

Roseburg  
Middle School  
Lunch



January  
2025

# DAILY SPECIALS

Lunch Includes: Selection of Canned and Fresh Fruit, Fresh Vegetables, Whole Grain Rich Breads, Lean Protein, Low-Fat & Fat-Free Milk.  
**Students must choose 3 of 5 components, one being ½ cup fruit or vegetable**  
 All Students Eat Breakfast & Lunch at No Charge

		1	2	3
			NO SCHOOL	NO SCHOOL
6	7	8	9	10
<b>Saucy Meatball Sub</b> Featured Side: Tomato & Cucumber Salad	<b>Bean &amp; Cheese Tostada (v)</b> Featured Side: Southwest Black Beans	<b>Sweet &amp; Sour Chicken Brown Rice Bowl</b> Featured Side: Roasted Broccoli	<b>Cheesy Breadsticks w/ Marinara (v)</b> Featured Side: Parmesan Green Beans	<b>Beefy Sloppy Joe</b> Featured Side: Cheesy Mashed Potatoes
13	14	15	16	17
<b>Bean &amp; Cheese Enchilada (v)</b> Featured Side: Roasted SW Corn	<b>Chicken Alfredo</b> Featured Side: Roasted Broccoli & Carrots	<b>Rainbow Chili w/ Tortilla Chips (v)</b> Featured Side: Seasoned Carrot Coins	<b>Turkey Gravy w/ WG Rolls</b> Featured Side: Mashed Potatoes	<b>Fish &amp; Chips w/ WG Roll</b> Featured Side: Crinkle Fries
20	21	22	23	24
	<b>Chicken &amp; Waffles</b> Featured Side: Tater Tot Hash	<b>Spaghetti w/ Meaty Marinara</b> Featured Side: Parmesan Green Beans	<b>Twisted Dog</b> Featured Side: Roasted Broccoli	NO SCHOOL
27	28	29	30	31
<b>Cheese Quesadilla (v)</b> Featured Side: Roasted Broccoli & Carrots	<b>Brunch for Lunch: Pancakes &amp; Sausage</b> Featured Side: Tater Tot Hash	<b>Rib-B-Que Sandwich</b> Featured Side: Tomato & Cucumber Salad	<b>Homestyle Baked Penne Pasta (v) w/ WG Roll</b> Featured Side: Mixed Garden Veggies	<b>Fish &amp; Chips w/ WG Roll</b> Featured Side: Crinkle Fries

This Institution is an equal opportunity provider



Menu is Subject to Change

