

## Elementary Menu: September 2024

**Meal Costs:**  
Breakfast: *Free*

**Lunch**  
*Free/Reduced: Free*  
*Full Price: \$2.50*

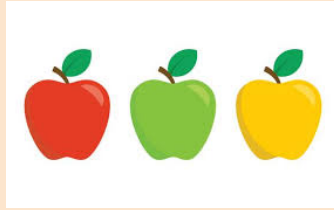
**MENU IS SUBJECT  
TO CHANGE**



**Ashley Sprankle**  
**Food Service**  
**Director**  
**717-624-2157**  
**Ext. 1015**

*This institution is an  
equal opportunity  
provider.*

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>No School Labor Day Holiday</b> 	3 Wheat Cinnamon Roll or assorted cereal, juice or fruit, assorted milk  Chicken Pattie Sandwich Steamed broccoli or Fresh baby carrots Applesauce or Fresh Orange	4 Egg & cheese sandwich or assorted cereal, juice or fruit, assorted milk  Baked Shrimp Poppers Cheesy Breadstick Steamed Corn or Sliced Cucumbers Mandarin Oranges or Fresh Grapes	5 Cocoa Bread or assorted cereal, juice or fruit, assorted milk  Salisbury Steak with gravy & dinner roll Mashed Potatoes or Fresh baby tomatoes Baked Apples or Fresh Banana	6 Waffle or assorted cereal, juice or fruit, assorted milk  French Bread Pizza Steamed Carrots or Fresh Salad blueberries or Fresh Strawberries
9 Apple Munchkins or assorted cereal, juice or fruit, assorted milk  Baked Chicken Nuggets crackers Steamed Green Beans or Fresh Baby Carrots Diced pears or Fresh Cantaloupe	10 Pop Tart w/ cheese stick or assorted cereal, juice or fruit, assorted milk  Hot Ham & Cheese Melt French Fries or Fresh celery sticks Diced Peaches or Fresh Blueberries	11 Mini Pancakes or assorted cereal, juice or fruit assorted milk  Spaghetti with Meatballs & Garlic Knot Steamed peas or Sliced Cucumbers Strawberry Cup or Fresh Apple Slices	12 Oatmeal Chocolate Chip Bar or assorted cereal, juice or fruit, assorted milk  Pulled Pork BBQ Sandwich Baked beans or Fresh Peppers Mixed Fruit or Fresh Watermelon	13 Assorted Muffins or assorted cereal, juice or fruit, assorted milk  Stuffed Crust Pizza Steamed California Blend or Fresh Salad Pineapple Tidbits or Fresh Banana
16 Donut or assorted cereal, juice or fruit, assorted milk  Baked Chicken Poppers graham crackers Steamed broccoli or Fresh baby carrots Applesauce or Fresh Orange	17 Wheat Cinnamon Roll or assorted cereal, juice or fruit, assorted milk  Chicken Nacho Dipper with salsa & cheese Refried Beans or Celery Sticks Peach cup or Fresh Apple	18 Egg & cheese sandwich or assorted cereal, juice or fruit, assorted milk  Baked Fish Sticks Garlic breadstick Steamed Corn or Sliced Cucumbers Mandarin Oranges or Fresh Grapes	19 Cocoa Bread or assorted cereal, juice or fruit, assorted milk  French Toast Sticks with sausage and syrup Hash Brown or Fresh Broccoli Baked Apples or Fresh Banana	20 Waffle or assorted cereal, juice or fruit, assorted milk  Cheese Pizza Slice Steamed Carrots or Fresh Salad Blueberries or Fresh Strawberries
23 Apple Munchkins or assorted cereal, juice or fruit, assorted milk  Baked Chicken Tenders Dinner Roll Steamed Green Beans or Fresh Baby Carrots Diced pears or Fresh Cantaloupe	24 Pop Tart w/ cheese stick or assorted cereal, juice or fruit, assorted milk  Turkey & Cheese on Pretzel Roll Tater Tots or Fresh cucumber slices Diced Peaches or Fresh Blueberries	25 Mini Pancakes or assorted cereal, juice or fruit assorted milk  Chicken Alfredo Bake Garlic Knot Steamed peas or Celery Sticks Strawberry Cup or Fresh Apple Slices	26 Oatmeal Chocolate Chip Bar or assorted cereal, juice or fruit, assorted milk  Teriyaki Beef with Fried Rice Baked beans or Fresh Cauliflower Mixed Fruit or Fresh Watermelon	27 Assorted Muffins or assorted cereal, juice or fruit, assorted milk  Personal Pan Pepperoni Pizza Steamed California Blend or Fresh Salad Pineapple Tidbits or Fresh Banana



### Lunch Alternates

**Monday (CTE/NOE):**

Yogurt Munchable

**(CVIS):** Pizza Wedge

**Tuesday:** Corn Dog

**Wednesday:** Mozzarella  
Sticks with Marinara

**Thursday:** Grilled Cheese

**Friday:** Cheeseburger

### Daily Alternate:

PB & J Uncrustable

### Daily Milk Choices May

#### Include:

- Low Fat White
- Low Fat Chocolate
- Lactaid Milk
- Soy Milk

