CENTRAL YORK HS/MS SEPTEMBER 2024

LUNCH MENU

LUNCH PRICES Students - \$3.00 Reduced - NO CHARGE Adults -\$4.75 Milk - \$0.85

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

- Choice of Assorted Fruit Offered Daily Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Menu Subject To Change
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.

| Milk - \$0.05 | *Contains Pork/Ham | | | |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| NO SCHOOL | Chicken & Mashed Potato Bowl w/Gravy Corn | French Toast Sticks *Sausage Links Hash Brown Juice Cup | Cheese Steak Sandwich Pierogies Winter Blend | Mini Corn Dogs French Fries Baked Beans |
| 2 | 3 | 4 | 5 | 6 |
| Hawaiian Meatball Rice Bowl Steamed Green Beans | Nacho Dippers w/Meat, Cheddar, or Queso Cheese Churro Fiesta Beans | Grilled BBQ Chicken Sandwich w/Cole Slaw Oven Potatoes Steamed Carrots | *Stromboli w/Marinara Sauce Soft Pretzel Chef Blend Vegetables | Shrimp Poppers Mac & Cheese Peas |
| 9 | 10 | 11 | 12 | 13 |
| Wild Mike's Cheese Bites w/Marinara Sauce Glazed Carrots | Chicken & Cheese Quesadilla Fiesta Rice Seasoned Black Beans | Meatball Sub w/Mozzarella Cheese Cup Oven Potatoes Salad | Pot Stickers w/Vegetable Egg Roll Fried Rice Steamed Broccoli | EARLY DISMISSAL Bag Lunch Deli Sandwich Chips Juice Box/Carrot Pack Fruit 20 |
| Cheese Pizza Sticks w/Marinara Sauce California Blend Vegetables | Beef Soft Taco's w/ Lettuce/Tomato Cup Spanish Rice Corn | Chicken Nuggets w/ Roll Scalloped Potatoes Seasoned Green Beans | Creamy Baked Mac & Cheese w/Toppings Pretzel Stick Steamed Broccoli | *Bacon Cheeseburger Onion Rings Baked Beans |
| Beef Burrito Bowl w/Rice & Toppings Seasoned Black Beans | | | | |
| 30 | | | | |