
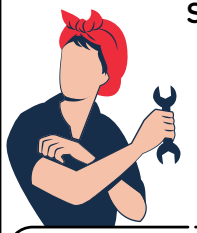


August & September 2024

Medford Public Schools K-5 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Aug 26</p> <p>BACK TO SCHOOL</p>	<p>Aug 27</p> <p>Chicken Enchilada Empanada* Corn Fruit Selection</p>	<p>Aug 28</p> <p>French Toast Sticks* Tater Tots Fruit Slush</p> <p>V</p>	<p>Aug 29</p> <p>Chicken Patty Sandwich* Local Lettuce & Tomato Cucumbers & Ranch Fruit Selection</p>	<p>Aug 30</p> <p></p> <p>No School!</p>
<p>Sept 2</p> <p></p> <p>Labor Day!</p>	<p>3</p> <p>Popcorn Chicken* & Dutch Waffle* Baby Carrots Fruit Selection</p>	<p>4</p> <p>Bento Box Cheese cubes Crackers* Grape Tomatoes Apple Slices</p> <p>V</p>	<p>5</p> <p>Chicken Tikka Masala Flatbread* Basmati Rice Roasted Broccoli Fruit Selection</p>	<p>6</p> <p>Hamburger* or Cheeseburger* w/ Local Lettuce & Tomato & Pickles Veg Baked Beans Plum</p>
<p>9</p> <p>Chicken Tenders* Sweet & Sour Sauce French Fries Fruit Selection</p>	<p>10</p> <p>Mac & Cheese* Garlic Bread Green Beans Local Apple</p> <p>V</p>	<p>11</p> <p>Orange Chicken* Brown Rice* Steamed Broccoli Fortune Cookie Fruit Selection</p>	<p>12</p> <p>Breaded Mini Ravioli* w/ Marinara cup Garden Salad Mixed Fruit</p> <p>V</p>	<p>13</p> <p>Grilled Chicken Breast Marmita Brown Rice* Black Beans Vinagrete Fruit Selection</p>
<p>16</p> <p>Popcorn Chicken* Barbecue Sauce Mashed Potatoes Fruit Selection</p>	<p>17</p> <p>Egg & Cheese Croissant* Tater Tots Diced Peaches</p> <p>V</p>	<p>Early Release!</p> <p>18</p> <p>Super Snack Pack Scooby Snacks Chocolate Hummus Veg Juice Box Apple Crisps</p> <p>V</p>	<p>19</p> <p>Chicken Fajita Burrito Bowl* Brown Rice* Seasoned Black Beans Local Lettuce, Tomato Salsa & Sour Cream Fruit Selection</p>	<p>20</p> <p>Pepperoni or Cheese Pizza* Local Garden Salad Watermelon</p> <p>V</p>
<p>23</p> <p>Chicken Drumstick Brown Rice* Plantains Orange</p>	<p>24</p> <p>Beef & Cheese Nachos* Refried Beans Sour Cream Fruit Selection</p>	<p>25</p> <p>Chicken Ranch Wrap w/ Local Lettuce Mixed Fruit</p>	<p>26</p> <p>Ramen Noodle* Bowl w/ Egg Mixed Vegetables Local Apple</p> <p>V</p>	<p>27</p> <p>Mozzarella Sticks* w/ Marinara cup Baked Apples</p> <p>V</p>

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

V Ovo-lacto vegetarian option

*Whole-grain rich item

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