on scene, student athlete will be transported alone***

10. Contact Athletic Director/Principal/Vice Principal

11. Document the event

Chain of Command:

*Team Physician
Certified Athletic Trainer
Athletic Director
Administrator
Head coach
Assistant Coach
Athletes
Bystanders*

AED Location

1) Custodian loading dock (up the ramp)

2) SHS Main Gymnasium (Kuczo) (by the water fountain)

Emergency Action Plan
