

# OZARK

September

# HIGH SCHOOL

Lunch



## Monday

2

No School Today

## Tuesday

3

Chicken Chimichanga  
Corn Dog  
Turkey Avocado Wrap  
Pizza Variety  
Salad Bar  
With Blueberry Muffin  
Mexican Beans  
Toss Salad  
Grapes  
Pears  
Milk

## Wednesday

4

Chicken Ramen  
Cheese Ravioli  
with Garlic Breadstick  
Roast Beef & Swiss  
Pizza Variety  
Salad Bar  
Carrot Cake Muffin  
Cheesy Cauliflower  
Tri-Tater  
Celery Sticks  
Tropical Fruit  
Straw/Blueberry Mix  
Milk

## Thursday

5

Chicken Patty  
Beef Fingers  
Hot Roll  
Salad Bar  
Hot Roll  
Popcorn Chicken Wrap  
Pizza Variety  
Mashed Potatoes  
Seasoned Peas  
Apple  
Frozen Berry Lemonade  
Milk

## Friday

6

Chicken Nuggets  
Tortilla Chip  
Smothered Burrito  
Roast Beef & Swiss  
Pizza Variety  
Salad Bar  
with Fruit Muffin  
Charro Beans  
Celery Sticks  
Orange Wedges  
Milk

9

Popcorn Chicken  
with Orange Sauce  
Beef Fingers  
Pizza Variety  
Ham & Cheese Wrap  
Salad Bar  
with Fruit Muffin  
Fried Rice  
Glazed Carrots  
Toss Salad  
Applesauce  
Straw/Banana Mix  
Milk

10

Lasagna  
Salad Bar  
Garlic Breadstick  
Chicken Drumstick  
Turkey Avocado Wrap  
Pizza Variety  
Corn  
Sliced Cucumber  
Grapes  
Peaches  
Milk

11

Chili Dog on Bun  
Chicken & Waffles  
Pizza Variety  
Roast Beef & Swiss  
Salad Bar  
with Focaccia Bread  
Charro Beans  
Toss Salad  
Watermelon  
Pears  
Milk

12

Chicken Patty  
Chicken Nuggets  
Hot Roll  
Salad Bar  
Hot Roll  
Popcorn Chicken Wrap  
Pizza Variety  
Mashed Potatoes  
Seasoned Peas  
Apple  
Pears  
Milk

13

Grilled Cheese  
Corn Dog  
Pizza Variety  
Turkey Club Wrap  
Salad Bar  
Carrot Cake Muffin  
Tater Tots  
Tomato Soup  
Banana  
Mixed Fruit  
Milk

16

Chicken Tenders  
Bread & Butter  
Chicken Nachos  
Pizza Variety  
Ham & Cheese Wrap  
Salad Bar  
with Fruit Muffin  
Refried Beans  
Baby Carrots  
Orange Wedges  
Apple  
Milk

17

Beef & Noodles  
Hamburger on Bun  
Pizza Variety  
Turkey Avocado Wrap  
Salad Bar  
with Fruit Muffin  
Roasted Zucchini  
Broccoli  
Grapes  
Mixed Fruit  
Milk

18

Cashew Chicken  
Nut Free  
BBQ Rib  
Tortilla Chip  
Salad Bar  
with Focaccia Bread  
Roast Beef & Swiss  
Pizza Variety  
Toss Salad  
Cauliflower  
Cinnamon Apples  
Straw/Blueberry Mix  
Milk

19

Chicken Patty  
Roasted Turkey  
Salad Bar  
Hot Roll  
Popcorn Chicken Wrap  
Pizza Variety  
Mashed Potatoes  
Seasoned Peas  
Apple  
Pears  
Milk

20

Sweet Chili Chicken  
Rice  
Sloppy Joe  
Pizza Variety  
Turkey Club Wrap  
Salad Bar  
with Banana Muffin  
Corn  
Sliced Cucumber  
Grapes  
Peaches  
Milk

23

No School Today

24

Beef Tacos  
Mini Corn Dogs  
Pizza Variety  
Turkey Avocado Wrap  
Salad Bar  
With Blueberry Muffin  
Toss Salad  
Mexican Beans  
Grapes  
Pears  
Milk

25

Chicken Nuggets  
Tortilla Chip  
Cheeseburger  
Roast Beef & Swiss  
Pizza Variety  
Salad Bar  
Carrot Cake Muffin  
Cheesy Cauliflower  
Baked Beans  
Cantaloupe  
Peaches  
Milk

26

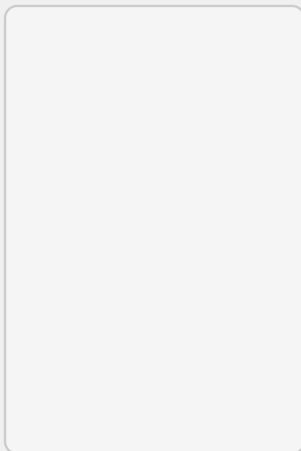
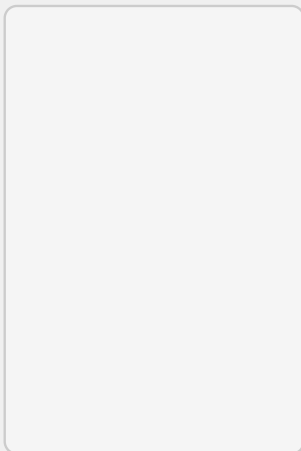
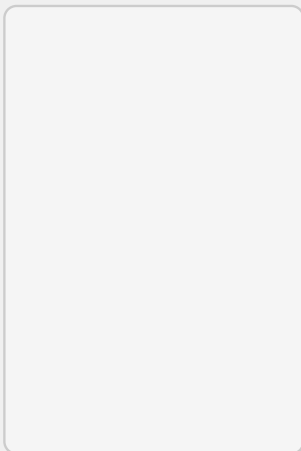
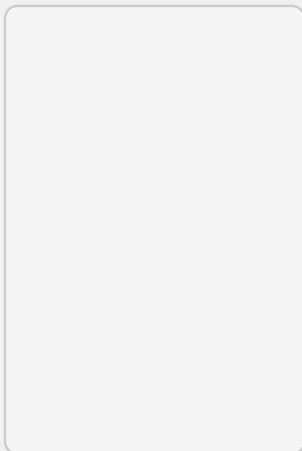
Meatloaf  
Baked Ham  
Salad Bar  
Hot Roll  
Popcorn Chicken Wrap  
Pizza Variety  
Mashed Potatoes  
Green Beans  
Apple  
Sliced Strawberries  
Frozen Juice Cup  
Milk

27

Popcorn Chicken Bowl  
with Garlic Breadstick  
Smothered Burrito  
Toasted Turkey Club  
Pizza Variety  
Salad Bar  
with Banana Muffin  
Celery Sticks  
Cherry Tomatoes  
Grapes  
Watermelon  
Milk

30

Cheese Ravioli  
with Cornbread  
Chicken Tenders  
Pizza Variety  
Ham & Cheese Wrap  
Salad Bar  
with Fruit Muffin  
Roasted Broccoli  
Baby Carrots  
Orange Wedges  
Applesauce  
Milk



**This institution is an equal opportunity provider. This menu is subject to change.**

**Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$2.30**

**Single milk purchase for breakfast, lunch or snack is \$.45.**