

BSISD Student Health Advisory Committee Meeting

Meeting:	BSISD Student Health Advisory Committee Meeting	Date:	November 11, 2019
	12:00 PM	Location:	BSISD Admin Conference Room
Participants:	See sign-in Sheet		

Topic	Notes
HIRE 2 more counselors 20/21 <u>Addiction/Suicide/Mental Health</u>	
1. New Legislation- TEC Section 28.004 Andy Sustaita-consultant with Region 18	• David's Law -
2. Information from Nurse Aleman: -Stop the Bleed Training - <u>Bleed Control Kits</u> -Seizure Training -Flu Shot Initiative	89 Trained Added New AED'S
3. Food Service Update from Judy Rodriguez	
4. Vaping Challenge- What are we doing in response	• Out of control (Vaping) • Not doing enough to serve top end kids
5.	

Action items	Person Responsible	Date Due
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Nadine Reyes - HR @ SMMC -

Sign in Sheet – Big Spring ISD Student Health Advisory Committee

November 7, 2019

[illegible]

John Harris - Reg. 18 -

- Focus on mental health -
- Mandate requires all staff trained on youth mental health first aid training.
 - A. Training last year through NMMH
 - B. Needs to be 8 hours of training - (8-5)
 - C. Test given
 - D. Secondary Required - 7-12 grades
 - E. One time training. New employee has to have training. May have to have refresher course.

Certify to be trainers -

- SMMC can partner to train the trainers.
- Must do 3 trainings a year.

Life Center-Facility - gives a program.

- Send a flyer
- Create on Social Media
- Need Student leadership
- An app to set up the program "Stop It" 5-12 grades
- Mental Health Fair.

Staff

- Contact George MR. Harris
- Training not enough then will cancel.

Parents

- Tuesday 8-5 Region 18
- Must sign up by Friday

Students

Bancroft, George B.

From: Ritchey, Michael W.
Sent: Wednesday, November 6, 2019 5:57 PM
To: Bancroft, George B.
Subject: bsisd-report

George,

As we were conducting a staff survey on school culture, we had students pick up on our activity and expressed interest to voice their own opinions. Obviously, we appreciated their enthusiasm and excepted their offer. From their feedback, we ascertained that there was a student vaping problem that existed on and off our campus. The counseling staff and I met to face this growing local and societal issue "head on". Therefore, we are currently putting together a program filled with facts and data about the dangers when adolescents choose to vape. Our goal is to intrinsically motivate our student body to reconsider their choices and avoid vaping when faced with the temptations. Our plan is to begin with our freshmen class and continue to present this program to the next grade level. We will address 40-60 at a time to gain better attention and encourage more questions. We look forward to completing this project because our students through that survey are calling out for help.

Mike Ritchey



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Mental Health and Behavioral Health

Welcome to the Texas School Mental Health and Behavioral Health Website. TEA developed these Webpages to provide information to help schools to support student mental and behavioral health.

Approximately one in six school-aged youth experiences impairments in life functioning, including impacts on academic achievement, due to a mental illness. The number of students experiencing mental illness increases as young people grow older.

Outside of the student's home, schools are the most likely place where mental health concerns will be detected. Fortunately, the earlier mental health concerns are detected and addressed, the more likely a student is to avoid the onset and/or progression of a mental illness. Many times signs of deteriorating mental health are noticeable well before a mental illness emerges.

This Website seeks to assist school personnel with resources for supporting student mental health. In Texas, there are numerous collaborative efforts, statutes, services, programs and strategies available to support the identification of mental health challenges and to address them. Please bookmark the page, share the link and visit often to learn of new resources and opportunities for promoting school mental health in Texas.

Hotlines and Links to Mental/Behavioral Health Supports in Texas

MentalHealthTX.Org (<https://mentalhealthtx.org/>)

Texas Behavioral Health Resource Guide for School-Aged Children (<https://mentalhealthtx.org/sites/mentalhealthtx/files/docs/behavioral-health-resource-guide.pdf>)

Hurricane Harvey Recovery: Mental Health Resources for Schools (https://tea.texas.gov/Harvey_Recovery_MH/)

Best Practice Resources For Schools

The Health and Human Services Commission (HHSC) and Department of State Health Services (DSHS) coordinate with the Texas Education Agency (TEA) and Education Service Centers (ESCs) annually to update a list of recommended best-practice programs, and research-based practices, for public school implementation. These lists include important practices and programs for school leaders to consider for implementation to support academic achievement.

General Information is provided here on the statutes addressed by the Best Practice Resources and the process used to develop the list. The Suicide Prevention Webpage contains additional information, guidance and the approved training programs for required suicide prevention.

Early Mental Health Intervention ([/About_TE/Other_Services/Mental_Health/Early_Mental_Health_Intervention/](#))

Mental Health Promotion ([/About_TE/Other_Services/Mental_Health/Mental_Health_Promotion/](#))

Substance Abuse Prevention ([/About_TE/Other_Services/Mental_Health/Substance_Abuse_Prevention/](#))

Substance Abuse Intervention ([/About_TE/Other_Services/Mental_Health/Substance_Abuse_Intervention/](#))

Suicide Prevention ([/About_TE/Other_Services/Mental_Health/Suicide_Prevention/](#))

Grief Informed and Trauma Informed Practices ([/About_TE/Other_Services/Mental_Health/Grief_Informed_and_Trauma_Informed_Practices/](#))

Building Skills Related to Managing Emotions, Establishing and Maintaining Positive Relationships, and Responsible Decision-Making ([/About_TE/Other_Services/Mental_Health/Building_Skills_Related_to_Managing_Emotions_Establishing_and_Maintaining_Positive_Relationships_and_Responsible_Decision_Making/](#))

Positive Behavior Interventions and Supports and Positive Youth Development ([/About_TE/Other_Services/Mental_Health/Positive_Behavior_Interventions_and_Supports_and_Positive_Youth_Development/](#))

Safe and Supportive School Climate ([/About_TE/Other_Services/Mental_Health/Safe_and_Supportive_School_Climate/](#))

Educator Preparation Programs (EPP) Resources ([/About_TE/Other_Services/Mental_Health/Educator_Preparation_Programs_\(EPP\)_Resources/](#)) (This page provides specific information to meet statutory requirements for Educator Preparation Programs.)

Here are a list of additional resources:

Start Here- https://tea.texas.gov/About_TEA/Other_Services/Mental_Health

Opioid addiction- <http://doseofreality.texas.gov/get-support/for-educators-and-coaches/>

Substance abuse-

- <https://www.reg9prc.org/>
- <https://hhs.texas.gov/about-hhs/process-improvement/behavioral-health-services/substance-use-misuse-prevention>
- <https://hhs.texas.gov/about-hhs/process-improvement/behavioral-health-services/mental-health-first-aid>

Mental Health Awareness-

- <https://hhs.texas.gov/about-hhs/process-improvement/behavioral-health-services/mental-health-first-aid>
- <https://mentalhealthtx.org/sites/mentalhealthtx/files/docs/behavioral-health-resource-guide.pdf>

Parent Resources

- [Substance Abuse Guide for Parents](#)
- [NIDA for Parents](#)
- [Learning how to talk to your kids about drugs](#)
- [Providing policy and drug prevention resources for coaches, athletes, and parents](#)
- [Understanding and Breaking the Cycle of Addiction](#)
- [Region 16 Parent Page](#)
- [Opioid Awareness Information for Students and Parents](#)