



Union Public Schools Wellness Policy Evaluation Results 2022-2023

	Anderson	Boevers	Cedar Ridge	Clark	Darnaby	Grove	Jarman	Jefferson	McAullife	Moore	Ochoa	Peters	Rosa	Totals
<b>2. Water available throughout day?</b>														
YES	1	1	1	1	1	1	1	1	1	1	1	1	1	13
NO														0
<b>3. Recess first before lunch?</b>														
YES, for all grades			1				1				1			3
YES, for some grades	1		1			1		1	1			1		6
NO		1			1					1			1	4
<b>4. Health Promoting Fundraisers</b>														
Book Fair	1		1		1	1		1		1	1	1	1	9
Book Walk														0
Jog a Thon	1	1	1	1	1		1			1	1		1	9
Jump a Thon/Jump Rope 4 Heart		1				1	1	1		1		1	1	7
Read a Thon					1									1
School Dance												1	1	2
Run Club									1					1
Fun Run									1			1		2
Dodgeball									1					1
Glow dance										1		1		2
<b>5. Non-Health Promoting Fundraisers</b>														
Frozen Treat/Ice Cream or Popcorn days	1	1		1	1	1	1	1		1		1		9
Bubblegum, bi-weekly				1										1
Whataburger Night, 1x per month									1					1
Valentine Candy Sales											1			1
Blue + Gold						1								1
Coin Chaos						1								1
Cookie Dough Sales	1													1
Candy Sale Days										1			1	2
Spirit nights at restaurants	1	1	1		1		1		1	1			1	8
SHAKA week			1											1
Pizza Days	1	1						1		1		1		5
<b>6. Exempt snacks sold during school hours?</b>														
YES														0
NO	1	1	1	1	1	1	1	1	1	1	1	1	1	13
<b>Physical Education</b>														





Union Public Schools Wellness Policy Evaluation Results 2022-2023

	Anderson	Boevers	Cedar Ridge	Clark	Darnaby	Grove	Jarman	Jefferson	McAullife	Moore	Ochoa	Peters	Rosa	Totals
<b>2. How many members?</b>														
None, we don't have a committee														0
<3														0
3-5 mem														0
6-9 mem	1	1		1	1			1	1	1	1		1	9
10+			1			1	1					1		4
<b>3. Who's on committee?</b>														
Principal	1	1	1	1	1	1	1	1	1	1	1	1	1	13
Nurse	1	1	1	1	1	1	1	1	1	1	1	1	1	13
Counselor	1	1	1		1	1	1			1	1	1	1	10
PE or specials teacher	1	1	1	1	1	1	1	1		1			1	10
Classroom teachers	1	1	1	1		1	1	1	1	1	1	1	1	12
Parents	1	1	1	1	1	1	1		1	1	1	1	1	12
Students	1	1	1	1	1	1	1				1	1	1	10
Support staff		1		1		1	1	1						5
Community members who are not parents														0
Healthcare professionals							1	1						2
Community Schools Coordinator									1					1

Union Public Schools Wellness Policy Evaluation Results 2022-23

	6th & 7th	8th	9th	Alt Ed	High School	Totals
<b>School Wellness Policy</b>						
1. Additional health/nutrition policies?						
YES						
NO	1	1	1	1	1	5
<b>Health &amp; Nutrition Education</b>						
1. Have Nutrition Ed for Students?						
YES	1		1	1		3
NO		1				1
<i>Nutrition Education</i>						
<i>Classroom teacher activities</i>						
	1		1	1		2
<i>Nutrition Broadcast</i>						
					1	1
<i>Counselor or Nurse classes</i>						
						0
<i>Health class</i>						
			1	1	1	3
<i>We do not currently offer nutrition education</i>						
		1				1
<i>Scrolling nutrition info on monitors</i>						
			1		1	2
<i>Gardening during school w/ Alt Ed Greenhouse</i>						
				1		1
Grades Receiving Education						
	6th/7th	None	9th	9th-12th	10th-12th	0
2. Nutrition Ed for Parents/Community?						
YES						0
NO	1	1		1	1	4
<b>School Practices</b>						
1. Average Sit Down time at lunch						
5-10 min						
						0
11-15 min						
						0
16-20 min						
	1			1		2
21-25 min						
		1				1
26+						
			1		1	2
2. Water available throughout day?						
YES	1	1	1	1	1	5
NO						0
3. Recess first before lunch?						
YES						0
NO						0
N/A	1	1	1	1	1	5
4. Health Promoting Fundraisers						
Mental Health Awareness Week						
				1		1
SHAKA Week						
				1	1	2
5. Non-Health Promoting Fundraisers						
Ice Cream Days (4x/year)						
	1					1
Snack Shack						
				1		1
CiCi's Spirit Night						
				1		1
PTA Pizza Days						
	1	1		1		3
Vending Machines						
			1		1	2
Candy Sales						
	1	1				2
6. Exempt snacks sold during school hours?						
YES						0
NO	1	1	1	1	1	5
<b>Physical Education</b>						
1. Minutes per day at recess						
<15						
						0
15-20						
						0
21-30						
						0
31-40						
						0
41+						
						0
N/A	1	1	1	1	1	5
2. Minutes per week in PE, if enrolled in PE						
<45						
						0
45-75						
		1				1
76-105						
						0
106-135						
						0
136+						
	1		1		1	3

Union Public Schools Wellness Policy Evaluation Results 2022-23

	6th & 7th	8th	9th	Alt Ed	High School	Totals
N/A				1		1
3. Moderately to vigorously active in PE?						
YES	1	1	1		1	4
NO						0
N/A				1		1
4. Proper/safe equipment to support PE classes?						
YES	1	1	1		1	4
NO						0
5. Additional physical activities offered						
Soccer Club	1					1
Rowing Class				1		1
Intramural Sports				1		1
Athletics		1			1	2
6. Physical activity (PA) breaks in classroom?						
YES, teachers use brain breaks	1	1	1	1	1	5
NO, teachers do not use brain breaks						0
YES, teachers have received training/resources in this area	1	1	1		1	4
NO, teachers have not received training/resources in this area				1		1
7. What resources/trainings are being used for brain breaks?						
Jensen strategies (movement in the classroom)	1		1		1	3
10 min breaks every hour (pool, ping pong, etc.) in common areas				1		1
Professional Development and faculty meetings		1				1
8. Walk/Bike to school initiative?						
YES						0
NO	1	1	1	1	1	5
9. Parents involved in walk/bike initiative?						
YES						0
NO						0
We do not have a walk or bike initiative	1	1	1	1	1	5
<b>Healthy and Fit Advisory Committee</b>						
1. How often meet?						
Not Met						0
1-2 times						0
3-4 times	1	1	1	1	1	5
5-6 times						0
7+						0
2. How many members?						
<3						0
3-5 mem		1				1
6-9 mem	1		1	1	1	4
10+ mem						0
3. Who's on committee?						
Principal	1	1	1	1	1	5
Nurse		1	1	1	1	4
Counselor						0
PE or specials teachers						0
Classroom teachers	1		1	1	1	4
Parents	1	1	1	1	1	5
Students		1	1	1	1	4
Support Staff				1		1
Community Members who are not parents						0
Healthcare professionals					1	1
Cafeteria Manager		1				1

---

6th & 7th	8th	9th	Alt. Ed	High School	Totals
-----------	-----	-----	---------	-------------	--------