



# FJH CROSS COUNTRY

# SCHEDULE

**9.5** Trafton Academy Invitational  
@ St. Thomas

**9.12** BSN Sports Invitational  
@ St. Thomas

**9.19** Perfectly Fit Tangi Championships  
@ St. Thomas

**9.26** Trafton/CES Invitational  
@Christ Episcopal

**10.2** Tri-Parish Championship  
District Meet  
@St. Thomas

