

Daily Lunch Offerings:Nacho Bar(HS)Burritos-(HS)Hummus w/pita & fresh

Yogurt Parfait w/ granola 8

 Cheese, Ham(P), Turkey or Tuna Sandwich/Wrap
 Bagel Boss Bagel w /2
 LF String Cheese

Entrée salads served with

• Cheese(V), Pepperoni(P)

Spicy Chicken Patty
Student Lunch \$3.15
Adult Lunch \$5.50

Powering

Grilled Cheese

August 2024

Jericho High School & Middle School
Lunch Menu

MON		TUES		WED	THURS	FRI	
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	5		૧	Welcome		9	
	12			Back To School		16	
	19		V	F (3)		23	
	26		27	WG French Toast Sticks Schicken Sausage Patties Tater Tots Ripe Peach	Honey Mustard Chicken Melt served on a WG Roll Roasted Broccoli Watermelon	Baked Buffalo Cheese 30 Pizza Sticks Garden Salad Apple Slices	

potential.

Menus are subject to change.



Available Daily:

Fresh Fruits & Vegetables - Apples, Oranges, Carrots, & Celery

Beverages - 100% Apple Juice,100% Tropical Punch, 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk Items with a (P) contain pork. Items with a (B) contain beef. Items with a (V) are vegetarian WG denotes Whole Grain rich products All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk



This institution is an equal opportunity provider.



Daily Lunch Offerings:

Hummus w/pita & fresh

 Cheese, Ham(P), Turkey or Tuna Sandwich/Wrap
 Bagel Boss Bagel w /2
 LF String Cheese

Yogurt Parfait w/ granola &

Entrée salads served with a

Cheese(V), Pepperoni(P) or

Specialty Pizza Grilled Cheese

Spicy Chicken Patty

Nacho Bar(HS)Burritos-(HS)



September 2024

Jericho High School & Middle School Lunch Menu

MON	TUES	WED	THURS	FRI		
Schools Closed 2	Fiery Jalapeno Cheddar Burger(B) Three Bean Salad Baby Carrots Granny Smith Apple	WG Dutch Waffle Egg Patties Baked Tater Tots Honeydew Melon	Homemade Mac & Cheese w/ WG breadstick Steamed Green Beans Red Grapes	Mini Chicken Corn Dogs Kale Salad Celery Sticks Anjou Pear		
Spicy Nashville Chicken Sandwich Sweet Corn Pink Grapefruit	Cheese Quesadilla(V) with sour cream and salsa Black Beans Green Grapes	WG Pancakes w/ syrup Turkey Sausage Baked Tater Tots Strawberries	General Tso's Chicken served with Lo Mein Steamed Broccoli Watermelon	Sriracha Crunch Cheeseburger(B) Creamy Cole Slaw Red Delicious Apple		
Grilled 3 Cheese Sandwich (cheddar,american & swiss) Baked Curly Fries Apple Slices	Japanese Popcorn Chicken Katsu Rice Bowl(LTO) (popcorn chicken, cucumber, carrot ginger salad, katsu sauce served over rice) Romaine Salad, Sweet Peach	WG French Toast Sticks Chicken Sausage Patties Sweet Potato Fries Fresh Blueberry Cup	Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) Roasted Carrots Honeydew Melon	BBQ Chicken Meatball Sub Garbanzo Bean Salad Cucumber Coins Orange Wedges		
Bacon Cheeseburger(P,B) Or Veggie Burger(V) Baked Beans Granny Smith Apple	Homemade Mac & Cheese w/ WG breadstick Steamed Zucchini Red Grapes	WG Dutch Waffle Turkey Sausage Baked Crinkle Fries Cantaloupe	National Dumpling Day Chicken Dumplings served with Vegetable Fried Rice Cherry Tomatoes Anjou Pear	Homemade Pizza Bagels(V) Spinach Salad Celery Sticks Red Plum		
Grilled Chicken Caesar Sandwich on WG Bun Baked Crinkle Fries Baby Carrots Apple Slices	*LTO Japanese Popcorn Chicken Katsu Rice Bowl Popcorn Chicken, Cucumber, Carrot Ginger Salad, Katsu Sauce, Whole Grain Rice LTO = Limited Time Offering; offered daily 9/17-9/20					

Powering potential.

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All Lunches <u>Must</u> Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat, Fat Free or
FF Chocolate Milk



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