

I WALK TO SAVE LIVES. SO CAN YOU.

Heart disease and stroke impact people in very personal, life-changing ways. This year, we want to connect with and share the reasons why we need to eliminate heart disease and stroke. Join us in celebration of the American Heart Association's 100th Anniversary year!

I walk to get my heart pumping.

Keep hearts beating and brains healthy with every step. Get moving together with our new activity tracker and challenges.

I walk to end heart disease and stroke.

Put the lifesaving power of CPR into more hands and celebrate the sound of our hearts beating as one.

I walk to save lives.

Fund life saving research that leads to medical breakthroughs and saving lives right here in our community.

Register using the QR code or link to join **Pittsburgh Riverhounds**

Walk your way towards heart health and in honor or memory of loved ones.



https://www2.heart.org/site/TR? fr_id=10693&pg=company&company_id=470404