

OZARK

September

JUNIOR HIGH

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Today	3 Breakfast Cookie Parfait and Muffin Cereal with Yogurt Orange Wedges Fruit Juice Milk	4 Colby Omelet Cereal Toast Watermelon Fruit Juice Milk	5 Pancake on a Stick Parfait and Muffin Cereal with Cheese Stick Banana Fruit Juice Milk	6 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
9 Glazed Donut Cereal Cheese Stick Grapes Fruit Juice Milk	10 Cinn. Streusel Cake Parfait and Muffin Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk	11 Fruit Nachos Cereal with Yogurt Watermelon Fruit Juice Milk	12 Breakfast Pizza Parfait and Muffin Cereal with Cinnamon Toast Banana Fruit Juice Milk	13 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
16 French Toast Sticks Cereal Toast Grapes Fruit Juice Milk	17 Blueberry Crumb Cake Parfait and Muffin Cereal with Cheese Stick Orange Wedges Fruit Juice Milk	18 Scrambled Eggs Cereal Cinnamon Toast Watermelon Fruit Juice Milk	19 Cinnamon Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	20 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
23 No School Today	24 Apple Crumb Cake Parfait and Muffin Cereal with Yogurt Orange Wedges Fruit Juice Milk	25 Breakfast Nachos Cereal with Cinnamon Toast Watermelon Fruit Juice Milk	26 Orange Sweet Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	27 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
30 Breakfast Quesadilla Cereal Toast Grapes Fruit Juice Milk				

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$2.30

Single milk purchase for breakfast, lunch or snack is \$.45.