



SCAN ME

September High School & MG21 Menu



	MON	TUES	WED	THU	FRI
WEEK OF 9/2	No School WG = Whole Grain Rich	Chicken Nuggets WG Dinner Roll Steamed Peas Coleslaw Diced Peaches	Orange Chicken Steamed Brown Rice Roasted Ranch Broccoli Grape Tomatoes Pineapple Chunks	WG Bosco Sticks w/Pizza Sauce Honey Carrot Coins Sugar Snap Peas LOCAL Bell Peppers Strawberry Cup	Nachos w/Homemade All Beef Taco Filling Black Beans Red Pepper Strips 100% Fruit Juice
WEEK OF 9/9	Mini Corn Dogs Tater Tots Sliced Cucumbers Warm Cinnamon Applesauce	Homemade Pork Quesadillas w/Fritos Refried Beans Red Pepper Strips Diced Pears	Chicken Parm Sandwich on a WG Bun Seasoned Corn Ranch Romaine Salad Apple Slices	Baked French Toast w/Homemade Berry Sauce & Pork Sausage Dragon Veggie Juice Celery Sticks LOCAL Bell Peppers Mandarin Oranges	Cheeseburger Bar w/All Beef Patty & WG Bun Baby Carrots & Fresh Broccoli w/Local Hummus Blueberries
WEEK OF 9/16	Chicken Tenders WG Sun Chips Baked Beans Baby Carrots Strawberry Cup	MG Signature Pizza WG Garlic Breadstick Honey Carrot Coins Caesar Romaine Salad 100% Fruit Juice	Homemade Beef Teriyaki Brown Rice Bowl Steamed Broccoli Shredded Carrots Pineapple Chunks	Broccoli Cheddar Soup w/Cheese Bread Steamed Peas Celery Sticks LOCAL Bell Peppers 100% Fruit Juice Slushie	Popcorn Chicken Bowl over Mashed Potatoes Seasoned Corn Orange Wedges Dinner Roll
WEEK OF 9/23	No School	French Toast Sticks w/Cheese Omelet Dragon Veggie Juice Red Pepper Strips Diced Pears	Spicy Chicken Sandwich Steamed Peas Cauliflower Florets Mandarin Oranges	Pork Carnitas Bowl w/Cilantro Lime Rice Homemade Elote (corn) Fiesta Black Beans LOCAL Bell Peppers Apple Slices	Chicken Drumstick Mac & Cheese Baby Carrots & Fresh Broccoli w/Local Hummus Blueberries
WEEK OF 9/30	Chicken Nuggets WG Dinner Roll Steamed Peas Coleslaw Diced Peaches	Turkey & Gravy over Mashed Potatoes Caesar Romaine Salad Orange Wedges WG Cinnamon Roll	Orange Chicken Steamed Brown Rice Roasted Ranch Broccoli Grape Tomatoes Pineapple Chunks	Bosco Sticks w/Pizza Sauce Honey Carrot Coins Sugar Snap Peas LOCAL Apples	Nachos w/Homemade All Beef Taco Filling Black Beans Red Pepper Strips 100% Fruit Juice

Menu items are subject to change based on availability. This institution is an equal opportunity provider.