

KASD High School Lunch Menu

Online payments can be made at
SchoolCafe.com



School Lunch \$3.25 Menu is
Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
A total of 3 components must be taken to make a complete meal				
2 	3 Stromboli w/ Marinara Fresh Cucumber Slices Baby Carrots w/ Dip Mixed Fruit Alternate: Turkey & Cheese Croissant Rice Krispie Treat	4 Subway Ham & Cheese Sub Lettuce & Tomato Steamy Carrots Applesauce Alternate: Turkey & Cheese Croissant	5 General Tso's Chicken w/ Fried Rice Mixed Vegetable Red Pepper Strips Pears Alternate: Turkey & Cheese Croissant	6 Meatball Sandwich w/ Sauce & Cheese Tossed Green Salad BBQ Baked Beans Mixed Fruit Alternate: Turkey & Cheese Croissant
9 Chicken Bacon Ranch Wrap Oven Baked French Fries Steamy Green Beans Pears Alternate: Chicken Caesar Salad	10 Pizza Crunchers w/ Marinara Sauce Tossed Green Salad Steamy Peas Mixed Fruit Alternate: Chicken Caesar Salad	11 Chicken Tenders w/ Goldfish Oven Baked Crinkle Fries Corn Applesauce Alternate: Chicken Caesar Salad	12 Hot Dog on Roll BBQ Baked Beans Baby Carrots w/ Dip Strawberries Alternate: Chicken Caesar Salad	13 Walking Beef Taco Lettuce & Tomato - Corn Black Bean Salsa Mixed Fruit Alternate: Chicken Caesar Salad
16 Dutch Waffle w/ Sausage Oven Baked Tater Tots Green Beans Pears Alternate: Italian Hoagie	17 Chicken Fajita Wrap Fresh Cucumber Slices Baby Carrots w/ Dip Mixed Fruit Alternate: Italian Hoagie	18 French Toast w/ Sausage Oven Baked Tater Tots Steamy Carrots Apple Sauce Alternate: Italian Hoagie	19 Nachos Grande Refried Beans Lettuce & Tomato - Salsa Pears Alternate: Italian Hoagie	20 Spicy Chicken Patty Oven Baked Waffle Fries Steamy Carrots Mixed Fruit Alternate: Italian Hoagie
23 Soft Shell Taco Lettuce & Tomato - Corn Black Bean Salsa Pears Alternate: Southwest Chicken Salad	24 Cheese Calzone w/ Marinara Sauce Tossed Green Salad Baby Carrots w/ Dip Peaches Alternate: Southwest Chicken Salad	25 Subway Ham & Cheese Sub Steamy Carrots Applesauce Alternate: Southwest Chicken Salad	26 Grilled Cheese w/ Goldfish Grape Tomatoes Steamy Green Beans Pears Alternate: Southwest Chicken Salad	27 EARLY DISMISSAL
30 Chicken Nuggets w/ Muffin Oven Baked French Fries Steamy Broccoli Pears Alternate: Turkey & Cheese Croissant				

Available Daily: (A) Assorted Deli Sandwiches (B) String Cheese & Hard Cooked Egg Lunch and (C) PB&J Lunch

All meals are served with choice of milk, assorted vegetables and fruit daily

Students pick at least 3 items including: any one entrée', up to 2 fruit sides, up to 2 vegetables, one milk to make a complete meal.