




**Phoenix Charter School September 2024**

<p align="center"><b>Everyday Breakfast Choices</b></p> <p>Ham &amp; Cheese Breakfast Sandwich, Oatmeal, Cold Cereal, Fruit and 1% White Milk or Skim White Milk (Toast or string cheese offered daily with cereal)</p> <p><b>Remember! ½ cup of Fruit Must be taken at Breakfast</b></p>	<p align="center"><b>Everyday Lunch Choices</b></p> <p align="center"><b>Subs, Sandwiches &amp; Wraps</b></p> <p>*Mon: Ham &amp; Cheese Sub *Tues: American Sub *Wed: Italian Sub *Thurs: Turkey &amp; Cheese Wrap * Fri: Egg Salad <b>*Peanut Butter &amp; Jelly offered Daily*</b></p>
 <p align="center"><b>Served Daily</b></p> <p><i>Cheeseburgers, Hamburgers, Veggie burgers, Spicy &amp; Regular Chicken Sandwiches: served with fries or Tater Tots</i></p> <p><b>Tuesday Nacho Bar:</b> Chips or rice, Refried Beans, Beef or Chicken, Lettuce, Tomatoes, salsa &amp; Sour Cream</p>	<p align="center"><b>Salads:</b></p> <p>*Mon: Chef Salad *Tues: Lift Off Spinach Salad *Wed: Taco Salad *Thurs: Crispy Chicken Salad (all salads served with WG Roll)</p>

 <p align="center"><b>Pizza</b></p> <p align="center"><b>Every day:</b> Cheese (v) &amp; Pepperoni</p> <p>*Mon: BBQ Chicken *Tues: Meat Lovers *Wed: Taco Pizza *Thurs: Veggie Pizza (v) *FRI: Hawaiian</p> 	
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**Breakfast and lunch are available at No Charge to Students**

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk. All grains offered are whole grain.

2	3	4	5	6
	<p><b>Breakfast:</b> Creamy Yogurt w/Graham Cracker (v)</p> <p><b>Lunch:</b> Nacho Bar</p>	<p><b>Breakfast:</b> Chocolate Chip Breakfast Round (v)</p> <p><b>Lunch:</b> Ball Park Hot Dog w/Tater Tots</p>	<p><b>Breakfast:</b> Warm Blueberry Bagel w/Cream Cheese (v)</p> <p><b>Lunch:</b> Spaghetti w/Meat Sauce</p>	<p><b>Breakfast:</b> Cinnamon Roll w/Icing</p> <p><b>Lunch:</b> Chicken &amp; Waffle</p>
9	10	11	12	13
<p><b>Breakfast:</b> Sausage Pancake on a Stick</p> <p><b>Lunch:</b> Cheesy Lasagna Roll Up w/WG roll (v)</p>	<p><b>Breakfast:</b> Warm Sausage &amp; Cheese Biscuit</p> <p><b>Lunch:</b> Nacho Bar</p>	<p><b>Breakfast:</b> Cheesy Scrambled Eggs w/Toast</p> <p><b>Lunch:</b> BBQ Chicken Sandwich</p>	<p><b>Breakfast:</b> Strawberry Yogurt w/Graham Cracker (v)</p> <p><b>Lunch:</b> Baked Penne Pasta w/ WG Roll (v)</p>	<p><b>Breakfast:</b> Warm Muffin</p> <p><b>Lunch:</b> Fish Sticks w/Fries</p>
16	17	18	19	20
<p><b>Breakfast:</b> Tony's Sausage Breakfast Pizza</p> <p><b>Lunch:</b> BBQ Riblet sandwich w/ baked beans</p>	<p><b>Breakfast:</b> Cinnamon Pancake Bites (v)</p> <p><b>Lunch:</b> Nacho Bar</p>	<p><b>Breakfast:</b> Chocolate Chip Breakfast Round (v)</p> <p><b>Lunch:</b> Orange Chicken over Brown Rice</p>	<p><b>Breakfast:</b> Fruit &amp; Yogurt Parfait w/Granola (v)</p> <p><b>Lunch:</b> Creamy Macaroni &amp; Cheese (v)</p>	<p><b>Breakfast:</b> Warm Blueberry Bagel w/Cream Cheese (v)</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito w/Salsa</p>
23	24	25	26	27
<p><b>Breakfast:</b> Waffle w/Berry Compote</p> <p><b>Lunch:</b> Saucy Meatball Sub</p>	<p><b>Breakfast:</b> Chocolate Chip Breakfast Round (v)</p> <p><b>Lunch:</b> Nacho Bar</p>	<p><b>Breakfast:</b> Crunch Wraps</p> <p><b>Lunch:</b> Ball Park Hot Dog w/Tater Tots</p>	<p><b>Breakfast:</b> Warm Sausage &amp; Cheese Biscuit</p> <p><b>Lunch:</b> Cheesy Breadsticks w/Marinara (v)</p>	<p><b>Breakfast:</b> Strawberry Yogurt w/Graham Cracker</p> <p><b>Lunch:</b> Beefy Sloppy Joes w/Tater Tots</p>
30				
<p><b>Breakfast:</b> Pancake Sausage on a Stick</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito w/Salsa (v)</p>			<p><b>Lunch: Students must choose 3 of the 5 components &amp; 1 Must be a ½ cup of Fruit or Vegetable</b></p>	



Menu subject to change

This institution is an equal opportunity provider.

