

September 2024

This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE.



ELEMENTARY SCHOOL BIC MENU

Monday

Tuesday

Wednesday

Thursday

Friday



2

Breakfast Burrito
OR Apple Oatmeal Bar

3

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato
Broccoli, Pears, Marinara
Sauce, Cookie & Milk

4

Breakfast Pizza
OR Crumb Cake

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE
Applesauce, BBQ Sauce,
Chicken Dip Sauce & Milk

5

Pancake Maple Mini
OR Banana Muffin

TERIYAKI CHICKEN W/ RICE
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH
Lettuce, Tomato, Pickle
Edamame, Mixed Fruit
& Milk

6

Muffin
OR Pop Tart
w/Cheese Stick

RIB B Q BEEF SANDWICH
OR COCOA CBP SANDWICH
Chips, Ketchup, Mustard,
Mayo, Pears & Milk

9

Mini Waffles
OR Berry Apple Crisp Bar

HOT DOG
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Broccoli, Peaches, Ketchup,
Mustard & Milk

10

French Toast Sticks
OR Crumb Cake

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle
Green Beans, Mixed Fruit,
Fresh Apple & Milk

11

Breakfast Pizza
OR Mini Bagel

HOT HAM & CHEESE CROISSANT
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE
Sliced Red Peppers,
Applesauce & Milk

12

Breakfast Burrito
OR Pancake Maple Mini

FISH NUGGETS W/ ROLL
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH
Lettuce, Pickle, Tomato
Tartar Sauce, Corn, Pears,
Cookie & Milk

13

Muffin Assortment
OR Pop Tart
w/Cheese Stick

SPICY/REG CHICKEN SANDWICH
OR EZ JAMMER
Lettuce, Pickle, Tomato, Chips,
Mixed Fruit, Ketchup, Mayo,
Mustard & Milk

16

Apple Oatmeal Bar
OR Muffin

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Marinara Sauce Cup,
Mixed Fruit & Milk

17

French Toast Sticks
OR Mini Bagel

CHILI W/ CHIPS, CHEESE & POTATO WEDGES
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato,
Peaches & Milk

18

Breakfast Burrito
OR Banana muffin

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE
Broccoli, Applesauce, Pears,
Chicken Dip Cup & Milk

19

Mini Waffles
OR Berry Apple Crisp Bar

ORANGE CHICKEN W/ RICE
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH
Lettuce, Tomato, Pickle
Green Beans/Carrots, Pears,
Orange Slices & Milk

20

Breakfast Pizza
OR Crumb Cake

CORN DOG
OR COCOA CBP SAND.
Chips, Ketchup, Mustard,
Mayo, Pears & Milk

23

French Toast Sticks
OR Mini Bagel

BEAN & CHEESE BURRITO
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Corn, Peaches, Salsa, Milk

24

Breakfast Burrito
OR Apple Oatmeal Bar

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle
Green Beans, Pears & Milk

25

Breakfast Pizza
OR Crumb Cake

BBQ CHICKEN FILET
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE
Mashed Potato, Roll, Gravy,
Broccoli, Applesauce & Milk

26

Pancake Maple Mini
OR Banana Muffin

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER
Lettuce, Pickle, Tomato,
Chips, Ketchup, Mustard,
Mayo, Peaches & Milk

27

No School Today

30

Mini Waffle
OR Berry Apple Crisp

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Peaches, BBQ Sauce,
Chicken Dip Cup & Milk

Did you know?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast **Free**

Lunch **\$2.00**

ADULT MEALS & 2nd STUDENT MEALS

Breakfast **\$2.75**

Lunch **\$3.75**

This school participates in the BREAKFAST IN THE CLASSROOM PROGRAM. All students are eligible for FREE breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information. <https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.