




Roseburg  
Middle School  
Lunch



September  
2024

# DAILY SPECIALS

Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk.				
Students must choose 3 of 5 components, one being ½ cup fruit or vegetable				
All Students Eat Breakfast & Lunch at No Charge				
2	3	4	5	6
	<b>Glazed Chicken Drumstick w/Tater Tots &amp; WW Roll</b>	<b>Home Run Hot Dog w/Oven Baked Fries</b>	<b>Spaghetti w/Meatsauce</b>	<b>Sweet &amp; Sour Chicken over Brown Rice</b>
9	10	11	12	13
<b>Cheesy Breadsticks w/Marinara (v)</b>	<b>Chicken Nuggets w/Cheesy Mashed Potatoes &amp; WW Roll</b>	<b>BBQ Riblet Sandwich w/Curley Fries</b>	<b>Creamy Chicken Alfredo</b>	<b>Rainbow Chili w/Tortilla Chips (v)</b>
16	17	18	19	20
<b>Bean &amp; Cheese Enchilada (v)</b>	<b>Cheesy Breadsticks w/Marinara (v)</b>	<b>Oven Baked Corn Dog w/Curley Fries</b>	<b>Home Style Macaroni &amp; Cheese (v)</b>	<b>BBQ Chicken Sandwich w/Tater Tots</b>
23	24	25	26	24
<b>Chicken Nuggets w/Oven Baked Fries &amp; WW Roll</b>	<b>Cheesy Ravioli w/ WG Roll (v)</b>	<b>Sweet &amp; Sour Chicken over Brown Rice</b>	<b>Cheesy Breadsticks w/Marinara (v)</b>	<b>Sloppy Joes w/Oven Baked Fries</b>
30				
<b>Scratch Made Pulled Pork &amp; Verde Enchilada</b>				<b>(v)=vegetarian</b>

This Institution is an equal opportunity provider



Menu is Subject to Change

