

# September Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	Pizza (Turkey Pepperoni or Cheese) Caesar Salad	<b>Brunch For Lunch</b> French Toast Chicken Sausage Links Hashbrown Patties	Chicken Sandwich (Regular or Spicy)	All Beef Hotdog Potato Chip
<b>Alternate</b>	<b>Alternate</b> Beef Philly Sandwich KC Onion Rings  California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Chicken Walking Taco  Buttered Corn Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> <b>Poppin' Flavored Popcorn Chicken Day</b> Southern Style OR Nashville Hot  Tater Tots Fresh Fruit Assorted Fresh Vegetables BBQ Baked Beans	<b>Alternate</b> Orange Chicken White Rice Graham Cracker Roasted Cauliflower with Soy Fresh Fruit Assorted Fresh Vegetable
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chicken Tender (Regular or Spicy) Garlic Breadstick	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	<b>Chicken Wing Day</b> Salted Pretzel with Cheese Sauce	Thai Sweet Chili Chicken Fried Rice Chicken Potsticker	Mini Chicken Corndogs Garlic Toast
<b>Alternate</b> Spaghetti and Beef Meat Sauce Garlic Breadstick  Steamed Peas Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Cheeseburger  Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice  Buttered Corn Fresh Fruit Assorted Fresh Vegetable Fiesta Black Beans	<b>Alternate</b> Italian Dunker with Marinara Sauce Italian Pasta Salad  Steamed Seasoned Green Beans Fresh Fruit Assorted Fresh Vegetable	<b>Alternate</b> Rotini Grilled Chicken Alfredo Garlic Toast  Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Freshly Baked Chocolate Chip Cookie
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Build your Own Beef Nacho or Burrito Jalapeno Cheese Sauce	Pizza (BBQ Chicken or Cheese Pizza)  Caesar Salad	<b>Brunch For Lunch</b> Mini Waffle Chicken Sausage Links Hashbrown Patties	Beef Walking Tacos	<b>Poppin' Flavored Popcorn Chicken Day</b> Southern Style OR Nashville Hot Garlic Breadstick
<b>Alternate</b> Create your own Turkey Brat KC Onion Rings California Vegetable Medley Fresh Fruit Assorted Fresh Vegetables Black Bean Salad	<b>Alternate</b> Teriyaki Chicken Lo Mein Noodles  Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Chicken Sandwich (Regular or Spicy)  Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Kung Pao Chicken Fried Rice Chicken Potsticker Buttered Corn Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Mozzarella Cheese Sticks Garlic Breadstick  Curly Fries Fresh Fruit Assorted Fresh Vegetables
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Chicken Tender (Regular or Spicy) Garlic Breadstick	Rotini and Beef Meatball Marinara Parmesan Garlic Knot	Chicken Bites Garlic Mashed Red Potatoes Chicken Gravy Dinner Roll	Cheeseburger	Mini Chicken Corndogs Garlic Toast
<b>Alternate</b> Cheesy Beef Totchos Fritos (1 oz)  Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Crispy Chicken and Cheese Rolled Tacos Jalapeno Cheese Sauce  Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Italian Dunker with Marinara Sauce  Buttered Corn Fresh Fruit Assorted Fresh Vegetables	<b>Alternate</b> Rotini Grilled Chicken Alfredo Garlic Breadstick  Seasoned Steamed Broccoli Fresh Fruit Assorted Fresh Vegetables Edamame	<b>Alternate</b> Hearty Beef Lasagna Garlic Toast  Steamed Peas Fresh Fruit Assorted Fresh Vegetables
<b>30</b>				
Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Breadstick				
<b>Alternate</b> General Tso Chicken White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables				
<b>Grab and Go:</b> Managers Choice Salad and Sandwich	<b>Grab and Go:</b> Managers Choice Salad and Sandwich	<b>Grab and Go:</b> Managers Choice Salad and Sandwich	<b>Grab and Go:</b> Managers Choice Salad and Sandwich	<b>Grab and Go:</b> Managers Choice Salad and Sandwich

**IN SCHOOL OFFERED DAILY:**

Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

**This institution is an equal opportunity provider.**