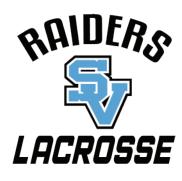
K-8TH GRADERS

BOYS FALL BALL LEARN TO PLAY



2024-2025

SVLA is proud to provide a Learn to Play program for **first time players**.

- All ages (K 8th grade) with little or no previous lacrosse experience are invited to participate.
- Players will be grouped according to age.

Sessions will focus on teaching essential lacrosse skills giving new players a jump start on the spring season.

- Passing
- Shooting
- Catching
- Ground Balls.
- Dodging

Required equipment:

- Lacrosse Stick (some will be available for use)
- Mouth Guard
- Cleats

Softer lacrosse balls and/or tennis balls will be used for training. Pads and helmets are not needed at this time.

Coached by the Seneca Valley Varsity Boys Lacrosse players*

Sundays, 4:30 - 5:30pm September 8th - 29th (4 Sessions)



Thank you for trying something new and supporting the SV lacrosse association.

Proceeds benefit the SV Boys Varsity Lacrosse Team

\$60.00 per player

Lindner Field, Cranberry Park (next to the dog park)



To register, visit: www.svlacrosse.org/register or scan OR Code

Contact us: Admin@svlacrosse.org