

Valley Center Schools Lunch Menu

Elementary School Menu

September

Monday

Labor Day
No School

Tuesday

Professional Development
No School

Wednesday

Crispito (chicken/cheese)
 Spanish Rice, Frito Salad,
 Baby Carrots, Broccoli,
 Tropical Fruit, Milk

Thursday

Chicken Tenders
 Mashed Potatoes, Gravy,
 Green Beans, Rosy
 Applesauce, Milk

Friday


Cheeseburger
 French Fries, Baked
 Beans, Carrots, Apple
 Slices, Milk

Cheesy Chicken & Pasta
 Sweet Red peppers,
 Garlic Bread, Broccoli,
 Peaches, Milk

Chicken Nuggets
 Mashed Potatoes,
 Gravy, Dinner Roll,
 Baked Beans, Oranges,
 Milk

French Toast Sticks
 Scrambled Eggs, Tater
 Tots, Juice Blend, Banana,
 Milk

Mexican Crispito
 Frito Salad, Steamed
 Corn, Cucumber Slices,
 Pineapple, Milk

 **Pizza**
 Tossed Salad, Breadstick,
 Red Peppers, Frozen
 Treat, Milk

Chicken & Noodles
 Mashed Potatoes,
 Steamed Broccoli,
 Peaches, Milk

Nachos
 Mexican Beans, Tomato,
 Fresh Veggies, Tropical
 Fruit, Milk

Pancake Sandwich
 Tater Tots, Juice Blend,
 Strawberries & Bananas,
 Milk

Cowboy Cavatini
 Tossed Salad, Garlic
 Bread, Steamed Corn,
 Fruit Cocktail, Milk


Crispy Chicken Sand.
 Baked Beans, Carrots,
 Apple Slices, Milk

Tater Tot Casserole
 Steamed Peas, Dinner
 Roll, Mandarin Oranges,
 Milk

Hot Ham & Cheese
 Baked Beans, Carrots
 & Celery, Chips, Frozen
 Treat, Milk

French Bread Pizza
 Tossed Salad, Baby
 Carrots, Zucchini Slices,
 Banana, Milk

Beef & Bean Burrito
 Frito Salad, Fresh
 Broccoli, Carrots,
 Orange, Milk

 **Pizza**
 Tossed Salad, Breadstick,
 Red Peppers, Grapes,
 Milk

Country Steak
 Mashed Potatoes, Gravy,
 Green Beans, Cookie,
 Peaches, Milk

Meal Price
\$3.05
September Total
\$57.95

