


KILGORE MIDDLE SCHOOL LUNCH

SEPTEMBER 2024

Menu subject to change based on food availability. Water available at no charge at every meal. Variety of milk offered at meal service.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>LABOR DAY HOLIDAY! NO SCHOOL!</p>	<p>3 <u>Entrée choice</u> Chicken tamales w/wo hatch queso Turkey soft tacos Cilantro chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Refried beans Ranch roasted broccoli Watermelon or Sidekick</p>	<p>4 <u>Entrée choice</u> Penne w/chicken meatballs <i>w/wo breadstick</i> Thin crust veggie pizza Pizza cheesy sticks <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Roasted green beans w/bacon Watermelon or Sidekick</p>	<p>5 <u>Entrée choice</u> Tangerine chicken fried rice Steak strips Buffalo chicken baked potato <u>Grain/Vegetable/Fruit Choice:</u> Cornbread star Honey dill baby carrots Sweet corn Watermelon or Sidekick</p>	<p>6 <u>Entrée choice</u> Bulldog steak sandwich Spicy bulldog steak sandwich Corndog <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Veggie sticks Watermelon or Sidekick</p>
<p>9 <u>Entrée choice</u> Bacon swiss chicken sandwich Chicken salad on a croissant <u>Grain/Vegetable/Fruit Choice:</u> Garden salsa sunchips Potato tots Cucumber & tomato salad Apple or Raisin variety</p>	<p>10 <u>Entrée choice</u> Street tacos (Pork or Chicken) Popcorn chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Elote-Mexican street corn Fresh broccoli salad Apple or Raisin variety</p>	<p>11 <u>Entrée choice</u> Spaghetti w/meat sauce <i>w/wo breadstick</i> Mega meat pizza <u>Grain/Vegetable/Fruit Choice:</u> Garden fresh salad Veggie sticks Apple or Raisin variety</p>	<p>12 <u>Entrée choice</u> Chicken wings Steak strips BBQ pulled pork baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh maple biscuit Roasted green beans w/bacon Celery & carrot sticks Apple or Raisin variety</p>	<p>13 <u>Entrée choice</u> Hamburger/cheeseburger <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Baked beans Ranch baby carrots Apple or Raisin variety</p>
<p>16 <u>Entrée choice</u> Spicy chicken meatball sub Grilled cheese sandwich <u>Grain/Vegetable/Fruit Choice:</u> Sweet corn Fresh mixed greens salad Pear or Peach applesauce</p>	<p>17 <u>Entrée choice</u> Turkey barbacoa flautas Chicken & cheese quesadilla Turkey bacon chef salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Seasoned pinto beans Honey dill baby carrots Pear or Peach applesauce</p>	<p>18 <u>Entrée choice</u> Chicken alfredo pasta <i>w/wo breadstick</i> Thin crust supreme pizza <u>Grain/Vegetable/Fruit Choice:</u> Garden fresh salad Roasted green beans w/bacon Pear or Peach applesauce</p>	<p>19 <u>Entrée choice</u> Parmesan ranch chicken tenders Steak strips Chicken tinga baked potato <u>Grain/Vegetable/Fruit Choice:</u> Cornbread star Sweet potato fries Sautéed squash & tomatoes Pear or Peach applesauce</p>	<p>20 <u>Entrée choice</u> K filet sandwich Spicy rodeo burger Deluxe fish sandwich <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Spicy cucumber salad Pear or Peach applesauce</p>
<p>23</p> <p>DISTRCT HOLIDAY! NO SCHOOL!</p>	<p>24 <u>Entrée choice</u> Soft tacos (Beef or Chicken) Cilantro chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Elote-Mexican street corn Roasted ranch broccoli Watermelon chunks or Craisins</p>	<p>25 <u>Entrée choice</u> Chicken spaghetti <i>w/wo breadstick</i> Thin crust pepperoni pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Baby carrot sticks Watermelon chunks or Craisins</p>	<p>26 <u>Entrée choice</u> General Tso's noodle bowl Chicken pot sticker dumplings Loaded pork potato wedges <u>Grain/Vegetable/Fruit Choice:</u> Cornbread star Asian vegetable blend Roasted green beans w/bacon Watermelon chunks or Craisins</p>	<p>27 <u>Entrée choice</u> BBQ pulled pork sandwich BBQ chicken sandwich <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Baked beans Pepper slaw Watermelon chunks or Craisins</p>
<p>30 <u>Entrée choice</u> Boneless chicken wings Nashville chicken chunks Steak strips <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and cheese Roasted ranch broccoli Baby carrot sticks Apple or Mandarin oranges</p>	 <p>KILGORE Independent School District</p>			