



Elementary Menu September 2024

Pizza Day
Hedke-----Tuesday
Anderson-Thursday

BREAKFAST	Student Breakfast Price: \$1.50	Reduced Breakfast Price: \$.30	Adult Breakfast \$ 2.50	Ala Carte Milk Price: \$.50
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Cereal Bowl <i>Fruit Juice</i> 1% White or 1% Chocolate Milk	Pop Tart <i>Applesauce Cup</i> 1% White or 1% Chocolate Milk	Cereal Bar <i>Apple Slices</i> 1% White or 1% Chocolate Milk	Mini Pancakes <i>Fruit Juice</i> 1% White or 1% Chocolate Milk
				FRIDAY
				Warm Chocolate, Chocolate Chip Muffin <i>Banana</i> 1% White or 1% Chocolate Milk

Your School Pizza Day is as follows

Hedke

Anderson

LUNCH	Student Lunch Price: \$2.75	Reduced Lunch Price: \$.40	Adult Lunch \$ 5.00	Ala Carte Milk Price: \$.50	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
	 LABOR DAY 2	Half Day	3 Chicken Nuggets French Fries Breadstick	4 Corn Dog Smile Fries Seasoned Corn	FRIDAY
	9 Pretzel Fun Lunch <i>Pretzel, Yogurt</i>	10 Bosco's Cheese Stuffed Breadsricks <i>Marinara Sauce</i> <i>Applesauce</i>	11 Cheeseburger WG Bun <i>French Fries</i> <i>Chilled Mixed Fruit</i>	12 Chicken Tenders <i>Breadstick</i> <i>Carrots & Celery</i>	13 Beef Nachos Seasoned Beef, Tortilla Chips Cheese & Salsa Black Beans & Seasoned Corn
	16 Muffin Fun Lunch Muffin, Yogurt, String Cheese <i>Goldfish Crackers</i> <i>Craisins</i>	17 Chicken Patty WG Bun <i>French Fries</i> <i>Cranberry Pear Salad</i>	18 Brunch for Lunch Scrambled Eggs <i>Pancakes</i> <i>Warm Cinnamon Apple Slices</i>	19 Boneless Chicken Wings <i>Tortilla Chips</i> <i>Crisp Celery</i>	Half Day
	23 Breakfast Fun Lunch Mini Pancakes <i>Yogurt, String Cheese</i> <i>Assorted Fruit</i>	24 Mac & Cheese <i>Mickey Mouse Crackers</i> <i>Seasoned Broccoli</i>	25 Grilled Cheese Sandwich <i>Tater Tots</i> <i>Zucchini Rounds</i>	26 Soft Taco's <i>Refried Beans</i> <i>Seasoned Corn</i>	27 Popcorn Chicken Bowl <i>Mashed Potatoes</i> <i>Seasoned Corn</i> <i>Dinner Roll</i>
	30 Pizza Bagel Fun Lunch Bagel <i>Cheese, Marinara Sauce</i> <i>Assorted Fresh Fruit & Chilled Fruit</i>	POWER YOUR PERFORMANCE TIP Similar to the way a car need gas or electricity to run, our bodies need fuel to perform. Eating healthy fuel from fruit, vegetables, lean proteins, and whole grains will help you compete both physically and mentally. POWER UP!			
	DAILY ALTERNATES				
	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Dinner roll	Dinner Roll	Dinner Roll	Dinner Roll	Dinner Roll
Fruit & Vegetable Bar Available Daily and included in all Meal Options					
Tossed Salad Sliced Cucumbers Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Carrots & Celery Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Fresh Broccoli Florets Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Garbonzo Beans Assorted Fresh Fruit & Chilled Fruit	Tossed Salad Grape Tomatoes Assorted Fresh Fruit & Chilled Fruit	

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

Questions please call: Brian Bahr 734-379-7620

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