

## **Mental Health and Crisis Services**

### Crisis Phone Lines

Suicide & Crisis Lifeline - call or text 988

<https://988lifeline.org>

Synergy Services - 24/7 Hotlines

- Domestic Violence Hotline (816) 321-7050
- Youth Crisis Hotline (816) 741-8700

MOCSA Crisis Line (rape and sexual assault) - (816) 531-0233 or (913) 642-0233

<https://mocsa.org/>

### Mental/Behavioral Health Agencies

Beacon Mental Health (formerly known as Tri-County Mental Health)

3100 NE 83rd Street, Suite 1001

Kansas City, MO 64119

(816) 468-0400

(888) 279-8188 - 24-hour emergency crisis line

<https://www.beaconmentalhealth.org/>

Open access intake assessments: Monday-Friday, 8:30 am to 1:00 pm (bring picture ID, proof of residence, Social Security number and insurance card).

ReDiscover Behavioral Health Urgent Care

7001 Blue Ridge Boulevard

Raytown, MO 64133

(816) 416-8417 - youth urgent care (ages 5-17, accompanied by a parent or guardian)

(816) 988-2739 - adult urgent care (18+)

<https://www.rediscovermh.org/behavioral-health-urgent-care/>

Clinics are open 9 am to 9 pm, 7 days a week. Walk-ins accepted until 7:30 pm. Includes a nursing assessment, behavioral health assessment, psychiatric & medication evaluation, and case management to connect individuals with an ongoing provider)

Synergy Services

<https://www.synergyservices.org/>

Synergy offers a range of services from shelter and housing to counseling and support. Mental health services include individual, family, couples, and group therapy as well as play therapy for children.

Mental health outpatient therapy intake line: (816) 505-4874

*If you need help finding additional mental/behavioral health resources, please contact the social worker at your child's school. If you have insurance or Medicaid, call the number on the back of your card to get a list of potential providers. This website may be helpful to search for providers by zip code, insurance, etc.:*

<https://www.psychologytoday.com/us>