

KILGORE HIGH SCHOOL LUNCH

SEPTEMBER 2024

Menu subject to change based on food availability. Water available at no charge at every meal. Variety of milk offered at meal service.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>LABOR DAY HOLIDAY! NO SCHOOL!</b></p>	<p>3 <u>Entrée choice</u> Chicken tamale plate w/wo hatch queso Pork carnitas quesadilla w/wo hatch queso Cilantro chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Seasoned pinto beans Ranch roasted broccoli Watermelon or Sidekick</p>	<p>4 <u>Entrée choice</u> Penne w/chicken meatballs <i>Served w/breadstick</i> Thin crust veggie pizza Selfie pepperoni pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Roasted green beans w/bacon Watermelon or Sidekick</p>	<p>5 <u>Entrée choice</u> Tangerine chicken fried rice Steak strips Buffalo chicken baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit Honey dill baby carrots Sweet corn Watermelon or Sidekick</p>	<p>6 <u>Entrée choice</u> Bulldog steak sandwich Spicy bulldog steak sandwich Spicy rodeo burger <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Veggie sticks Watermelon or Sidekick</p>
<p>9 <u>Entrée choice</u> Bacon swiss chicken sandwich Chicken salad on a croissant <u>Grain/Vegetable/Fruit Choice:</u> Garden salsa sunchips Potato tots Cucumber &amp; tomato salad Apple or Raisin variety</p>	<p>10 <u>Entrée choice</u> Turkey barbacoa flautas Chicken &amp; cheese quesadilla Popcorn chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Elote-Mexican street corn Fresh broccoli salad Zesty black beans Apple or Raisin variety</p>	<p>11 <u>Entrée choice</u> Spaghetti w/meat sauce <i>Served w/breadstick</i> Mega meat pizza Buffalo chicken pizza <u>Grain/Vegetable/Fruit Choice:</u> Roasted parmesan cauliflower Veggie sticks Apple or Raisin variety</p>	<p>12 <u>Entrée choice</u> Chicken wings Steak strips BBQ pulled pork baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit Sweet potato fries Celery &amp; carrot sticks Apple or Raisin variety</p>	<p>13 <u>Entrée choice</u> Hamburger/cheeseburger <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Baked beans Ranch baby carrots Apple or Raisin variety</p>
<p>16 <u>Entrée choice</u> Spicy chicken meatball sub Grilled cheese sandwich <u>Grain/Vegetable/Fruit Choice:</u> Harvest cheddar sunchips Pepper slaw Fresh mixed greens salad Pear or Peach applesauce</p>	<p>17 <u>Entrée choice</u> Street tacos (pork, chicken, lentil) Turkey bacon salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Seasoned pinto beans Honey dill baby carrots Pear or Peach applesauce</p>	<p>18 <u>Entrée choice</u> Chicken alfredo pasta <i>served w/breadstick</i> Thin crust supreme pizza French bread cheese pizza <u>Grain/Vegetable/Fruit Choice:</u> Garden fresh salad Sweet corn Pear or Peach applesauce</p>	<p>19 <u>Entrée choice</u> Parmesan ranch chicken tenders Steak strips Chicken tinga baked potato <u>Grain/Vegetable/Fruit Choice:</u> Honey wheat roll Roasted green beans w/bacon Sautéed squash &amp; tomatoes Pear or Peach applesauce</p>	<p>20 <u>Entrée choice</u> K filet sandwich Spicy chicken filet sandwich Deluxe fish sandwich <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Spicy cucumber salad Pear or Peach applesauce</p>
<p>23</p> <p><b>DISTRICT HOLIDAY! NO SCHOOL!</b></p>	<p>24 <u>Entrée choice</u> Soft tacos (beef or turkey) Chicken crispitos plate Cilantro chicken chef salad <i>Served w/sunchips</i> <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Zesty black beans Roasted ranch broccoli Watermelon chunks or Craisins</p>	<p>25 <u>Entrée choice</u> Chicken spaghetti <i>served w/breadstick</i> Thin crust pepperoni pizza Selfie cheese pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Chili lime baby carrots Watermelon chunks or Craisins</p>	<p>26 <u>Entrée choice</u> General Tso's noodle bowl Chicken pot sticker dumplings Loaded pork potato wedges <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked biscuit Asian vegetable blend Roasted green beans w/bacon Watermelon chunks or Craisins</p>	<p>27 <u>Entrée choice</u> BBQ pulled pork sandwich BBQ chicken sandwich <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Baked beans Veggie sticks Watermelon chunks or Craisins</p>
<p>30 <u>Entrée choice</u> Boneless chicken wings Nashville chicken chunks Steak strips <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and cheese Roasted ranch broccoli Baby carrot sticks Apple or Mandarin oranges</p>	<p>PEANUT BUTTER SANDWICH OFFERED DAILY</p> 			