## Greater Lowell Technical High School 250 Pawtucket Blvd Tyngsboro, MA 01879-2199

## **Over the Counter Medications Available at School**

Name of Available Products	Uses	Dosage	Side Effects
Acetaminophen (Tylenol) 325mg Any student requiring Tylenol 5x in a 2-week period will be referred to their primary physician	For temporary relief of minor aches & pains, fever reducer or menstrual cramps	Adults & children 12 years of age and older: 2tabs once daily in school Liquid (160mg/5ml): 20ml Chewable (160mg/tab): 4 tabs	Sensitivity reaction (very rare)
<b>Ibuprofen (Advil, Motrin) 200mg</b> Any student requiring Advil 5x in a 2-week period will be referred to their primary care physician	For temporary relief of minor aches & pain, fever reducer or menstrual cramps	Adults & children 12 years of age and older: 1-2tabs once daily in school	Stomach upset
Cough Drops	For temporary relief of minor throat irritation & coughs due to colds	Adults: dissolve 1 drop slowly in mouth. Repeat every hour as needed	No known side effects
Antacids (TUMS)	For relief of acid indigestion heartburn sour stomach and relief of pressure & bloating commonly referred to as gas	Chew 1-2 tablets as symptoms occur Do not take more than 12 tablets in a 24-hour period	Check with doctor or pharmacist before use if you are taking a prescription drug
Medical Consultant		Date	

Medical Consultant