# WHEN IS SICK TOO SICK FOR SCHOOL?

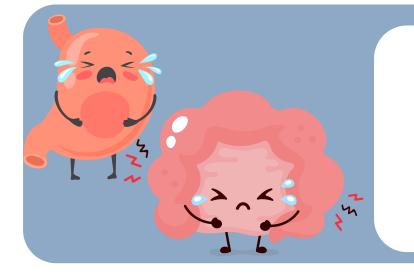
### FEVER - VOMITING - DIARRHEA - PINK EYE

### FEVER

If my temperature goes above 100°F (37.8°C, I need to stay at home. If I haven't taken fever-reducing medication (For example: Motrin, Tylenol) for 24 hours and I am fever free, I can return to school.







### STOMACH SYMPTOMS

If I am throwing up or have diarrhea, I need to stay at home. I can return to school after not experiencing these symptoms for 24 hours without medications to control these symptoms.



Keep me at home if my eye(s) are pink and draining. I can go back to school after the draining has stopped.

### THE EFFECT OF ABSENCES ON SCHOOL PROGRESS

ATTENDANCE MATTERS

Please make every effort to schedule your appointments and activities outside of school hours and on days when school is not in session.

No Absences	5 days Absent	9 days Absent	18 days Absent	27 days Absent	36 days Absent	45 days Absent
180 days of Direct Instruction and Education	175 days of Education	171 days of Education	162 days of Education	153 days of Education	144 days of Education	135 days o Education
100%	97%	<i>95%</i>	90%	85%	80%	75%
Very Good			Truancy Concern		Chronic Truancy	
Best chance to achieve academic and social skills. Sends the message that School Attendance Matters			Less chance of success. Makes it difficult for a student to progress.		A student will find it very difficult to make consistent progress.	

### SEND ME TO SCHOOL IF

...I have the sniffles or a slight, infrequent cough without any other symptoms.

...I have a little headache.

...I have been taking my newly prescribed antibiotics (all types) for at least 24 hours.



...I have a tummyache but there is no vomiting or diarrhea.

## If you have questions about whether or not I am too sick for school, call my school nurse.

While we may not always feel our best, it is important to attend school. Regular attendance is crucial for learning success and personal growth. *Being in school matters!* 



This is a message from St. Mary's County Public Schools.