

## **SEPTEMBER 2024**

This institution is an equal opportunity employer

Ticonderoga Central School

Monday Tuesday Wednesday **Thursday** Friday Chilled pears Chilled apple sauce WG roll, crispy chicken Romaine salad with Italian dressing Cheese pizza Lettuce & Cheese Carrots & Celery with Ranch Sandwich option: Turkey or PBJ Sandwich option: Ham or PBJ 11 Milk Milk 13 Milk Milk Fresh apple slices Chilled peaches Chilled Pears Fresh Grapes Chilled apple sauce Hoagie sandwich Turkey & cheese Hot dog on WG Roll Soft Taco. Rice. Corn Italian spaghetti and sauce Romaine salad with Italian dressing Lettuce, cheese, pickles French fries Lettuce, Cheese, Salsa, SC toppings With local beef Cheese pizza WG Sun chip **Baked Beans** Green Beans, Garlic roll Sandwich option: Egg salad or PBJ Sandwich option: Turkey or PBJ Sandwich option: Ham or PBJ Sandwich option: Bologna or PBJ Sandwich option: Ham or PBJ 18 16 19 Milk Milk Milk Milk Milk Chilled pears Chilled Pears Fresh Grapes Fresh apple slices Chilled apple sauce Chicken Fajita, Rice, Corn Popcorn chicken Italian Rotini and sauce Hoagie sandwich Ham & cheese Romaine salad with Italian dressing Carrots & Celery with Ranch Cheese, Salsa, SC toppings With local beef Lettuce, cheese, pickles Cheese pizza Steamed Broccoli, Garlic roll WG Sun chip Sandwich option: Turkey or PBJ Sandwich option: Ham or PBJ Sandwich option: Egg salad or PBJ Sandwich option: Ham or PBJ Sandwich option: Bologna or PBJ 23 25 Milk Milk Fresh Grapes Chilled apple sauce **Chilled Pears** Fresh apple slices Chilled peaches Macaroni & Cheese Romaine salad with Italian dressing Soft Taco, Rice, Corn Hoagie sandwich Turkey & cheese Hamburger on WG Roll Green Beans, WG dinner roll Cheese pizza Lettuce, Cheese, Salsa, SC toppings Lettuce, cheese, pickles Sweet potato bites WG Sun chip **Baked Beans** Sandwich option: Bologna or PBJ Sandwich option: Ham or PBJ Sandwich option: Ham or PBJ Sandwich option: Egg salad or PBJ Sandwich option: Turkey or PBJ 30 Milk Chilled peaches Chicken tenders French fries **Baked Beans** Sandwich option: Turkey or PBJ