

2024 Lamoille Union High School Cross-Country Schedule

Coach: Jeffrey Beal

[jbeal@lnsd.org](mailto:jbeal@lnsd.org), 802-851-1326

<b>Date</b>	<b>Location/Host</b>	<b>Start Time (tentative)</b>	<b>Departure/Dismissal Times (tentative)</b>
Saturday 8/31	Essex Invitational (Essex Tree Farm)	10:30 am	8:00 am
Wednesday 9/4	Stowe	4:00	2:30/2:45
Saturday 9/7	Burlington Invitational (Hardack)	9:30 am	7:00 am
Wednesday 9/11	St. Johnsbury	4:00	1:30/1:45
Tuesday 9/17	Lyndon	4:00	1:15/1:30
Saturday 9/21	<i>Manchester, NH Invitational</i>	<i>TBD</i>	<i>TBD</i>
Wednesday 9/25	Lamoille	4:00	-
Saturday 9/28	U-32 Invitational	10:00 am	7:30 am
Saturday 10/5	Thetford Invitational	10:00 am	7:00 am
Wednesday 10/9	PA Invitational	4:00	2:45
Saturday 10/19	NVAC Championship U32	10:00 am	7:30 am
Saturday 10/26	Thetford (State Championship)	10:00 am	7:00 am
Saturday 11/2	St. Albans (VT Meet of Champions)	TBD	TBD