

# SEPTEMBER 2024 Elementary Menu

Columbia Public Schools  
is an Equal Opportunity  
Employer and Provider

**CPS Nutrition Services is  
HIRING!**

Please join our team

**Apply online:**

[cpsk12.org/currentjobs](https://cpsk12.org/currentjobs)



Menus subject to change

**Allergen Advisory:** We cannot guarantee that our food is free from any allergens because we use shared space and equipment.

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| <p><u>2</u></p> <p><b>NO SCHOOL<br/>Labor Day</b></p>  | <p><u>3</u> <b>All White Chicken Tenders<br/>OR Daily Entrees*</b><br/>Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk</p>  | <p><u>4</u> <b>BBQ Pork Rib Sandwich<br/>on WG Bun<br/>OR Daily Entrees*</b><br/>Seasoned Corn, Garden Bar with Romaine Lettuce, Strawberries, Fresh Fruit, Low Fat Milk</p>     | <p><u>5</u> <b>Sweet &amp; Sour Chicken<br/>with Brown Rice<br/>OR Daily Entrees*</b><br/>Seasoned Carrots, Garden Bar with Fresh Broccoli, Mandarin Oranges, Fresh Fruit, Low Fat Milk</p> | <p><u>6</u> <b>Hamburger or<br/>Cheeseburger on WG Bun<br/>OR Daily Entrees*</b><br/>Baked Beans, Garden Bar with Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk</p>  |
| <p><u>9</u> <b>Meat Lover's Stromboli<br/>(contains pork)<br/>OR Daily Entrees*</b><br/>Seasoned Corn, Garden Bar with Baby Carrots, Four Fruit Cup, Fresh Fruit, Low Fat Milk</p>                         | <p><u>10</u> <b>Popcorn Chicken Bowl<br/>OR Daily Entrees*</b><br/>Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk</p>   | <p><u>11</u> <b>Chicken Patty Sandwich<br/>on WG Bun<br/>OR Daily Entrees*</b><br/>Baked Beans, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk</p>                 | <p><u>12</u> <b>Pizza<br/>OR Daily Entrees*</b><br/>Steamed Broccoli, Garden Bar with Fresh Peppers, Blueberries, Fresh Fruit, Low Fat Milk</p>   | <p><u>13</u> <b>Hard- or Soft-Shelled<br/>Beef Taco<br/>OR Daily Entrées *</b><br/>Garden Bar with Romaine Lettuce, Grape Tomatoes, WG Oatmeal Granola, Applesauce, Fresh Fruit, Low Fat Milk</p>                                  |
| <p><u>16</u> <b>Chicken Sausages<br/>with Pancakes<br/>OR Daily Entrees*</b><br/>Hot Spiced Apples, Garden Bar with Baby Carrots, WG Oatmeal Granola, Cucumber, Mixed Fruit, Fresh Fruit, Low Fat Milk</p> | <p><u>17</u> <b>All White Chicken Tenders<br/>OR Daily Entrees*</b><br/>Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk</p> | <p><u>18</u> <b>Beef Taco Tots<br/>OR Daily Entrees*</b><br/>Mexican Beans, Garden Bar with Tomatoes, WG Oatmeal Granola, Strawberries, Fresh Fruit, Low Fat Milk</p>            | <p><u>19</u> <b>BBQ Chicken Teriyaki<br/>with Brown Rice<br/>OR Daily Entrees*</b><br/>Steamed Broccoli, Garden Bar with Cucumber, Pineapple Tidbits, Fresh Fruit, Low Fat Milk</p>         | <p><u>20</u> <b>Turkey &amp; Cheese Breadsticks<br/>(i.e. Rippers)<br/>OR Daily Entrees*</b><br/>Seasoned Green Beans, Garden Bar with Red or Orange Fresh Peppers, WG Oatmeal Granola, Mixed Fruit, Fresh Fruit, Low Fat Milk</p> |
| <p><u>23</u></p> <p><b>NO SCHOOL<br/>Teacher Work Day</b></p>  | <p><u>24</u> <b>All White Chicken Tenders<br/>OR Daily Entrees*</b><br/>Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk</p> | <p><u>25</u> <b>Chicken Patty Sandwich<br/>on WG Bun<br/>OR Daily Entrees*</b><br/>Baked Beans, Garden Bar with Cucumber, Grape Tomatoes, Peaches, Fresh Fruit, Low Fat Milk</p> | <p><u>26</u> <b>Turkey Frank on WG Bun<br/>OR Daily Entrees*</b><br/>Seasoned Carrots, Garden Bar with Broccoli, Fresh Peppers, Mixed Fruit, Fresh Fruit, Low Fat Milk</p>                  | <p><u>27</u> <b>Beef Chili Nachos with<br/>Cheese Sauce<br/>OR Daily Entrees*</b><br/>Steamed Broccoli Garden Bar with Grape Tomatoes, Pears, Fresh Fruit, Low Fat Milk</p>  |
| <p><u>30</u> <b>Wild Mikes Cheese Bites<br/>OR Daily Entrées *</b><br/>Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk</p>                            | <p><b>*Daily Entrees: Peanut Butter and Jelly Uncrustables (Everyday)<br/>OR Yogurt Plate (Mondays, Wednesdays, Fridays) OR Anytimer (Tuesdays and Thursdays)</b></p>  |  |   |  |