



# Student Handbook

2024-2025

## WELCOME TO LAKE WASHINGTON HIGH SCHOOL

**Mission:** *Lake Washington High School students will graduate as lifelong learners demonstrating resilience, respect, integrity, and compassion.*

**Vision:** *Every Student Future Ready: Prepared for College; Prepared for the Global Workplace; Prepared for Personal Success.*



Lake Washington High School began as Kirkland High School (also called Union “A” High School) in 1922—a gathering of students from as far away as Monroe and Duvall. As our community continues to expand and transform, we commit to the growth and development of equity, opportunity, and economic success for students of all backgrounds.

In 2018, our student community elected to adopt a new motto reflecting the journey for growth and advancement for all. The LWHS Kang Motto “**aLWays Rising**” guides us in our everyday commitment to uplift students and advancement of educational and racial equity to support the success of all students.

Lake Washington High School will provide a safe, equitable educational environment for racial minority groups, to address race and eliminate institutional racism, to reduce the racial achievement gap, and to decolonize curriculum to advance racial equity school-wide.

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# GENERAL INFORMATION

Lake Washington High School  
12033 NE 80th Street, Kirkland, WA 98033  
(425) 936 - 1700  
[lwhs.lwsd.org](http://lwhs.lwsd.org)

## Administration

Principal, Dr. Christine Bell.....	425 936-1700
Associate Principal, Karen Barker .....	425 936-1700
Associate Principal, Aric Kooima.....	425 936-1700
Associate Principal, Melissa Super-Greene.....	425 936-1700
Dean of Students, Joe Joss .....	425 936-1708

## Counseling

Brandon Howell (Registrar) .....	425 936-1702
Kim Walters (A-B) .....	425 936-1702
Phil Magnenat (C-Er) .....	425 936-1702
Valentina Bermudez (Es-Hi) .....	425 936-1702
Vanessa Keller (Ho-La) .....	425 936-1702
Cameron McGinnis (Le-Ne) .....	425 936-1702
Barbara Hawksworth (Ng-Ro) .....	425-936-1702
Alex Deacy (Ru-Te) .....	425 936-1702
Garbrielle Webbeking (TH-Z) .....	425-936-1702

## Services

Attendance .....	425 936-1701
Counseling.....	425 936-1702
Safety Tip Line.....	866 548-3847
College & Career Center – Nichole Swanger.....	425 936-1710
Lake Washington High School Office Fax Number .....	425 936-1751
Athletics Office Professional – JoDee Hull .....	425 936-1732
Class Fees and Fines, Purchases .....	425 936-1719
Attendance Specialist – Roxana Colmenares.....	425 555-3761
Library .....	425 936-1715

[Please visit the LWHS website for a complete Staff Directory](#)

STUDENT LIFE



## KANG COMMITMENTS

The mission of Lake Washington School District is to prepare our graduates to lead rewarding, responsible lives as contributing members of the local, national, and global communities. At Lake Washington High School, students, families, teachers, administrators, and staff understand that realizing the mission of our schools will require providing high quality instruction in a safe, nurturing learning environment.

At LWHS, emotional, physical, and psychological safety and development are a priority, therefore, every stakeholder is committed to the planning and implementation of a data driven, multi-layered system of interventions and supports designed to uplift, encourage, and promote a sense of belonging in a safe environment for *all* learners, families, staff, and leaders. This means that in our classrooms and *all* flexible spaces, we must provide explicit instruction about how we want to be treated as well as how we will treat others. As a result, all Kangs work toward the following **KANG COMMITMENTS** each day:

**Safety** – I will behave in a way that ensures the safety of myself and others.

**Responsibility** – I will take responsibility for my choices, learn from my mistakes, and be proactive instead of reactive.

**Integrity** – I will choose to be a person of integrity while in a community of diverse perspectives and experiences.

**Respect** – We will treat each other with mutual respect, preserving each person's dignity.

**Relationships** – We will cultivate win-win relationships between all members of our community.

## SCHOOL SPIRIT

School Mascot: Kangaroo (Lizzy)

School Colors: Purple and White

## LAKE WASHINGTON HIGH SCHOOL FIGHT SONG

Fight, Fight for Lake Washington  
Purple and the White  
Victory for Washington  
Hear our cheer and Fight! Fight! Fight! Fight!  
Roll up the scores for Washington  
Keep her banner high  
Glory the name  
And Fight for the fame of Washington

*–Major Don Adler, 1944*

## LAKE WASHINGTON ALMA MATER

Alma Mater, hail to thee  
You are that part of me  
That, facing foes, gives me strength to go on.  
You stand beside us all;  
Strong, we will never fall.  
Lead on, we'll follow  
Lake Washington - Hail to thee.



## BELL SCHEDULE

### LAKE WASHINGTON HIGH SCHOOL BELL SCHEDULE 2024-2025

Monday 48 Minutes Periods 1-7	Tuesday 90 Minutes Periods 1,3,5,7	Wednesday 90 Minutes Periods 2,4,6	Thursday 90 Minutes Periods 1,3,5,7	Friday 90 Minutes Periods 2,4,6 Roo A&B
<b>Period 1</b> 8:30 – 9:18	<b>Period 1</b> 8:30 – 10:00	<b>Period 2</b> 8:30-10:00	<b>Period 1</b> 8:30 – 10:00	<b>Period 2</b> 8:30 – 10:00
<b>Period 2</b> 9:25 – 9:27 (announcements) 9:28 – 10:15				<b>Kang News (connected to Period 2):</b> 10:00 – 10:10
<b>Period 3</b> 10:22 – 11:10	<b>Period 3</b> 10:07 – 11:37	<b>Nutrition Break</b> 10:00 – 10:18	<b>Period 3</b> 10:07 – 11:37	<b>ROO – A (40 min)</b> 10:17 – 10:57
<b>Period 4</b> 11:17 – 12:05		<b>Period 4</b> 10:18 – 11:48		<b>ROO – B (40 min)</b> 10:57 – 11:37
<b>Period 5</b> A Lunch: 12:05 – 12:35 A Class: 12:42 – 1:30  B Class: 12:12 – 1:00 B Lunch: 1:00 – 1:30	<b>Period 5</b> A Lunch: 11:37 – 12:07 A Class: 12:13 – 1:43  B Class: 11:44 – 1:14 B Lunch: 1:14 – 1:44	<b>Period 6</b> 11:55 – 1:25	<b>Period 5</b> A Lunch: 11:37 – 12:07 A Class: 12:13 – 1:43  B Class: 11:44 – 1:14 B Lunch: 1:14 – 1:44	<b>Period 4</b> A Lunch: 11:37 – 12:07 A Class: 12:13 – 1:43  B Class: 11:44 – 1:14 B Lunch: 1:14 – 1:44
<b>Period 6</b> 1:37 – 2:25	<b>Period 7</b> 1:50 – 3:20	<b>All School Lunch</b> 1:25-1:50  (Student early release at 1:50. Students who do not stay for lunch may depart at 1:25 on Wednesdays)	<b>Period 7</b> 1:50 – 3:20	<b>Period 6</b> 1:50 – 3:20
<b>Period 7</b> 2:32 – 3:20				
<b>**Zero Hour Jazz Band 7:30-8:20 a.m. (50 mins)</b> <b>**8<sup>th</sup> Period Production Workshop 3:30-5:00 p.m. (90 mins Mon, Tue, Thu)</b> <b>A Lunch: 1<sup>st</sup> Floor, 3<sup>rd</sup> Floor, Gym</b> <b>B Lunch: 2<sup>nd</sup> Floor, North Building, Theater &amp; Music</b> <b>Visit: <a href="https://lwhs.lwsd.org/studentsfamilies/bell-schedule">https://lwhs.lwsd.org/studentsfamilies/bell-schedule</a> for all our Bell Schedules</b>				

## LUNCH AND OPEN LUNCH CAMPUS POLICY

Lunch is determined by the location of a student's 5<sup>th</sup> period class. See below for the lunch assignments for the 24-25 school year. There may be some exceptions. Students will be notified of those exceptions by their individual teachers.

**A Lunch – 1<sup>st</sup> floor, 3<sup>rd</sup> floor, Gym**

**B Lunch, 2<sup>nd</sup> Floor, North Wing, Theater and Music Rooms**

Lake Washington High School has an open campus for lunches. Students of all grade levels CAN leave campus at lunch time. However, students who return late from lunch will face consequences ranging from detention to loss of off campus privileges.

## FREE AND REDUCED LUNCH APPLICATION AND BENEFITS

Students may apply for free or reduced lunch even if they choose to eat off-campus. This designation may reduce or eliminate other fees and charges for activities at LWSH. This includes, but is not limited to, dances, ASB cards, activities and AP Testing Fees. Applications can be found at [myschoolapps.com](http://myschoolapps.com). To be able to qualify for all these benefits, please be sure to provide consent on the application. For questions and/or assistance filling out the application, please contact your individual counselor.

## ATTENDANCE

Regular school attendance is important for all students. Chronic or excessive absenteeism, whether excused or unexcused, has been correlated with lower graduation rates. Recent research indicates that attendance is a better predictor of graduation than test scores.

If you must miss school or need to be excused in the middle of a school day, please notify the school by either calling the attendance line at 425.936.1701 or emailing [LakeWashingtonHSAttendance@lwsd.org](mailto:LakeWashingtonHSAttendance@lwsd.org). An absence will be excused if the school is notified within 48 hours of the absence. For a list of what is considered an excused absence according to WAC 392.401.020, please follow this [LINK](#). Students may not be excused by parents or guardians if they are not in class, but in the building.

## LWSH TARDY POLICY

Students are required to attend all scheduled classes and to be on time at the beginning of the class period. Students who arrive more than ten (10) minutes late will be considered absent. Staff will conduct periodic tardy sweeps to ensure timely arrival to all classes. More than five (5) tardies per week will result in the following interventions:

- 5+ tardies in one week
  - Placed on *Intervention List* – A student will be placed on the intervention list each time they accumulate 5+ tardies in a week
- 1 Week on Intervention List per Academic Quarter
  - Family notified
- 2 and 3 weeks on Intervention List per Academic Quarter (does not have to be consecutive weeks)
  - Lunch detention for each week; Family Notified
- 4 weeks on Intervention List per Academic Quarter
  - 1 hour lunch detention after school or equivalent time; Family Notified
- 5 weeks on Intervention List per Academic Quarter
  - 1 hour lunch detention after school or equivalent time; Meeting with Family required to determine Attendance contract; loss of privileges may occur

## PARKING

### Permit Placement

Your student parking permit must be permanently affixed to the lower left-hand corner (driver's side) of the windshield. Remove the protective cover on the back and adhere to the inside of your windshield. Temporary application with tape etc. is not allowed.

### Alternate Vehicle

If you drive an alternate vehicle, please leave a note on the dash or taped to the windshield, with 1) Your name, 2) Your Grade, and 3) Permit Number. All alternate vehicles must be registered.

### Replacement Permits

If you replace your primary vehicle or the windshield is replaced, you may receive a replacement permit at no cost if you remove the original permit and turn it in. We will not replace lost permits.

### New Senior Parking! (Juniors, please read as well)

We now have a **senior only** parking area (the first 4 rows after staff parking in front of the north building). Seniors may park in any unmarked stall (no parking in visitor, staff, theater, etc.). Juniors may **not** park in the senior area along with aforementioned areas.

## PARKING REGULATIONS AND APPLICATION PROCESS

1. Applications can be obtained by Seniors at the beginning of the school year on the LWHS website. Students must provide insurance information on the application and present their driver's license to staff before they receive their permit.
2. All delinquent school fees and fines must be paid to receive the permit.
3. Students **and** parents must read, sign, and date the application.
4. The student permit fee is \$60.00.

### Lake Washington School District Parking Policy

By issuance of this permit, the Lake Washington School District does not assume liability for any property damage to any private automobile parked on its property. The owner-operator (s) of all private vehicles accepts responsibility for their own property and agrees that they are parking at their own risk.

### Lake Washington High School Parking Policy

1. A student parking permit allows a student to park in the lot but does not guarantee a parking spot.
2. All vehicles permitted to park on campus must be registered and have the permit properly affixed to the lower left (driver's) side of the windshield. If you get a new vehicle, please provide the vehicle information to safety personnel or the front office.
3. If you drive an alternate vehicle, you must display a note with your last name, grade, and permit number on the driver's side dashboard.
4. Only one permit per household due to limited parking.
5. We will have senior and non-senior permits. Seniors can park anywhere in the student lot and there will be a "senior only" section; juniors are not allowed to park in that section.
6. Students may not sell or transfer their permit to other students, including siblings.
7. All vehicles parked on LWHS campus are subject to search if there are reasonable grounds to believe school policies are violated.

## PARKING FINES

Starting the 24-25 school year, the parking lot violation fine will be \$50. The following will result in a parking fine:

- Parking in restricted spaces (staff, visitor, fire lanes, bus lanes, ADA without a valid placard, on the grass, non-senior parking in the designated senior area, etc.).
- Parking without authorization- not registering a car with the school or proper identification via permit or **note with name and permit number.**
- Failure to follow safe driving procedures- speeding, racing, improper passing, driving over curbs etc. and any other behaviors deemed to be unsafe or against the rules in our parking policy.
- Permit not placed on windshield or in the requested location.

**Please note that multiple infractions may lead to loss of permit privilege and non-refundable. Repeat violators may also be towed at the owner's expense.**

## 2024-2025 STAFF CLASS ADVISORS

Freshmen.....	Alisa Kathol & Emily Gamache
Sophomores.....	Alyenne Barnes & Hillary Minne
Juniors.....	Mercer Brown & Devony Schulte
Seniors.....	Molly Anderson & Camille Harper

## 2024-2025 LEADERSHIP

### **ASB officers:**

Walter Lumpkin  
Oliver Farivar

Logan Schmidt  
Will Callahan

Adi Hurvitz  
Jessie Kang

### **Class of 2025:**

Noah Hanculak  
Jacob Lee  
Keira Domer  
Ava Brisimitzis

### **Class of 2026:**

Jonah Kim  
Brooke Gardner  
Sabrina Nangonzi  
Mia Huisman

### **Class of 2027:**

Dante Walker  
Haiza Shamsheer  
Saisha Sarkar  
Victoria Seto

### **Commissioners:**

Geethika Burugupally – Diversity  
Abby Sirois – Spirit  
Maya Bagnulo – Spirit  
Levi Cheung – General  
Emily Lin – General  
Cadence Garwood – Recognition  
Maggie Vanderstelt – General/Recognition  
Amelie Madison – General/Recognition  
James Wang – Tech  
Kira Ulrich – Clubs  
Ryn Wylie – Clubs  
Alon Fisher – General/Concessions  
Jonah Synn - General

## STUDENT ID AND ASSOCIATED STUDENT BODY (ASB) ACTIVITY CARD

Most student activities such as athletics, dances, assemblies, etc. are financed by student funds. The greatest single source of revenue comes from the ASB card. Most importantly, the card identifies the owner as a participating member of the Lake Washington Student Association.

- All students receive an ID card when they register.
- An ASB sticker may be purchased for \$60.00. When presented, the ASB card provides admittance to all regular season games free of charge.
- It also permits the owner to purchase KingCo tickets away from school at a reduced price in addition to some school dances, such as Homecoming dance, Tolo, and Prom.
- The ASB sticker may be purchased at time of registration or at any time during the school year.
- Students who need to replace their ID/ASB card will be charged a \$5.00 fee.
- All students participating in a sport or activity sanctioned by the Associated Student Body (ASB) must purchase an ASB card to participate in these events.

## CLUBS AND SPECIAL INTEREST GROUPS

Check out the [LWHS Clubs page](#) on our website for the most up to date Club information. The website will also have more information on meeting times and locations, as well as advisor information. The following is a list of some of the clubs and interest groups available at LWHS.

AAPIC	Alpine Sports	ACLU	Animal Advocacy
Anime Club	American Sign Language	Badminton	Biotech
Black Student Union	Book Club	Civic Engagement	Create a Card
DECA	East Asian Club	Editorial Cartoon and Writing	Feminist Club
Fitness Club	Game Club	HOSA	Indian Student Assoc.
JSA	Jewish Student Union	Key Club	Latino and Brasileiro Assoc.
Le Cercle Francais	LINK Crew	FFA	Math Club
Medical Research Club	Neuroscience Club	Model UN	Multicultural Club
Muslim Student Union	Pouch (Student Newspaper)	Persian Culinary and Culture	Photo Club
Poetry Club	Women of Color Business Alliance	Robotics	Sexuality and Gender Acceptance
Science Olympiad	Theater	Women in Sports	Yarn Club

**Interested in starting a new club or interest group?** Check out the [Clubs page](#) for application forms and contact information.

## FINES & FEES

Fees are required for a variety of curricular and extracurricular programs. These are paid at the beginning of each semester/activity. Fines are assessed for unpaid fees or lost or damaged property and must be paid prior to the beginning of the next semester/activity. Books or items returned after the established deadline will result in a partial refund only. A reasonable fee of \$10.00 shall be charged for all dishonored checks returned to LWSD per RCW 62A.3-104. **All students must pay outstanding fines to purchase a ticket for any dance.** Students who qualify for Free and Reduced Lunch also qualify for waived or reduced fees. Applications for this designation can be found at [myschoolapps.com](http://myschoolapps.com).

## HARRASSMENT, INTIMIDATION AND BULLYING

The Lake Washington School District recognizes its responsibility to provide a safe and civil/educational environment that is free from all types of discrimination and harassment, bullying, and intimidation.

Appropriate consequences for students who violate this policy will be specified in the student code of conduct for each building and as set forth in Harassment, Intimidation, and Bullying of Students Procedures 3207P. Any staff member who has been found, after appropriate investigation, to have harassed a student will be subject to disciplinary action and/or discharge, as appropriate pursuant to collective bargaining agreements and state and federal laws.

All students have the right to learn in an environment that is free from harassment, intimidation, or bullying. Harassment, intimidation, or bullying means any intentional electronic, written, verbal, or physical act, including but not limited to one shown to be motivated by any characteristic in RCW 28A.640.010 and 28A 642.010, or other distinguishing characteristics, when the act:

- Physically harms a student or damages the student's property.
- Has the effect of substantially interfering with a student's education.
- Is so severe, persistent or pervasive that it creates an intimidating or threatening educational environment; or has the effect of substantially disrupting the orderly operation of the school.

Any student who believes he or she has been the target of unresolved, severe, or persistent harassment, intimidation, or bullying, or any other person in the school community who observes or receives notice that a student has or may have been the target of unresolved, severe, or persistent harassment, intimidation, or bullying, may report incidents verbally or in writing to any staff member. The reporting party may or may not reveal their identity in the report. They may choose to report anonymously or non-anonymously.

The LWHS Community has created an electronic reporting tool to accommodate all modes of reporting. The QR code below can be scanned for all safety concerns and reports.



# ACADEMICS





## GRADUATION REQUIREMENTS AND CREDITS

To graduate from high school in Washington state, at a minimum students must earn the required credits, and complete both a Graduation Pathway and a High School Beyond Plan.

To earn a High School Diploma, a student must:

1. Complete a High School and Beyond Plan
2. Complete Pacific Northwest History Course (middle school course)
3. Complete Graduation Pathway
4. Complete the following credit requirements:

Course	Credits	Other Notes
English	4	
Math	3	Algebra 1, Geometry and 1 other course selected by student. (Algebra 1 and Geometry may be taken in middle school and replaced by sequential courses.)
Science	3	At least 2 lab science; 1 additional course selected by student
Social Studies	3	1.0 US History and Government; 0.5 Contemporary World History/Geography; 0.5 Civics; 1.0 Elective selected by student
Art	2	Performance or Visual; 1 credit can be Personal Pathway Requirement
Health and Fitness	2	0.5 Health; 1.5 Fitness
Career and Technical Education	1	
World Language	2	Both credits can be Personal Pathway Requirements
Electives	4	
<b>Total Credit Requirement</b>	<b>24</b>	

\*\* If you have questions about what credits you have completed, need to complete or other concerns, please make an appointment with your individual counselor.

### Counselor

Kim Walters  
 Phil Magnenat  
 Valentina Bermudez  
 Vanessa Keller  
 Cameron McGinnis  
 Barbara Hawksworth  
 Alexandra Deacy  
 Gabbie Webbeking

### Students Served

A-B  
 C-ER  
 ES-HI  
 HO-LA  
 LE-NE  
 NG-RO  
 RU-TE  
 TH-Z

# GRADING

## Understanding Your Grades

Student grades reflect your learning and progress throughout the school year. Each grade is a measure of your understanding and mastery of the course material. Teachers will input grades into the gradebook in a timely manner. This ensures that students and guardians have up-to-date information about academic performance.

You can find grades by logging into [Skyward Student Access](#). The student's username is their student number.

## Communication About Grades

If you or your guardian have any questions or concerns about your grades, please reach out to the teacher directly. Open and honest communication is key to resolving any issues or clarifications needed. All communication regarding grades should be professional, civil, and respectful. Maintaining a respectful dialogue helps ensure that any concerns can be addressed effectively and constructively.

# ACADEMIC MISCONDUCT

Definition and Potential Consequence per LWSB's Students Rights and Responsibilities (Page A6).

Violation	Definition	Minor/Initial	Moderate/Repeated	Significant/Persistent
Academic Dishonesty	All forms of cheating, plagiarism and fabrication, including submitting any work product that the student misrepresents as his or her work product for the purpose of fulfilling any assignment or task required as part of the student's course of studies. This includes the unauthorized use of electronic devices, the use of unauthorized material or unauthorized communication of any kind during testing, and the aiding and abetting of academic dishonesty of others.	D/RC/LP/RT/Redo Assignment	D/RC/LP/RT/Redo Assignment	STS/LTS/LP/RT/Redo Assignment

(D-detention, RC-restorative conference, LP-loss of privilege, RT-reteach, STS-short term suspension, LTS-long term suspension.)

### LWSB Protocol:

To align our practice to equitable grading practices the following process will be followed if academic dishonesty or misconduct occurs:

1. Teacher informs student and guardian(s) of the violation, sharing specific evidence (observation, 'TurnItIn', printout, other).
2. Teacher submits a Behavioral Support Form with infraction. Administrator connects with teacher and student's counselor via email, records infraction into Skyward as a behavioral offense, and issues a detention.
3. Student required to complete the assignment/assessment for full credit. Based on class circumstances, the teacher can give the same or similar assignment/assessment. Student and teacher decide on appropriate timeframe and share plan with student's guardian(s), administrator, and counselor. Student can work on assignment/assessment during assigned Wednesday detention under supervision provided by classified staff or teacher. When needed, teacher and administrator can arrange additional time for the supervised completion of assignment/assessment.
4. If more than one offense is recorded in an academic year or a significant, repeated pattern develops during the student's academic experience at LWSB, a restorative conference will be held with the student, guardian, administrator, and counselor. This is in addition to the forementioned steps. During the conference, the team will

review the long-term effects of academic dishonesty, identify root cause of the repeated behavior, and develop a student support plan. The student support plan will be shared with all of student's teachers.

5. If further academic dishonesty occurs, additional disciplinary actions may be taken per LWSD's Student Rights and Responsibilities. These can include short term suspension, long term suspension, restrictions/loss of privileges, re-teaching, and redoing the assignment/assessment.

### **Use of Artificial Intelligence Tools:**

While the LWHS community values the use of technology resources in organizing and brainstorming, we also recognize that the use of artificial intelligence tools in the composition of student's work negatively effects the ability of staff to hear and assess a student's original thoughts and ideas as well as his/her ability to communicate through writing.

LWHS has strong partnerships with the College Board, Bellevue Community College and University of Washington. All view the use of AI as academic misconduct. Inappropriate use of AI, as defined by the instructor or course, will result in the above actions.

## **PERSONAL TECHNOLOGY POLICY**

At Lake Washington High School we believe in safety, responsibility, integrity, respect, and relationships, and as such, we work to create environments where all students can learn and be successful. The cell phone policy is designed to support those goals.

- Unless given specific permission from the teacher, personal technology, including phones and ear buds, must be inoperable and away during learning time (class, formal assemblies, etc.)
- Please keep your personal technology, including phones and ear buds, in the following area:
  - In backpack/bag
  - Teacher storage system/area
  - At home
  - Teachers may have specific location requirements
- Consequences for unauthorized use are in full accordance with LWSD Student Rights and Responsibilities – Student Searches: “Items that are used to disrupt or interfere with the educational process may be temporarily removed from a student’s possession.”
  - First incident – teacher holds technology until the end of the period
  - Second incident – item goes to office (student's admin), incident is tracked, reported in Skyward, and the student picks up at end of day
  - Third incident – technology goes to office, incident is tracked, parent must pick up at end of day
  - Fourth incident – technology goes to office, admin schedules meeting with parent, and contract is created & sent to all that students' teachers
  - Fifth incident – this is now willful disobedience and as such, consequences follow school policies for this type of offence (e.g., no phone on campus, detention, etc.)
- Important notes
  - If the use of personal technology coincides with a more severe violation of student responsibilities (e.g. bullying, harassment, threats, academic dishonesty, etc.), the consequences for the other violation may supersede or be an addition to the standard personal technology policy.

## LAKE WASHINGTON SCHOOL DISTRICT RIGHTS AND RESPONSIBILITIES FOR STUDENTS

All disciplinary policies and procedures can be found in LWSD Students Rights and Responsibilities, along with other important School Board Policies and Procedures. Please click the link below to access the Student Rights and Responsibilities for the Lake Washington School District.

[LWSD Student R&R](#)

# ATHLETICS



## ATHLETIC/ACTIVITY INFORMATION

Every season, LWHS has a variety of athletic groups to join. These are a combination of both cut and non-cut sports. We encourage all students to get involved! Please see our website for all sports offered. <https://lwhs.lwsd.org/athletics>

Students are eligible for athletic programs once they have:

- Purchased an ASB card and paid the LWSD sports participation fee. These fees can be reduced and/or waived for students who qualify for Free and Reduced Lunch. Applications for this designation can be found at <https://www.myschoolapps.com/>
- Completed the sports registration process in FinalForms: <https://lakewashington-wa.finalforms.com/>
- Obtained physician clearance. A physical examination by a doctor is required every two years; the athlete's physical must be valid through the entire sports season in which the athlete plans to participate. Upload the physical exam record into your [FinalForms](#) account.
- Shown proof of health insurance.
- Met the academic standards set by the WIAA/LWSD for participation in athletics/activities.

## CONDUCT RULES FOR PARTICIPATING ATHLETES

As members of a high school team or WIAA sponsored activity that represents the Lake Washington School District, students are expected to make a strong personal commitment to rules of training and conduct to maintain a strong, healthy body and represent their school in an exemplary fashion. To that end, the following rules apply to all students participating in interscholastic athletics/activities or attending a team-related activity such as out-of-season camps or tournaments. These rules will always apply throughout the school year, which is defined as beginning with fall tryouts to the last day of school and includes any summer team related activities and will remain in effect for one calendar year from date of signature of code of conduct contract.

### **Illegal Controlled Substances, Alcohol, Legend drugs and Controlled Substances**

Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50) shall be as follows:

1st Violation: A participant in possession and/or use of a controlled substance, and/or "legend drugs" including anabolic steroids, alcoholic beverages shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. This also includes attending and/or remaining at an event where consumption of any of the above-mentioned substances by a minor(s) occurs. Ineligibility shall continue into the next sports season in which the participant wishes to participate. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school authorities. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program. A participant who seeks and/or receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) or controlled substances and controlled substance analogs (RCW 69.50.101 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, after a minimum two-week suspension from competition and pending a recommendation by the school eligibility authority. Athletes may attend practices with Principal/Athletic Director approval but may not attend contests during the suspension period.

2nd Violation: A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

3rd Violation: A participant who violates for a third time RCW 69.41.020 - 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

Sale and/or Distribution Per Lake Washington School District Policy the sale and/or distribution of alcohol or prescription or non-prescription drugs will result in the student automatically being placed on Step #2 of the Athletic/Activity Code.

**Tobacco Products, Chemicals or Devices (e-cigarettes, vaporizers, cigarettes, chew, etc.)**

1st Violation: The possession and/or use of tobacco products or chemicals, devices (e.g. e-cigarettes, electronic hookahs, vaporizers, etc.), or any other product that has a similar flavor or physical effect of nicotine substances will result in: 1. The student shall be suspended for a minimum of one week of competition. 2. The attendance of a cessation class will be mandatory.

2nd Violation: 1. The student shall be suspended for ten weeks of competition. If there is not ten weeks left in the current season the suspension will carry over to the next competitive season in which they are a returning athlete. 2. Before an athlete can again represent Lake Washington School District No. 414 LWSD in athletics they must provide evidence of successfully completing a nicotine treatment program and proof that they have discontinued the use of tobacco products.

3rd Violation: A student athlete who violates for a third time shall be permanently prohibited from participating in any WIAA member school athletic program or activity.

### **Conduct Rules**

Students who commit unlawful acts or engage in delinquent behavior may be subject to disciplinary action up to and including suspension from the team. All LWSD athletes are expected to adhere to all LWSD policies as explained in each school's Student/Parent Handbook. In addition to these general rules, coaches may establish other team expectations specific to their program.

### **Hazing Rituals**

Hazing will not be tolerated in any form and is never to be part of our program. Acts of hazing can escalate to the point that the students-participating are at risk. It is also quite possible that many acts of hazing will result in legal action being taken against the coach, advisor, student group leader, administration or the school district.

Any student who participates willingly in a hazing ritual is subject to disciplinary action, including suspension from school or the team or both, and possible legal action dependent on the severity of the incident.

Any student-athlete who observes and does not attempt to stop or report such a violation can also be subject to disciplinary action by our school. Repeated acts of hazing can result in further school action and permanent suspension from athletics.

Examples of Acts That Are Considered Hazing Rituals and questions to ask yourself (Am I hazing?)

**Questions for team leaders to reflect on:** " Have all the participants, their parents and the coach been notified prior to the event? Generally hazing is a surprise. " Would you be comfortable telling your coach, parents, and school administration about the plans prior to the event? If you are not willing to share, you are treading into dangerous territory. " Does the entirety of the team / group participate equally, or are new members singled out? If new members are singled out for demeaning treatment, they are being hazed. " Do juniors and seniors do anything that is unpleasant, or weird to freshman / sophomores? If the answer is yes, the new members of the team are being hazed. " Are any group members violating the law or breaking school district policy? If the answer is yes STOP the activity.

**Examples of hazing (this is not an all-inclusive list):** " Assigning pranks such as stealing, painting, breaking the law objects or harassment of other groups. " Modifying one's appearance with unusual haircuts, shaving, unusual clothing, tattoos or skin markings. " Forcing public acts of general buffoonery. " Smearing unusual or disgusting substances on the skin. " Consumption or the threat of consumption of undesirable foods and/or liquids. " Apparel that is embarrassing, lewd or interferes with the educational atmosphere. " Playing games where the loser must perform embarrassing acts. " Agreeing to do demeaning tasks for others (servitude). " Spanking, swatting or hitting with great force. " Throwing in the shower, dousing, powdering or dumping in the toilet or urinal. " Requiring acceptance of verbal abuse and/or name-calling. " Sitting or standing in uncomfortable positions. " Pushing, shoving or tackling team members under orders from others. " Any tests of emotional stability. " Disruption of sleep. " Spreading false rumors. " Any process that unnecessarily produces mental anguish.

Initiation ceremonies and rituals are different from hazing rituals in that they are positive, open, and public events. Initiation ceremonies welcome new members to a team or group, promote bonding and orientation to the purpose, culture, and expectations of the team, club, or group. The coach, advisor and parents are informed of the ceremony and are invited to participate.

## CONDUCT EXPECTATIONS FOR ATHLETIC SPECTATORS

Lake Washington High School has a long-standing tradition of school spirit. For that to continue, please adhere to the following guidelines while attending events at LW or with your student athletes at other schools or venues:

1. **Promotion of School Spirit:** Attendees are expected to embody the core values of school spirit—respect, courtesy, pride, loyalty, sportsmanship, and support—at all times during the event. This includes treating opponents, officials, and fellow spectators with respect.
2. **Adult Supervision for Middle School Students:** All middle school students must be accompanied and actively supervised by an adult to attend high school athletic events. This ensures a safe and supportive environment for all students.
3. **Adherence to School Conduct Regulations:** All school conduct regulations are in effect at both home and away events. Violations that occur at any district or league school, or at school-sponsored events, will be subject to consequences at the student's home school.
4. **Prohibited Behaviors:** The use of noise amplifiers, unsportsmanlike behavior such as booing, and vulgar or obscene language or signs are strictly prohibited.
5. **Spectators must always remain off the playing surface** to ensure the safety of players and spectators, and integrity of the game.

**Go Kangs!**