

## MCS Health Subject Group Overview

Unit Name	Alcohol Drug and Awareness Program (ADAP)	CPR	Safety and Minimizing Risk	Nutrition and Physical Education	Mental Health and Relationships	Alcohol, Tobacco, Vaping and Other Drugs	Community Health
Time Frame	3 Weeks	1 week	3 Weeks	3 Weeks	4 Weeks	3 Weeks	3 weeks
Standards	<a href="#">HEHS.1.e, g, h, l, k</a> <a href="#">HEHS.2.b, c, d, e, g, h</a> <a href="#">HEHS.5.b, c, d, e</a> <a href="#">HEHS.7.c</a> <a href="#">HEHS.8.a,b,c</a> <a href="#">HEHS.5.i</a> <a href="#">HE8.1.w</a> <a href="#">HEHS.1.s</a>	<a href="#">HEHS.1.e, g, h, l, k</a> <a href="#">HEHS. 1. M</a>	<a href="#">HEHS.1.a,b,e,f, i,o,p,q,r</a> <a href="#">HEHS.2.b, c, f</a> <a href="#">HEHS.3.a, d</a> <a href="#">HEHS.4.a, b</a> <a href="#">HEHS.5.b, c, e, f, h</a>	<a href="#">HEHS.1.a, b, c, e, f, g, j, o</a> <a href="#">HEHS.2.d, e, h</a> <a href="#">HEHS.3.a, b, c</a> <a href="#">HEHS.4.c</a> <a href="#">HEHS.5.d, f, g</a> <a href="#">HEHS.6.a, b, c, d</a> <a href="#">HEHS.7.a, b, c</a> <a href="#">HEHS.8.c, d</a>	<a href="#">HEHS.1.b</a> <a href="#">HEHS.2.b,c</a> <a href="#">HEHS.4.a,b</a> <a href="#">HEHS.5.a, c, f</a> <a href="#">HEHS.6.a,b</a> <a href="#">HEHS.7.a,b,c</a>	<a href="#">HEHS.1.e, h</a> <a href="#">HEHS.2.b, c, d, e, f, g, h</a> <a href="#">HEHS.4.c</a> <a href="#">HEHS.5a, b</a> <a href="#">HEHS.8.a</a>	<a href="#">HEHS.1.b</a> <a href="#">HEHS.2.b,c</a> <a href="#">HEHS.4.a,b</a> <a href="#">HEHS.5.a, c, f</a> <a href="#">HEHS.7.a,b,c</a>
Content Specific Information	<p>The Alcohol Drug and Awareness Program (ADAP) is a state mandated program for teenagers who wish to get their Georgia Driver’s License at age 16. The course is provided by the Georgia Department of Driver Services in conjunction with the Governor’s Office of Highway Safety, and serves this purposes: To inform the young people of this state of the dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle; and To emphasize the importance of highways safety and crash prevention. Every teenager who wishes to obtain a Driver’s License must</p>	<p>Health Promotion</p> <p>Disease Prevention</p> <p>Responding to Emergencies</p>	<p>Abstinence, Safe Sex, and Making Informed Decisions</p> <p>Sexually Transmitted Infections, HIV, and AIDS</p> <p>Human Trafficking in the US</p> <p>Sexual Harassment and Sexual Assault</p> <p>Safety and Injury Prevention</p> <p>Conflict Resolution and Decision-Making Skills</p>	<p>Relationship between Nutrition and Health</p> <p>Guidelines for Healthy Eating</p> <p>Nutrition and Health</p> <p>Nutrition and Physical Fitness in your Community</p> <p>Choosing and Preparing Healthy Foods</p> <p>Maintaining a Healthy Body Composition and Body Image</p> <p>Physical Fitness and Health Plan</p> <p>Personal Dietary Plans</p>	<p>Skills for Health Relationships</p> <p>Conflict Resolution and Decision-Making Skills</p> <p>Healthy Family Relationships</p> <p>Understanding Relationships with Peers</p> <p>Healthy Relationships Dating and Marriage</p> <p>The Importance of Mental and Emotional Health</p> <p>Mental and Emotional Problems</p> <p>Stress and Stress Management</p> <p>Grief, Loss, Depression, and Suicide</p>	<p>Alcohol Use and Its Dangers</p> <p>Nicotine, Tobacco, and their Dangers</p> <p>Prescription, Nonprescription, and Illegal Drugs</p> <p>A Substance-Free Lifestyle</p> <p>Health benefits of abstaining from or discontinuing use of alcohol, tobacco, and other drugs.</p> <p>Vaping and Its Dangers</p> <p>Identify strategies for preventing use of tobacco,</p>	<p>Global environmental concerns and how they affect personal health.</p> <p>The dangers of sun exposure and how to protect oneself from them.</p> <p>Public policies, programs, and regulations that promote health and prevent disease.</p> <p>strategies to improve societal and</p>

	complete the Alcohol Drug and Awareness Program.			Healthy Goal Strategies	Bullying	alcohol, and other addictive substances.	environmental conditions that contribute to health.  School and community health services.
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<b>Common Assessments/ Performance Projects</b>	<p>1) Alcohol Drug and Awareness Program Test</p> <p>2) Organ Donation-Fact or Fiction</p> <p>(Students will receive a certificate of completion once they have passed the ADAP test, which will be used to obtain a driver's license.)</p>	<p>1) Warm Up Video- Get Ready for lesson</p> <p>2) Instruction- How to perform life saving procedures</p> <p>3) Summary-Review content Assignment- Match the proper techniques for lifesaving procedures.</p> <p>4) Quiz</p> <p>5) Unit Test</p>	<p>1) Abstinence, Safe Sex, and Making Informed Decisions Quiz</p> <p>2) Sexually Transmitted Infections, HIV, and AIDS Quiz</p> <p>3) Sexual Harassment and Assault Quiz</p> <p>4) Human Trafficking in the US Quiz</p> <p>5) Safety and Injury Prevention Quiz</p> <p>6) Conflict Resolution and Decision-Making Quiz</p>	<p>1) Guidelines for Healthy Eating Quiz</p> <p>2) Nutrition and Health Quiz</p> <p>3) Nutrition and Physical Activity in your Community Quiz</p> <p>4) Choosing and Preparing Healthy Foods Quiz</p> <p>5) Maintaining a Healthy Body Composition and Body Image Quiz</p> <p>6) Physical Fitness and Health Quiz</p> <p>7) Nutrition and Physical Education Unit Test</p>	<p>1) Mental and Emotional Problems Quiz</p> <p>2) Stress and stress management Quiz</p> <p>3) Grief, Loss, Depression, and Suicide Quiz</p> <p>4) Healthy Family Relationships Quiz</p> <p>5) Understanding Relationships with Peers Quiz</p> <p>6) Healthy Relationships: Dating and Marriage Quiz</p> <p>7) Mental Health and Relationships Unit Test</p>	<p>1) Alcohol Use and Its Dangers Quiz</p> <p>2) Nicotine, Tobacco and their Dangers Quiz</p> <p>3) Prescription, Nonprescription and Illegal Drugs Quiz</p> <p>4) A Substance-Free Lifestyle Quiz</p> <p>5) Alcohol, Tobacco, Vaping and Other Drugs Unit Test</p>	<p>1) Warm up</p> <p>2) Instruction- What steps can be taken to solve health and environmental challenges</p> <p>3) Quiz 1 -Health and Safety Health Care in the Community</p> <p>4) Instruction- What role does health care play in a community</p> <p>5) Assignment- How is health care and community related</p> <p>6) Quiz 2- Health and Community</p> <p>7) Instruction- Technology and Health</p> <p>8) Assignment- Recognize the influence of technology on health care.</p> <p>9) Quiz 3- Technology and Health</p> <p>10) Unit Test</p>
<b>Differentiation For Tiered Learners</b>	<p>Marietta City Schools teachers provide specific differentiation of learning experiences for all students. Details for differentiation for learning experiences are included on the district unit planners.</p>						

