

# KASD Middle School Lunch

Online payments can be made at  
SchoolCafe.com



School Lunch \$3.25 Menu is  
Subject to Change

| <b>Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>  |
|---|--|---|---|--|
| <p><b>A total of 3 components must be taken to make a complete meal</b></p>   |  |   |   |  |
| <p>2</p>    | <p>3</p> <p>Galaxy Pizza<br/>Fresh Cucumber Slices<br/>Baby Carrots w/ Dip<br/>Mixed Fruit<br/>Alternate: Turkey &amp; Cheese Croissant<br/>Rice Krispie Treat</p> | <p>4</p> <p>Subway Ham &amp; Cheese Sub<br/>Lettuce &amp; Tomato<br/>Steamy Carrots<br/>Applesauce<br/>Alternate: Turkey &amp; Cheese Croissant</p> | <p>5</p> <p>BBQ Teriyaki Chicken<br/>w/ Fried Rice<br/>Mixed Vegetable<br/>Red Pepper Strips<br/>Pears<br/>Alternate: Turkey &amp; Cheese Croissant</p> | <p>6</p> <p>Meatball Sandwich<br/>Tossed Green Salad<br/>BBQ Baked Beans<br/>Mixed Fruit<br/>Alternate: Turkey &amp; Cheese Croissant</p>        |
| <p>9</p> <p>Chicken Bacon Ranch Wrap<br/>Oven Baked French Fries<br/>Steamy Green Beans<br/>Pears<br/>Alternate: Chicken Caesar Salad</p>         | <p>10</p> <p>Mickey's Pizza<br/>Tossed Green Salad<br/>Steamy Peas<br/>Mixed Fruit<br/>Alternate: Chicken Caesar Salad</p>   | <p>11</p> <p>Chicken Tenders w/ Goldfish<br/>Oven Baked Crinkle Fries<br/>Corn<br/>Applesauce<br/>Alternate: Chicken Caesar Salad</p>               | <p>12</p> <p>Hot Dog on Roll<br/>BBQ Baked Beans<br/>Baby Carrots w/ Dip<br/>Pears<br/>Alternate: Chicken Caesar Salad</p>                              | <p>13</p> <p>Walking Beef Taco<br/>Lettuce &amp; Tomato - Corn<br/>Black Bean Salsa<br/>Mixed Fruit<br/>Alternate: Chicken Caesar Salad</p>      |
| <p>16</p> <p>Dutch Waffle w/ Sausage<br/>Oven Baked Tater Tots<br/>Green Beans<br/>Pears<br/>Alternate: Italian Hoagie</p>                        | <p>17</p> <p>French Bread Pizza<br/>Fresh Cucumber Slices<br/>Baby Carrots w/ Dip<br/>Mixed Fruit<br/>Alternate: Italian Hoagie</p>                                | <p>18</p> <p>French Toast w/ Sausage<br/>Oven Baked Tater Tots<br/>Steamy Carrots<br/>Apple Sauce<br/>Alternate: Italian Hoagie</p>                 | <p>19</p> <p>Nachos Grande<br/>Refried Beans<br/>Lettuce &amp; Tomato - Salsa<br/>Pears<br/>Alternate: Italian Hoagie</p>                               | <p>20</p> <p>Chicken Patty Reg / Spicy Sandwich<br/>Oven Baked Waffle Fries<br/>Steamy Carrots<br/>Mixed Fruit<br/>Alternate: Italian Hoagie</p> |
| <p>23</p> <p>Soft Shell Taco<br/>Lettuce &amp; Tomato - Corn<br/>Black Bean Salsa<br/>Pears<br/>Alternate: Ham &amp; Cheese Sliders</p>           | <p>24</p> <p>Stuffed Crust Pizza<br/>Tossed Green Salad<br/>Baby Carrots w/ Dip<br/>Peaches<br/>Alternate: Chef Salad</p>  | <p>25</p> <p>Subway Ham &amp; Cheese Sub<br/>Steamy Carrots<br/>Applesauce<br/>Alternate: Turkey &amp; Cheese Sliders</p>                           | <p>26</p> <p>Grilled Cheese w/ Goldfish<br/>Grape Tomatoes<br/>Steamy Green Beans<br/>Pears<br/>Alternate: Turkey &amp; Cheese Sliders</p>              | <p>27</p> <p style="text-align: center;"><b>EARLY DISMISSAL</b></p>  |
| <p>30</p> <p>Chicken Nuggets w/ Muffin<br/>Oven Baked French Fries<br/>Steamy Broccoli<br/>Pears<br/>Alternate: Turkey &amp; Cheese Croissant</p> |  |   |   |  |

**Available Daily: (A) Assorted Deli Sandwiches (B) Yogurt & String Cheese Lunch and (C) PB&J Lunch**

All meals are served with choice of milk, assorted vegetables and fruit daily

Students pick at least 3 items including: any one entrée', up to 2 fruit sides, up to 2 vegetables, one milk to make a complete meal.