NOHS Menu: September 2024

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Meal Costs:	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast: Free Lunch Free/Reduced: Free Full Price: \$2.75 A la Carte items are charged at full price and students must have cash or funds on account to purchase.	2 No School Labor Day	3 Honey Sriracha Boneless Wings, cornbread, steamed green beans, diced pears Grill: Hot Ham & Cheese or Personal Pan Pizza <u>Salad Bar & Taco Bar</u>	4 Cheese Ravioli with Marinara Sauce, Garlic knot, steamed peas, strawberry cup Grill: Corn Dog or Maxx Cheesy Breadsticks <i>Salad Bar & Taco Bar</i>	5 Pulled Pork BBQ Sandwich, baked beans, mixed fruit Grill: Grilled Cheese or Pepperoni Pizza Wedge <i>Salad Bar & Taco Bar</i>	6 Stuffed Crust Pizza, steamed california blend, blueberries Grill: Spicy Chicken Sandwich or Mozzarella Sticks <i>Salad Bar & Taco Bar</i>	
MENU IS SUBJECT TO CHANGE	9 Grilled Chicken Sandwich Steamed Broccoli , applesauce Grill : Cheeseburger or 4 Meat Pizza Salad Bar & Pasta Bar	10 Shrimp Poppers with Cheesy Breadstick, steamed corn, peach cup Grill : Hot Ham & Cheese or Personal Pan Pizza Salad Bar & Pasta Bar	11 Chicken Nacho Dipper with salsa & queso blanco, ranchero beans mandarin oranges Grill: Corn Dog or Maxx Cheesy Breadsticks Salad Bar & Pasta Bar	12 Salisbury Steak with gravy, dinner roll, mashed potatoes, baked apples Grill: Grilled Cheese or Pepperoni Pizza Wedge Salad Bar & Pasta Bar	13 Wild Mike's Pizza, steamed carrots, pineapple tidbits Grill: Spicy Chicken Sandwich or Mozzarella Sticks <i>Salad Bar & Pasta Bar</i>	
Ashley Sprankle Food Service Director 717-624-2157	16 Breaded Chicken Sandwich, tator tots, diced pears Grill : Cheeseburger or 4 Meat Pizza Salad Bar & Taco Bar	17 Meatball Sub, steamed green beans, diced peaches Grill: Hot Ham & Cheese or Personal Pan Pizza <i>Salad Bar & Taco Bar</i>	18 Mac & Cheese, little smokies, stewed tomatoes, strawberry cup Grill: Corn Dog or Maxx Cheesy Breadsticks <i>Salad Bar & Taco Bar</i>	19 Hot Dog in a Bun, Baked Beans, mixed fruit Grill: Grilled Cheese or Pepperoni Pizza Wedge <i>Salad Bar & Taco Bar</i>	20 French Bread Pizza, steamed california blend, blueberries Grill: Spicy Chicken Sandwich or Mozzarella Sticks <i>Salad Bar & Taco Bar</i>	
Ext. 1015 This institution is an equal opportunity provider.	23 Baked Chicken Poppers, WG graham crackers, steamed broccoli, applesauce Grill : Cheeseburger or 4 Meat Pizza Salad Bar & Pasta Bar	24 Walking Beef Taco with salsa & cheese, refried beans, peach cup Grill : Hot Ham & Cheese or Personal Pan Pizza Salad Bar & Pasta Bar	25 Baked Fish Sandwich, steamed corn, mandarin oranges Grill: Corn Dog or Maxx Cheesy Breadsticks <i>Salad Bar & Pasta Bar</i>	26 French Toast Sticks, Sausage, Hash Browns, Baked Apples Grill: Grilled Cheese or Pepperoni Pizza Wedge Salad Bar & Pasta Bar	27 Buffalo Chicken Pizza, steamed carrots, pineapple tidbits Grill: Spicy Chicken Sandwich or Mozzarella Sticks <i>Salad Bar</i> & Pasta Bar	

Pruits Grains Dairy Vegetables Protein

A La Carte: A selection of hot or deli sandwiches, pizza, cheesy breadsticks, PB&J, snacks, granola bars, yogurt, cookies, and more! Drinks include milk, water, sparkling water, Gatorade, tea, or juice.

Salad Bar: A build your own bar complete with a field of nixed greens with a variety of fresh toppings and ressings. Students can pair

their salad with a fruit, protein, or grain option to complete their meal.

Pasta or Taco Bar:

Pasta Bar includes whole grain pasta, a choice of protein, sauce, and a variety of toppings. Taco Bar includes a whole grain tortilla shell or nacho chips with a choice of protein, and a variety of toppings. Students can pair their meal with fruit or milk options to complete their meal.