



# **The Empower Wellness Screening & Flu Shot Program**

**Community Consolidated School District 62**

Thoughtfully designed to help you take control of your health.

**STAY HEALTHY** Take a positive step. Your health is worth it!

## Empowerment

Our screening services are thoughtfully designed to provide you with a better understanding of your health. We're empowering you to take the next steps toward illness prevention and a happier, healthier life. Participate in a screening and take control of your future!

## SCREENING PROGRAM OVERVIEW

### Your Screening Package Includes:

- **Panel C** – Testing that consists of a 37-component blood chemistry profile.
- Blood Pressure Reading
- Self-Reported Height and Weight with Body Mass Index Calculation
- Empower Health Assessment™
- One year of unlimited access to our user portal, designed to help you understand and grow your health.
- Results are confidentially and securely available online at [empower.health](https://empower.health) within 2-3 days of your event.
- **Seasonal Flu Shot** – EHS is proud to offer the influenza vaccine. Getting an annual flu shot is your best protection against the virus. Participants must be 18 years of age or older and are subject to evaluation of health and medical history.

**Important Information:** The Flu Program is subject to vaccine availability. Participants must be 18 years of age or older and are subject to evaluation of health and medical history.

# Program Details

You have the power to create a healthy future. Through the **EHS Comprehensive Panel C**, you are given the ability to better understand your health and work towards preventing serious illness. Our Panel C tests the following:

HEART & DIABETES	COMPLETE BLOOD COUNT	KIDNEY, LIVER & THYROID	NUTRITION
Glucose	Red Blood Cells	BUN & Creatinine	Calcium
Total Cholesterol	White Blood Cells	T4 & Potassium	Total Protein
HDL (Good Chol.)	Hemoglobin	Phosphorus & eGFR	Albumin
Non-HDL	Hematocrit	Chloride & Sodium	Uric Acid
LDL (Bad Chol.)	Platelet Count	Alkaline Phosphatase	Iron
Cholesterol Ratio	Red Blood Cell Distribution	Total & Direct Bilirubin	Magnesium
Triglycerides	MCH, MCHC, MCV	SGOT, SGPT, Gamma GTP & LD	

## EHS Panel C testing can detect:

- Heart Disease & Stroke
- Diabetes
- Anemia, Infections & Certain Cancers
- Kidney Disease
- Liver & Gallbladder Abnormalities
- Thyroid Disease
- Gastrointestinal Disorders
- Nutritional Disorders

## WHO CAN PARTICIPATE?

ELIGIBLE PARTICIPANTS	SCREENING FEES	FLU VACCINE FEES
Employees & Insured Spouses with SD62's BCBS of IL PPO	No cost to you, covered by SD62	No cost to you, billed to BCBS of IL PPO
Employees & Insured Spouses <u>without</u> SD62's BCBS of IL PPO	No cost to you, covered by SD62	Self-pay, \$40

# Screening & Flu Shot Locations & Dates

## Central Elementary School

**Monday, September 23, 2024**

6:00 am – 9:00 am

Multi-Purpose Room

## North Elementary School

**Friday, September 27, 2024**

6:00 am – 9:00 am

Cafeteria

## Chippewa Middle School

**Tuesday, October 1, 2024 • Friday, October 18, 2024**

6:00 am – 9:00 am

Multi-Purpose Room/Cafeteria

## South Elementary School

**Wednesday, October 2, 2024**

6:00 am – 9:00 am

Gym

## Algonquin Middle School

**Monday, October 7, 2024 • Tuesday, October 8, 2024**

6:00 am – 9:00 am

Multi-Purpose Room/Cafeteria

## Iroquois Community School

**Thursday, October 17, 2024**

6:00 am – 9:00 am

Cafeteria

# SIGN UP TODAY!

## empower.health



### 1. Go to: [empower.health](https://empower.health)

**Returning Participants:** If you previously created an account, sign in under "Welcome Back!"

**New Participants:** Complete "New User" fields and enter client code: **D62EHS**

A verification email will be sent. Verify your email address to activate your account.

### 2. On the dashboard, click "Register" to schedule an appointment for an onsite event

When prompted, please select the tile that corresponds to the service you are requesting: '**Screening + Flu Vaccination**', '**Screening Only**', or '**Flu Vaccination Only**'.

### 3. Complete the Empower Health Assessment™

Click "Begin Assessment" when prompted during registration or from the dashboard.

### 4. Once you have scheduled an appointment, download and **print one (1) copy of your screening requisition AND/OR one (1) copy of your flu requisition to bring to your screening (REQUIRED)**

Your results will be available online within 2-3 days of your event.

## Reminders:

- **Fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment.**
- Registration closes at NOON the business day prior to your event.
- Payment fees are collected at the event by cash, credit, or check payable to Empower Health Services.
- BCBS of IL PPO members must present their ID card at the time of service to have claims submitted.
- If you have recently experienced any cold, flu or COVID-19 symptoms, please do not attend your event.

NOTE: If you present a BCBS of IL PPO card other than your company's BCBS plan, the cost of the Panel C and/or flu shot may not be fully covered and EHS will reach out for payment. Out-of-pocket fees may be applicable due to copays, deductibles, coinsurance or non-reimbursed services. Please verify your benefits before your scheduled service.

### Need assistance?

Please contact the EHS Customer Support Team at 866.367.6974 or [support@empowerhealthservices.com](mailto:support@empowerhealthservices.com)