EAGLE CLIFFS ELEMENTARY

Mission: To foster Successful Open-Minded Achieving Respectful learners
Vision: Soar With Us Towards Lifelong Learning

PARENT NEWSLETTER

NOVEMBER 2023

November

1st	Native American Heritage Month
1st	School Dismisses at 12:00 pm PT Conferences 12:45-3:45
2nd	School Dismisses at 12:00 pm PT Conferences 12:45-6:45
3rd	School Dismisses at 12:00 pm
5th	Daylight Savings
6th	Picture Retakes
8th	Montana Day PTA Mtg 6:30
9th	Sucker Pre Sale $1
10th	Veterans' Day Observed-wear red, white or blue
11th	Veterans' Day
13th-17th	Kindness Week: See below!
15th	Early release
16th	1st Trimester Ends
17th	House Day and Cat/Griz
22nd-24th	Thanksgiving Break-No School
29th	Report Cards to Home

Kindness Week Nov. 13th-17th

Monday: *World Kindness Day*-Mr. Roger's Day-Wear a cardigan!
Tuesday: Kindness Day-Wear a shirt with a kind message.
Wednesday: Eagle Cliffs Spirit Day-Soar with Kindness
Thursday: Thankful Thursday-Share the love and be kind.
Friday: House Day or Cat/Griz: Spread kindness throughout our school and state!

End of Trimester

The 1st trimester will end on Thursday, November 16th. Report cards will go home with students on Wednesday, November 29th.

A Note from the Principal



Welcome to a chilly November! All is well and I couldn't be more impressed with the greatness going on throughout our school.

Our caramel apples fundraiser was a huge success! We sold 2,018 apples and raised $5,142.80 for our playground. Well done, students and families!

It's always good to give a reminder about appropriate clothing as the weather turns a bit colder. Students go outside for recess 2-3 times per day. With that, it is important they have a coat, then, when it snows or is really cold, gloves, hat, snow pants and boots. We go outside when the temperature is 0 or above per Montana statute.

Once again, thank you for being such amazing parents. This has truly been one of our best years at Eagle Cliffs and we attribute that to your positivity and support. Thank you for partnering with us to provide the best education for your child. We appreciate all you do!

If you ever need anything from me big or small, please reach out. You can sometimes catch me in the morning at drop off, otherwise stop by the office, call, send a Seesaw message or email. Meeting the needs of you and your child is top priority.

Mrs. Hornby



PT Conferences and Book Fair

School dismisses at noon Nov. 1st-3rd
Lunch will not be served on these days.

Book Fair is Nov 1st-Nov. 3rd in the library!

Healthy Choices

Naturally we notice an increase in candy brought from home after Halloween. Please limit the amount of candy your child is bringing to school. We want to promote and support healthy eating habits at school!

November Birthdays!

Junior Tyson Tyler Kylie Willow
Scarlet Meara Zane Moira Easton
Bruce Morgahn Trajan Avianne
Diesel Willow Josef Cambrie Riley
McKenna Remmi Kennedy Alexus
Chloe Abel Esther Octavia Rowin
Liam Brinley Kaycee Elena Dustin Ace
Kayson Alaska Carmella Orlando
Jameson Cora Lynden Mrs. Small
Ms. Katie Ms. Julia

Personal Safety

Personal Safety lesson will be taught by Mrs. Salazar and Mrs. Buss the week of Nov. 13th-17 during Primary's P.E time and Intermediate's Health time. Permission slips need to be turned in by Nov. 10th.



What is PAX?

PAX is a set of strategies to help students learn important self-management skills while collaborating to make their classroom a peaceful and productive learning environment. Centered on the Good Behavior Game, PAX is not a classroom management program, but it makes managing classrooms much easier. The PAX Good Behavior Game (GBG) contains the combined science from the youth violence prevention program called PeaceBuilders, the good behavior game, and other studies.

The Wonderful Classroom: With adult facilitation, students create a word-map of what they would see, hear, do, and feel *more of* and *less of* in a wonderful classroom. The map is posted in the classroom, and is revised over time to keep it fresh and applicable. The things that would happen *more often* in their wonderful classroom are called *PAX (Peace, Productivity, Health and Happiness)*. The things that would happen *less often* are called *spleems*. Children quickly become able to discriminate automatically between PAX behaviors and spleems, an ability that is vital for learning sustainable self-regulation. In a PAX classroom, teachers and other adults learn to set students up for success in creating PAX, and not to foster spleems either intentionally or unintentionally. Adults learn to note spleems unemotionally--not to nag, scold, or lecture about spleems--in order to prevent negative, attention-seeking behavior.

The Good Behavior Game: The PAX Good Behavior Game might occur during math or reading, during transitions, or in the cafeteria — any activity likely to challenge the students' ability to stay focused and positive. Teachers ask students to predict what the PAX and spleems might be for the upcoming activity. The class is divided into three to five teams, and for the duration of the game, the teacher announces and records each team's spleems on a chart (without mentioning any individual student's name). The teacher also points out PAX behaviors. At the end of the game time, every team that has three or fewer spleems is rewarded with a "prize" activity such as a minute of dancing around or a 10-second giggle fest. PAX Games are brief at first — a minute or two — then increase in length as students consistently "win" 12 out of 15 games each week (equivalent to 85% of the time).

Other PAX Elements: Both during the Good Behavior Game and outside of game time, a PAX classroom teacher uses many evidence-based behavioral *kernels*. These are simple practices that reduce transition time and support students in behaving appropriately and positively. As both classroom adults and students become adept at PAX, students develop an extraordinary ability to turn on their attention voluntarily, to go up and down in excitement with grace; to handle distractions and disappointments well; to cooperate for common goals with other people of differing abilities and skills; and to notice and savor the daily joys of the environment they have created.

PTA Update

11/8 - PTA Meeting @ 6:30 (Meeting moved back one week due to PT Conferences)
11/10 - Sucker Sale
11/15 - Fundraiser Product Pick Up
The online Eagle Cliffs Spirit Wear Store will be live very soon!
The next PTA meeting is Monday, November 14th at 7:00 pm in the Eagle Cliffs lounge. You can contact President Jenna Rae if you have questions.
eaglecliffspta@gmail.com

Holiday Music Program

Our Holiday Music Programs are scheduled for Tuesday, December 19th. Each grade will be performing their very own Holiday Concert at some point that day. Mrs. Small will be in touch with the specific details within the next week or so. We simply wanted to make sure you have the date on your calendar and can hopefully make arrangements to attend. Please keep an eye out in Seesaw for Mrs. Small's announcement and concert schedule for that day! We can't wait to celebrate the season and all of your children's great work!

A Note from the Nurse

The tips and resources below will help you learn about actions you can take to protect yourself and others from flu and help stop the spread of germs.
1.**Avoid close contact.**
Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
2. **Stay home when you are sick.**
If possible, stay home from work, school, and errands when you are sick. This will help prevent spreading your illness to others.
3. **Cover your mouth and nose.**
Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick. Flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk.
4. **Clean your hands.**
Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub. Handwashing: Clean Hands Save Lives
Tips on hand washing and using alcohol-based hand sanitizers
5. **Avoid touching your eyes, nose or mouth.**
Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
6. **Practice other good health habits.**
Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.