

Manhattan School District
Next Steps and Illness Guide for 2024-2025 School Year

Date: _____ Time: _____ Student Name: _____

Thank you for contributing to the health and safety of Manhattan School District and the community of Manhattan. This form explains how long a student should stay home from school following an illness, and associated return criteria. We hope to see your child back in school as soon as possible!

- As with any illness students and staff should stay home if they are unable to participate in activities or classroom work, they require a level of care greater than staff members can provide, and/or they pose a risk of spreading harmful disease to others.
- Please stay in communication with the school so that we know when to expect your child back at school.
- It is the responsibility of the student to follow current building level homework/make up policies during their absence.
- Anyone who is ill is encouraged to get rest, stay hydrated, cover coughs, and wash hands, and call 911 or go to the Emergency Department if they are experiencing trouble breathing, persistent pain or pressure in the chest, new confusion, the inability to wake or stay awake, or bluish lips or face.

___ Cough, shortness of breath, loss of taste or smell, difficulty breathing, chills, muscle aches, sore throat, headache, runny nose or congestion, nausea, or fatigue

- Stay home until symptoms are improving, the student is able to participate in daily routines without difficulty, and they no longer pose a risk of spreading harmful disease to others.
- OR provide a doctor's note describing return criteria and date.

___ Symptoms of severe illness such as uncontrolled coughing, breathing difficulty or wheezing, stiff neck, irritability, poor food or fluid intake, or seizure)

- May return after healthcare provider clearance.

___ Fever of >100.4F

- may return when the student is 24 hours fever free without the use of fever reducing medications.

___ Vomiting or Diarrhea

- Stay home for 24 hours after the last episode of vomiting or diarrhea.
 - 48 hours if diagnosed with norovirus, and follow specific guidelines from the nurse in the case of a shigellosis, salmonellosis, or Shiga toxin-producing E. coli diagnosis.

___ Strep Throat, Conjunctivitis (pink eye), and other bacterial infections

- Stay home until 12 hours after the start of antibiotics

___ Unexplained Rash

- Stay home until the rash is gone or a medical note is obtained from a physician stating that the rash is not contagious, or 24 hrs has passed since the start of a prescribed medication for the rash.

Thank you for your cooperation!

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