

OZARK

September

MIDDLE SCHOOL

Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

2

No School Today

3

Chicken Chimichanga
with Cilantro Lime Rice
Roast Beef & Swiss
Corn Dog
Glazed Carrots
Toss Salad
Pears
Milk

4

Chicken Ramen
Cheese Ravioli
Turkey Cheese Wrap
Tri-Tater
Cheesy Cauliflower
Straw/Blueberry Mix
Milk

5

Chicken Patty
Beef Fingers
Hot Roll
Mashed Potatoes
Green Beans
Frozen Juice Cup
Milk

6

Chicken Nuggets
Tortilla Chip
Chef Salad
with Banana Muffin
Smothered Burrito
Charro Beans
Celery Sticks
Orange Wedges
Milk

9

Cobb Salad
Bug Bites
Popcorn Chicken
with Orange Sauce
Beef Fingers
Rice
Glazed Carrots
Toss Salad
Straw/Banana Mix
Milk

10

Lasagna
with Garlic Breadstick
Chicken Drumstick
with Texas Toast
Roast Beef & Swiss
Corn
Sliced Cucumber
Peaches
Milk

11

Chili Dog on Bun
Chicken & Waffles
Turkey Cheese Wrap
Charro Beans
Roasted Broccoli
Milk
Pears

12

Chicken Patty
Chicken Nuggets
Hot Roll
Mashed Potatoes
Green Beans
Apple
Milk

13

Chef Salad
with Fruit Muffin
Grilled Cheese
Popcorn Chicken Wrap
Tater Tots
Tomato Soup
Watermelon
Milk

16

Cobb Salad
Bug Bites
Chicken Nachos
Chicken Tenders
Refried Beans
Baby Carrots
Orange Wedges
Milk

17

Beef & Noodles
Texas Toast
Hamburger on Bun
Roast Beef & Swiss
Roasted Zucchini
Broccoli
Apple
Milk

18

Cashew Chicken
Nut Free
BBQ Beef Sand
Turkey Avocado Wrap
Toss Salad
Cauliflower
Straw/Blueberry Mix
Frozen Berry Lemonade
Milk

19

Roasted Turkey
Chicken Patty
Hot Roll
Mashed Potatoes
Seasoned Peas
Pears
Milk

20

Chef Salad
with Carrot Cake Muffin
Sloppy Joe
Cheese Pizza
Corn
Sliced Cucumber
Cantaloupe
Milk

23

No School Today

24

Beef Tacos
Mini Corn Dogs
Roast Beef & Swiss
Mexican Beans
Toss Salad
Pears
Milk

25

Chicken Nuggets
Tortilla Chip
Cheeseburger
Turkey Cheese Wrap
Cheesy Cauliflower
Baked Beans
Peaches
Milk

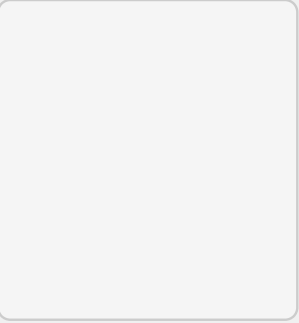
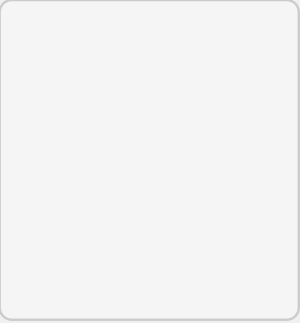
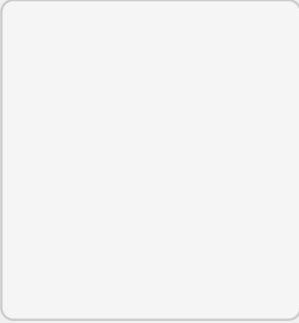
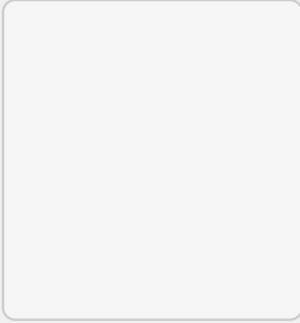
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Meatloaf
Baked Ham
Hot Roll
Mashed Potatoes
Green Beans
Apple
Milk

27

Chef Salad
with Choc. Chip Muffin
Chicken Tenders
Lemon Rice
Smothered Burrito
Cherry Tomatoes
Celery Sticks
Watermelon
Milk

Cheese Ravioli
Chicken Tenders
Cobb Salad
Texas Toast
Roasted Broccoli
Baby Carrots
Applesauce
Milk



This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$3.45

Single milk purchase for breakfast, lunch or snack is \$.45.