

COUNSELING PROGRAM

Seabrook Intermediate School



Our Counseling Team

MINDI GARCIA

Last Names A-K
migarcia@ccisd.net
(281) 284-3142



AMANDA FETTER-MATTHYS, LPC

Last Names L-Z
afetter-matthys@ccisd.net
(281) 284-3140



MELISSA VOGT LPC ASSOCIATE, SUPERVISED BY COLLEEN NEAL

Student Support Counselor
mvogt@ccisd.net
(281) 284-3133



DEAR PARENTS AND GUARDIANS:

We are thrilled to work with our Spartan students this year! As school counselors and former teachers, our goal is to help your child have an academically successful and personally fulfilling experience at Seabrook Intermediate. We are available to assist your child with a wide range of personal concerns, including social, family, emotional, or mental health issues. Students in need of counselor assistance can fill out the “Request to See a Counselor” form on Canvas. Once a request is received, we will call the student to our office during the school day. To meet the personal needs of students, school counselors may also offer support groups on a recurring basis. If a parent or guardian does not want their student to participate in a support group, they must provide written documentation of denial of services to the school counselor. We are committed to helping your child have a successful year. Should you have any questions or concerns, please feel free to contact us.

WHAT DOES A SCHOOL COUNSELOR DO?

- Counsels individuals and groups by referral
- Consults with teachers and parents
- Implements classroom guidance curriculum
- Guides students through the development of educational and career plans
- Prepares students for transition from elementary to intermediate and intermediate to high school
- Assists in the Student Success Team
- Coordinates with school and community personnel to bring together resources for students
- Follows the professional ethical standards for school counselors



**PASSION
PURPOSE
PROGRESS**



COMPREHENSIVE SCHOOL COUNSELING PROGRAM

A Comprehensive School Counseling Program consists of the following components: Guidance Curriculum, Responsive Services, Individual Planning, and System Support. Each of those components are explained below.

GUIDANCE CURRICULUM

Helps students develop their full educational potential, including the student's interests and career objectives.

RESPONSIVE SERVICES

Counselors intervene on behalf of any student whose immediate personal concerns put the student's continued educational, career, personal, or social development at risk.

INDIVIDUAL PLANNING

Counselors guide students as they plan, monitor, and manage the student's own educational, career, personal, and social development.

SYSTEM SUPPORT

Counselors support the efforts of teachers, staff, parents, and other members of the community in promoting the educational, career, personal, and social development of students.



CCISD SOCIAL EMOTIONAL LEARNING TIMELINE

CCISD has six core values, or standards of behavior, that we have adopted from the Character Counts 6 Pillars. Seabrook Intermediate integrates these core values into our school community daily through modeling and directly teaching students how to demonstrate their core values. We focus on different values throughout the year as outlined below.

Month	Standard of Behavior	SEL Curriculum
	CCISD Core Values	Character Strong
August	TRRFCC	Overview of Traits
September	Respect	Respect
October	Responsibility	Commitment
November	Citizenship	Humility
December	TRRFCC	Overview of Traits
January	Trustworthiness	Honesty
February	Caring	Kindness
March	Caring	Forgiveness
April	Fairness	Patience
May	TRRFCC	Selflessness

REQUIRED GUIDANCE CURRICULUM TOPICS

- Personal safety lessons occur once a year. Parent permission is required for your student to attend this lesson. More information will come home two weeks prior to the lesson.
- Bullying Prevention
- Drug Education/Substance Abuse Awareness and Prevention (Red Ribbon Week: October 23-27)
- Generation Texas Week (November 13-17)
- Youth Mental Health Awareness

OTHER GUIDANCE CURRICULUM TOPICS

- Interpersonal Skills
- Intrapersonal Skills
- Post-Secondary Education and Career Readiness
- Personal Health and Safety

NAVIANCE

Learning more about self, career, military, and college is the purpose of Naviance. In grades 6 - 8 students will set goals, complete self-discovery assessments and inventories, and learn more about planning for success after high school.

**Per FFEA (legal) parents or guardians may request to view materials used during the year by making an appointment during school hours.