

Articulation of "Th" Sounds

There are 2 types of "Th"

1. **Quiet "Th"** is *unvoiced* - your vocal cords *don't* vibrate.

Thing, With, Fifth

2. **Noisy "Th"** is *voiced* - your vocal cords vibrate.

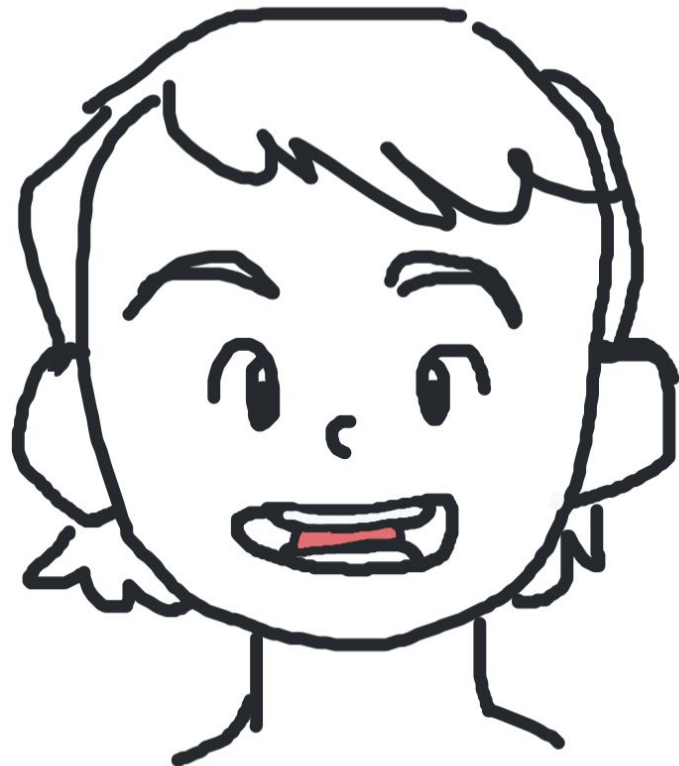
That, Weather, There

How is the "Th" sound made?

You can change speech sounds by moving your tongue in different ways.

1. Place the tip of your tongue gently between your teeth.
2. Blow air out through the front of your mouth.

(Turn on your voice for **noisy TH**)



Ways to model "Th" at home:

- Use exaggerated mouth movements when placing your tongue between your teeth
- Extend the sound for emphasis.
- Instead of correcting an error, add onto what your child is saying with an accurate model:

Child: I went wif him.

You: Where did you go with him?

Tips for practicing at home:

- **Include it daily life...**
 - On car rides - Compete to see who can spot the most purple things by calling out “**th**at’s purple!”
 - At the grocery store, during snack time - Offer choices, “**th**is one or **th**at one?”
 - Reading together - Find all the words containing Th in a sentence/paragraph before reading aloud
- **Use a mirror** - Mirrors provide **bio-feedback** - your child can **see** their tongue move and **feel** the sensation of where it should move to in their mouth.
- **Short and sweet** - A few 5-minute practices during the week are more likely to help your child’s progress and minimize frustration.
- **Practice together** - Ask them to teach you how to make the sound. Take turns saying target words. Have them choose a word or phrase for you to say (the sillier the better).
- **Keep it fun** - If you see them getting frustrated, it’s okay to stop early or skip a day. Practice doesn’t need to be a source of stress.

Games / Activities
with the "Th" sound

Modify games for practice:

- **Dice or card games** - Use the number on the card or the number rolled on the dice to practice the target sound (if you play a 3 in Uno, say the target 3 times).
- **Fill in target words** - Assign a target word to random spaces on a board game, fill in a Dots and Boxes grid with target words, stick target words to various Jenga blocks.

Game Ideas:

Incorporate a simple phrase with the target sound throughout the game so there are opportunities to practice with minimal interruptions to the gameplay:

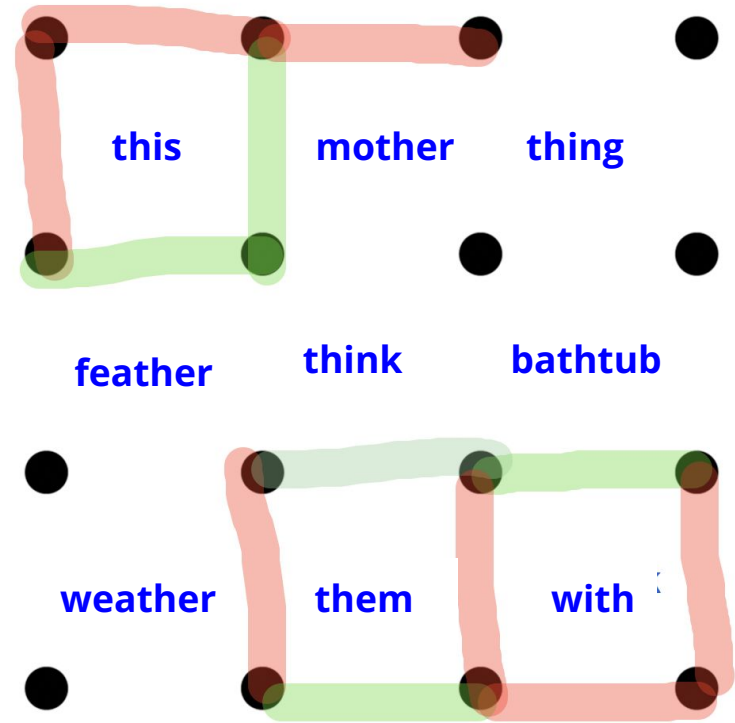
- “I’ll try **this**” - making a move
- “**Th**ere you go”, “Take **th**at” - playing a card
- “I **th**ink you’re next” - passing turn to the next player
- “I’ll go **th**ere” - moving your piece on a game board
- “That’s my turn”, “**Th**e end” - ending a turn

Dots and Boxes

1. Take turns drawing 1 line at a time.
2. If you close a box, you get 1 point.
Say the word inside the box 3 times

Optional: Take a bonus turn each time you complete a box.

3. The person with the most points at the end is the winner.



Shark Attack

(alternative to Hangman)

Player 1: Choose a secret word. Draw blank spaces for each letter in the word.

Other players: Guess 1 letter at a time using the phrase, "I think there is a..."

T H _ N K

For each wrong letter, the shark fin moves 1 wave closer!!

Player 1 responds: "that's right!" or "that's wrong"

