

Newmark Education Parent Alert August 26, 2024

Reminder! 2024-25 School Year: Newmark Sports Physical Requirements

Dear Newmark Parents,

Newmark Middle School and Newmark High School requires all students participating in athletic activities for the next school year (2024-25) to have completed forms on file in the school nurse's office before a student can participate in any practice or competition.

<u>New NJDOE Requirements for 2024-25</u>: Parents will only need to return the Sports Physical Medical Eligibility School Form to the school nurse. The Sports Physical Form will be maintained by the healthcare provider completing the physical exam.

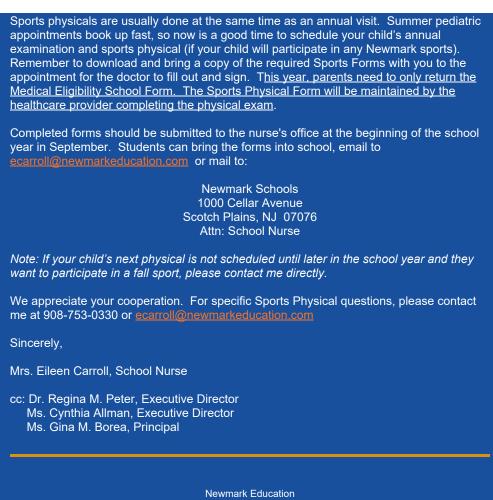
2024-25 SPORTS ACTIVITIES

- Newmark High School: Soccer, Cross Country, Winter Track, Spring Track
- Newmark Middle School: Basketball

2024-25 SPORTS PHYSICAL FORMS* - Required if participating in sports

If your Newmark student plans to participate in any sports for the new 2024-25 School Year, the forms below must be completed prior to participating in any practice or game. All forms can also be found on the school <u>website</u>:

- Updated! <u>Sports Physical Preparticipation Physical Evaluation Medical Eligibility</u> <u>Form</u> - required (return to school)
- Updated! <u>Sports Physical Preparticipation Physical Evaluation History</u> <u>Form</u> (completed and maintained by your doctor)
- <u>Concussion Form</u> required (return to school)
- Sudden Cardiac Death in Young Athletes Fact Sheet
- Sudden Cardiac Death Sign Off Sheet required (return to school)
- Opioid Use and Misuse Educational Fact Sheet
- Opioid Use & Misuse Parent Consent Form required (return to school)
- Updated! <u>Health History Update Form</u> required if student participates in multiple sport activities during the school year (ex. If high school student plays soccer in the fall and then wants to participate in Spring Track)



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