

**Union County Educational Services Commission  
Curriculum Mapping- Physical Education**

<b>Unit</b>	<b>Unit 1</b>	<b>Unit 2</b>	<b>Unit 3</b>	<b>Unit 4</b>
<b>Number of Weeks</b>	approx. 11	approx. 11	approx. 11	approx. 7
<b>Topics</b>	1- Fitness 2- Football 3- Soccer 4- Floor Hockey	5- Volleyball 6- Basketball 7- Badminton 8- Team Handball	10- Pickleball/Tennis 11- Diamond Games 12- Golf 13- Project Adventure	14- Lacrosse 15- International Games 16- Cooperative Games
<b>Unit Summaries</b>	<p>1- Fitness: Students will examine, participate in, and improve on their aerobic endurance, strength, flexibility, and stability. Students will be able to discover the overall importance of incorporating regular fitness activities into their daily lives both now and in the future to promote wellness in their lives.</p> <p>2- Football: Students will be able to understand how they can enjoy moving around and being active while gaining the benefits of exercise through the game of flag football. Students will practice common football skills such as passing and</p>	<p>5- Volleyball: Throughout this unit of study, students will experience the promotion of effective movement development and fitness through volleyball skills and game participation. Skill development will include focusing on the development of serving, bumping, setting, volleyball rules, and safety.</p> <p>6- Basketball: Basketball is known as a physical sport that can be used as a lifelong fitness activity. Basketball is a unit where the students will learn how to dribble, pass, shoot, and work as a team toward a common goal. This unit will incorporate shooting drills, dribbling</p>	<p>10- Pickleball/ Tennis: Provides students with the opportunity to develop specialized movement skills and an understanding of pickleball/tennis. They analyze how body control and coordination influence movement composition and performance and learn to transfer movement skills and concepts to a variety of physical activities.</p> <p>11- Diamond Games: Throughout this unit of study, students will experience the promotion of effective movement development and fitness through wiffle ball, kickball, and frisbee baseball. Skill development will include focusing on the development of sport-</p>	<p>14- Lacrosse: Students will be able to understand how to enjoy movement and being active in promoting and improving their personal levels of fitness and overall health by utilizing the benefits of exercise and play. Students will also be prepared with the knowledge and skills required to competently enjoy and participate in the game of lacrosse.</p> <p>15- International Games: Students will learn about sports and activities from the international stage: sports popular in other parts of the world. Rugby, cricket, and jai alai are just a taste of the numerous activities across the globe.</p>

	<p>catching a football, offensive and defensive plays, as well as kicking a football.</p> <p>3- Soccer: Students will learn the skills of passing, trapping, dribbling, and shooting. In this unit, students will be able to understand the positions of the players on the field and how the game of soccer is played. Students will also understand the benefits of exercise while playing in a soccer game.</p> <p>4- Floor Hockey: Floor Hockey is a game of speed and stick-handling capabilities. The students will work toward improved hand-eye coordination and gross motor skills. During the unit of floor hockey students will learn how to pass, dribble, shoot, and play correct offense and defense. The students will also become comfortable with the strategies and</p>	<p>shuttles, passing games, and small-sided games with different strategies and situations.</p> <p>7- Badminton: Provides students with the opportunity to develop specialized movement skills and an understanding of badminton. They analyze how body control and coordination influence movement composition and performance and learn to transfer movement skills and concepts to a variety of physical activities, including Tennis and Pickleball.</p> <p>8- Team Handball: The intention of this unit is to familiarize high school students with the popular world sport of team handball. While it is often confused with the sport called "handball," which is a game similar to racquetball, team handball is a fast-paced game consisting of seven players on each team. Team</p>	<p>specific safety throwing, catching, kicking, pitching, positions, strategies, and application of game rules.</p> <p>12- Golf: Students will gain the skills necessary to competently play a round of golf. The class will provide an opportunity to practice those skills needed to be able to incorporate golf into your lifetime and healthy lifestyle. This will be achieved by addressing the following learning objectives: putting, chipping, hitting with irons and drivers, tactical strategies, scoring, and golf-course etiquette. Safety will be a major issue seeing the students will be using long-handled instruments.</p> <p>13- Project Adventure: PA supports a world in which we all embark on adventures to discover our resiliency, solve problems, and connect more deeply with each other, our</p>	<p>16- Cooperative Games: Students will understand basic skills and cognitive concepts that will enable them to participate in recreational and leisure activities. Physical participation as well as a development of the cognitive process will allow them to be actively involved in various forms of recreational and leisure activities</p>
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	<p>teamwork that is integrated with the unit.</p>	<p>handball players must work together to attack an opponent's goal, while also defending their own. Students will gain insight into the playing area, the rules of the game, specific game skills, and strategies employed both offensively and defensively. The unit will require a variety of skills common to many sports taught prior to this class</p>	<p>purpose, and ourselves. We know that adventure takes many forms. Whatever the nature of the adventure, it takes us out of our comfort zones, sparks our imagination, bonds us to each other, and leads us toward growth. We know that the experience of adventure teaches the adventurer about their innate worth and strength and builds more resilient groups. Adventure can be a tool for social and emotional learning, healing, and connection. PA believes that by providing well-structured opportunities for adventure, we build a stronger, more just, more resilient world.</p>	
<p><b>Standards</b></p>	<ul style="list-style-type: none"> <li>• 2.2.12.MSC.1: Explain and demonstrate ways to apply movement skills from one game, sport, aerobics, or recreational activity to another including striking skills (e.g., tennis, badminton, ping pong, racquetball, pickleball).</li> <li>• 2.2.12.MSC.2: Analyze application of force and motion (e.g., weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.</li> <li>• 2.2.12.MSC.3: Design, lead and critique rhythmic and physical activity that includes variations in time, space, force, flow, and relationships (e.g., creative, cultural, social, aerobics dance, fitness).</li> <li>• 2.2.12.MSC.4: Analyze etiquette, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance, participation, and behavior.</li> <li>• 2.2.12.MSC.5: Develop rule changes to existing games, sports, and activities that enhance participation, safety, and enjoyment.</li> </ul>			

	<ul style="list-style-type: none"> <li>• 2.2.12.PF.1: Compare the short- and long-term benefits of physical activity and the impact on wellness associated with physical, mental, emotional fitness through one's lifetime.</li> <li>• 2.2.12.PF.2: Respect and appreciate all levels of ability and encourage with care during all physical activities.</li> <li>• 2.2.12.PF.3: Design and implement a personal fitness plan, using evidence and evaluate how that reflects knowledge and application of fitness-training principles (FITT) and the components of skill related fitness.</li> <li>• 2.2.12.PF.4: Determine the role of genetics, age, nutrition, sleep, the environment, and exercise type on body composition and personal health (e.g., anabolic steroids, human growth hormones, stimulants).</li> <li>• 2.2.12.PF.5: Analyze fitness knowledge in strength, conditioning, agility, and the physiological responses of the energy systems effects on the mind and body before, during, and after physical fitness activities.</li> <li>• 2.2.12.LF.1: Apply and share a movement and physical fitness vocabulary that is intrinsic to motivate oneself, to impact family, and others in a community.</li> <li>• 2.2.12.LF.2: Develop a sense of openness and willingness when participating in physical fitness activity to share and learn experiences from your own and other cultures.</li> <li>• 2.2.12.LF.3: Examine building to a level of fitness to successfully participate in a range of different physical activities during a lifetime.</li> <li>• 2.2.12.LF.4: Exhibit responsible social behavior by including and cooperating with classmates of all skill levels, assisting when needed, and collaborating respectfully to solve problems in groups, teams, and in pairs during physical activity.</li> <li>• 2.2.12.LF.5: Describe the social benefits gained from participating in physical activity (e.g., meeting someone, making friends, team work, building trust, experiencing something new).</li> <li>• 2.2.12.LF.6: Implement a financial plan for participation in physical activity in the community for self and family members.</li> <li>• 2.2.12.LF.7: Analyze the current and future impact of globalization and technology on the influences of participation in sports, games, physical fitness activities, dance, gaming, outdoor adventure, viewing sports, and social and emotional connections.</li> <li>• 2.2.12.LF.8: Identify personal and community resources to explore career options related to physical activity and health.</li> </ul>		
<b>Modifications</b>	<ul style="list-style-type: none"> <li>*Demonstrate/Model Activity</li> <li>*Partner Assisted</li> <li>*No Time Limits</li> <li>*Oral Prompts</li> <li>*More Space</li> </ul>	<ul style="list-style-type: none"> <li>*Provide Frequent Breaks</li> <li>*Slow the Activity</li> <li>*Simplify Patterns</li> <li>*Well Defined Boundaries</li> <li>*Modify Size of Equipment</li> </ul>	<ul style="list-style-type: none"> <li>*Reduce Number of Participants</li> <li>*Allow Balls to be Stationary</li> <li>*Use Variety Sizes, Weights, and Densities</li> <li>*Provide Balance Support</li> </ul>

<p><b>Inclusion for Diversity</b></p>	<p> <a href="#">*EDI/Social Justice/SEL With The New York Times</a>     <a href="#">*Understanding LGBTQ+ In PE</a>     <a href="#">*Resources for Teaching About Race and Racism</a>  <a href="#">*Learning &amp; Unlearning (Race &amp; Racism 2020) Resources</a>     <a href="#">*Physical Education: Transgender Inclusion</a>  <a href="#">*Physical Activity for Students With Special Needs - Action for Healthy Kids</a>     <a href="#">*7 Ways to Include a Student with Special Needs in Physical Education - Friendship Circle</a>  <a href="#">*Physical Education Adaptations for Students with Disabilities</a>     <a href="#">*Special Olympics</a>     <a href="#">*Special Olympics New Jersey</a>  <a href="#">*Multicultural Education in the US: Current Issues and Suggestions for Practical Implementations</a>     <a href="#">*Accommodating Diverse Students in Physical Education Class</a>  <a href="#">*Practicing Culturally Responsive Pedagogy in Physical Education</a> </p>			
<p><b>Skills</b></p>	<p>1- Fitness:</p> <ul style="list-style-type: none"> <li>*Know and understand the five components of health-related physical fitness.</li> <li>*Develop an individual fitness plan.</li> <li>*Know how to measure heart rate and utilize a heart rate monitor.</li> <li>*Know how to safely use various exercises that help develop the five components of health-related fitness.</li> <li>*Analyze and compare health, skill, and fitness benefits derived from a variety of sports and lifetime activities.</li> </ul>	<p>5- Volleyball:</p> <ul style="list-style-type: none"> <li>*Perform fundamental skills such as bumping, setting, serving, and blocking.</li> <li>*Understand and implement basic offensive and defensive techniques, both as a team and as individuals.</li> <li>*Implement basic offensive and defensive positions on the court.</li> <li>*Implement basic scoring principles, rotation procedures, rules and regulations, safety concerns and understand the penalties for violations of these rules.</li> </ul>	<p>10- Pickleball/Tennis:</p> <ul style="list-style-type: none"> <li>*Demonstrate the scoring system and the correct terminology of the games of tennis and pickleball.</li> <li>*Perform fundamental skills such as the grip on a racquet, serve, volley, backhand, and forehand swinging movements.</li> <li>*Understand and implement basic offensive and defensive techniques, both as a team and as an individual.</li> <li>*Identify potential risks and dangers associated with physical activity and describe how to minimize these risks.</li> </ul>	<p>14- Lacrosse:</p> <ul style="list-style-type: none"> <li>*Demonstrate the following skills: groundball/scoop, cradle, catch, throw, dodging, and positions in practice/game situations.</li> <li>*Participate actively in all practice and game situations.</li> <li>*Apply skills learned to small-game offense and defense situations.</li> <li>*Knowledge on how to properly and safely use the equipment.</li> </ul>

	<p>*Use proper etiquette in the weight room and respect fellow students while participating in various fitness activities.</p> <p>*Analyze present fitness levels as compared to the recommended fitness level.</p> <p>*Describe the relationship between nutrition, exercise, and body composition.</p> <p>*Analyze present individual fitness levels to create a long-term fitness plan that meets current and future needs necessary for the maintenance of health and fitness.</p> <p>2- Football: *Perform fundamental skills such as catching, passing, running, and kicking.</p> <p>*Understand and implement basic offensive and defensive strategies,</p>	<p>*Understand the dimensions of the playing court, boundaries, and other areas of importance.</p> <p>*Identify potential risks and dangers associated with physical activity and describe how to minimize these risks.</p> <p>*Understand the importance of physical conditioning and its relationship to participation in the sport of volleyball.</p> <p>6- Basketball: *Facilitate the learning of the rules, playing regulations, and boundaries in the sport of basketball.</p> <p>*Understand the different player positions on the court.</p> <p>*Dribble a basketball correctly using both hands in a stationary position as well as while moving across the court with</p>	<p>*Implement basic scoring principles, rules and regulations, safety concerns and understand the penalties for violations of these rules in the games of tennis and pickleball.</p> <p>*Understand the dimensions of the playing court, boundaries, and other areas of importance.</p> <p>*Analyze and evaluate other individuals, and be able to provide positive and corrective feedback.</p> <p>*Understand the importance of physical conditioning and its relationship to participation in the sports of tennis and pickleball.</p> <p>*To acquire the skills necessary to play the games of tennis and pickleball with enjoyment, satisfaction, and safety.</p> <p>11- Diamond Games:</p>	<p>*Describe the equipment used to play lacrosse.</p> <p>*State the historical aspects of the game.</p> <p>*Recognize and apply rules, regulations, and etiquette specific to movement concepts and themes.</p> <p>*Explore continuing opportunities related to the game with peers and teachers.</p> <p>*Exhibit responsible behavior for safety concerns during all gameplay and tournaments.</p> <p>*Demonstrate cooperation and utilize good sportsmanship in order to promote teamwork.</p> <p>15- International Games: Rugby</p>
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	<p>both as a team and as individuals.</p> <p>*Implement basic offensive and defensive positions and formations.</p> <p>*Implement basic scoring principles, and rules and understand the penalties for violations of these rules.</p> <p>*Understand the dimensions of the playing field, boundaries, and other areas of importance.</p> <p>*Identify potential risks and dangers associated with physical activity and describe how to minimize these risks.</p> <p>*Understand the importance of physical conditioning and its relationship to participation in the sport of football.</p> <p>3- Soccer: *Demonstrate proper kicking technique and</p>	<p>proper head and body position.</p> <p>*Demonstrate the three types of passes used in basketball (ex. chest, bounce, overhead passes).</p> <p>*Use proper form shooting from a stationary position.</p> <p>*Demonstrate the understanding of the three basic shots in basketball: lay-up, foul shot, and jump shot</p> <p>*Demonstrate the proper defensive stance and position used in a variety of defenses.</p> <p>*Understand the differences between the different types of defenses used in the game of basketball (ex. zones and man-to-man).</p> <p>*Develop the inclusion of lead-up games and activities for the game of basketball.</p>	<p>*Knowledge of how to properly and safely use the equipment.</p> <p>*Proper form and execution of baseball/softball skills such as throwing and catching, hitting, baserunning, fielding, and pitching.</p> <p>*Compare and contrast the differences between baseball, fast-pitch softball, slow-pitch softball, and wiffleball.</p> <p>*Deconstructing the mechanics of a baseball/softball swing.</p> <p>*Implement basic scoring principles, and rules and understand the penalties for violations of these rules.</p> <p>*Understand and describe the dimensions, boundaries, and other areas of importance.</p> <p>*Breaking down and executing the 9 different</p>	<p>*Explain the safety rules of rugby.</p> <p>*Know the terminology and basic strategies associated with the game of rugby.</p> <p>*Effectively move safely through space while actively participating.</p> <p>*Demonstrate an understanding of movement concepts and the use of motor skills.</p> <p>*Learn and practice good sportsmanship and teamwork.</p> <p>*Pass the ball to a target using the proper technique of an underhand spin pass</p> <p>*Explain and demonstrate the concept of passing backward.</p> <p>*Score a “try” in a marked area.</p> <p>*Develop an ability to play the rugby ball off the</p>
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	<p>control with a soccer ball in a group setting while keeping the ball below the waist level.</p> <p>*Demonstrate proper kicking technique and control with a soccer ball while lofting it into the air.</p> <p>*Demonstrate proper short and long passing technique to a partner and teammates.</p> <p>*Demonstrate proper trapping technique in order to regain control of the ball.</p> <p>*Demonstrate proper technique when heading the ball into the goal or to a teammate.</p> <p>*Cooperate with each other and work in a group setting while learning/practicing soccer skills and proper technique.</p> <p>*Work in modified teams while practicing soccer</p>	<p>*Develop etiquette, scoring, and sportsmanship in a regulation game and tournament play.</p> <p>7- Badminton: *Demonstrate various skill cues, rules, and strategies in a modified game setting.</p> <p>*Play with self-control and fair play behaviors such as recognizing and respecting classroom and school rules.</p> <p>*Demonstrate badminton skills such as the clear, drop shot, and serving.</p> <p>*Knowledge of how to properly and safely use the equipment.</p> <p>*Prevent and resolve conflict appropriately without teacher intervention, and respect other's skill levels.</p>	<p>positions of the playing field.</p> <p>*Identify potential risks and dangers associated with physical activity and describe how to minimize these risks.</p> <p>*Understand the importance of physical conditioning, life-long health, and its relationship to participation in the sport of baseball/softball</p> <p>12- Golf: *Demonstrate correct swing techniques for all the types of shots used during a game of golf (approach, chip, drive, irons, putts, and sand shots).</p> <p>*Understand and explain the rules and scoring in golf.</p> <p>*Demonstrate and understand common golf terminology.</p>	<p>ground and to kick a rugby ball.</p> <p>Cricket *Explain the safety rules of rugby.</p> <p>*Throw a ball accurately and catch a ball at a variety of heights correctly, safely, and consistently.</p> <p>*Understand how to field securely and create an effective barrier.</p> <p>*Grip the bat effectively, adopt a good batting stance, and hit with consistency and control.</p> <p>*Hit a forward defensive shot and a forward drive shot with consistency and control.</p> <p>*Understand the need to attack and defend as a batter.</p> <p>Jai Alai *Explain the rules and regulations of the game of jai alai.</p>
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	<p>skills and proper technique during a facilitated game.</p> <p>*Recite the basic rules of a soccer game.</p> <p>*Demonstrate basic knowledge of soccer field dimensions and recognize the following areas on the field: center circle, center line, goal line, and corner arc.</p> <p>*Understand the importance of physical conditioning and its relationship to participation in the sport of soccer.</p> <p>4- Floor Hockey: *Properly and safely use the equipment.</p> <p>*Know and understand the rules and strategy for hockey. *Proper form and execution of hockey skills such as passing, puck-handling, shooting, and individual and team</p>	<p>*Demonstrate consistent application of skills and strategy during a modified game setting.</p> <p>*Recognize and apply rules, regulations, and etiquette specific to movement concepts and themes</p> <p>8- Team Handball: *Explain the safety rules of handball.</p> <p>*Effectively move safely through space while actively participating.</p> <p>*Demonstrate an understanding of movement concepts and the use of motor skills.</p> <p>*Learn and practice good sportsmanship and teamwork.</p> <p>*Demonstrate an understanding and respect for themselves, each other, equipment, and the rules of the game.</p>	<p>*Analyze the cause and effect factors that influence ball flight.</p> <p>*Demonstrate pre- and in-swing fundamentals of the short and long game.</p> <p>*Demonstrate pre- and in-swing fundamentals of putting.</p> <p>*Display proper gripping for each shot type.</p> <p>*Explain the difference between a chip shot and a pitch shot.</p> <p>*Provide positive pointers and cues to other students after any mistakes they are displaying with each shot.</p> <p>*Cooperate with the teacher by not swinging clubs inappropriately at any time during the class period.</p> <p>13- Project Adventure: * Demonstrate an understanding of</p>	<p>*Explain the equipment needed to participate in jai alai.</p> <p>*Understand the dimensions of the playing court, boundaries, and other areas of importance.</p> <p>16- Cooperative Games: * Demonstrate an understanding of movement concepts and the use of motor skills.</p> <p>*Effectively move safely through space while actively participating.</p> <p>*Demonstrate responsible personal and social behavior.</p> <p>*Demonstrate the ability to use effective interpersonal skills.</p> <p>*Demonstrate the ability to use decision-making skills of appropriate goal-setting, risk-taking, and problem-solving.</p>
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	<p>offensive and defensive skills.</p> <p>*Understand the different positions on the ice and the importance of each one.</p> <p>*Demonstrate proper goaltending skills.</p> <p>*Demonstrate proper movement skills while performing different kinds of shots.</p> <p>*Implement basic scoring principles, and rules and understand the penalties for violations of these rules.</p> <p>*Strategize and game plan for certain hockey situations.</p>	<p>*Explain and demonstrate the transition of handball skills from a drill into a speedball game.</p> <p>*Discuss how the principles of force and motion impact the quality of each handball skill.</p> <p>*Understand how energy and flow add to a more effective and efficient handball game.</p> <p>*Assess the effectiveness of specific mental strategies applied to improve performance.</p> <p>*Demonstrate how to increase ball and body control when performing handball skills.</p> <p>*Indicate ways to modify handball skills in response to dynamic and interactive environments.</p> <p>*Analyze how handball skills and games allow for teamwork.</p>	<p>movement concepts and the use of motor skills.</p> <p>*Effectively move safely through space while actively participating.</p> <p>*Demonstrate responsible personal and social behavior.</p> <p>*Demonstrate the ability to use effective interpersonal skills.</p> <p>*Demonstrate the ability to use decision-making skills of appropriate goal-setting, risk-taking, and problem-solving.</p> <p>*Understand that challenge, enjoyment, creativity, self-expression, and social interaction are important, life-enhancing experiences and are found in recreational activities.</p> <p>*Demonstrate an understanding and respect for differences.</p>	<p>*Understand that challenge, enjoyment, creativity, self-expression, and social interaction are important, life-enhancing experiences and are found in recreational activities.</p> <p>*Demonstrate an understanding and respect for differences.</p> <p>*Demonstrate the ability to use effective positive interpersonal skills (patience, accepting different ideas, resolving differences of opinion).</p> <p>*Practice and improve communication skills (speaking clearly, identifying problems, sequencing steps or actions to take, listening, etc.)</p>
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		<p>*Demonstrate the use of offensive, defensive, and cooperative strategies in handball.</p>	<p>*Demonstrate the ability to use effective positive interpersonal skills (patience, accepting different ideas, resolving differences of opinion).</p> <p>*Practice and improve communication skills (speaking clearly, identifying problems, sequencing steps or actions to take, listening, etc.)</p>	
<b>Reliable/ Suggested Materials</b>	<p>1- Fitness:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a>  <a href="#">*njahperd</a>  <a href="#">*Shape America</a>  <a href="#">*the Online Physical Education Network.</a>  <a href="#">*Webinar Recordings - SPARK PE</a>  <a href="#">*SHAPE America Teacher Toolbox Physical Activity Calendars</a>  <a href="#">*The National Foundation for Governors' Fitness Councils</a>  <a href="#">*Human Biodigital</a>  <a href="#">*Calm Schools Initiative</a></p>	<p>5- Volleyball:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a>  <a href="#">*njahperd</a>  <a href="#">*Shape America</a>  <a href="#">*the Online Physical Education Network.</a>  <a href="#">*Webinar Recordings - SPARK PE</a>  <a href="#">*SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>6- Basketball:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a></p>	<p>10- Pickleball/Tennis:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a>  <a href="#">*njahperd</a>  <a href="#">*Shape America</a>  <a href="#">*the Online Physical Education Network.</a>  <a href="#">*Webinar Recordings - SPARK PE</a>  <a href="#">*SHAPE America Teacher Toolbox Physical Activity Calendars</a>  <a href="#">*The Rules of Pickleball - EXPLAINED!</a>  <a href="#">*The Rules of Tennis - EXPLAINED!</a></p>	<p>14- Lacrosse:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a>  <a href="#">*njahperd</a>  <a href="#">*Shape America</a>  <a href="#">*the Online Physical Education Network.</a>  <a href="#">*Webinar Recordings - SPARK PE</a>  <a href="#">*SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>15- International Games:  <a href="#">*Physical Education / SEL Crosswalk</a>  <a href="#">*CBHPE</a></p>

	<p>*<a href="#">Darebee Workouts</a></p> <p>2- Football:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>*<a href="#">Flag Football Unit Table of Contents</a></p> <p>*<a href="#">Flag Football Unit Plan</a></p> <p>*<a href="#">Flag Football Unit Plan</a></p> <p>*<a href="#">Football Passing Task Assessment</a></p> <p>*<a href="#">Football Activities for Physical Education - S&amp;S Blog</a></p> <p>3- Soccer:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p>	<p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>*<a href="#">A Productive Change to Your Warm-Up Routine</a></p> <p>*<a href="#">50 Basketball Dribbling Drills (Develop an Amazing Handle)</a></p> <p>7- Badminton:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>*<a href="#">The Rules of Badminton - EXPLAINED!</a></p> <p>8- Team Handball:</p>	<p>11- Diamond Games:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>*<a href="#">Baseball: 2008 MLB div's « billsportsmaps.com</a></p> <p>*<a href="#">The Rules of Softball - EXPLAINED!</a></p> <p>12- Golf:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p>	<p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>*<a href="#">Baseball vs Cricket - Which sport is better?</a></p> <p> </p> <p>*<a href="#">The Rules of Jai Alai - (Cesta Punta) - EXPLAINED!</a></p> <p>*<a href="#">The Rules of Rugby Sevens (Rugby 7's) - EXPLAINED!</a></p> <p>*<a href="#">The Rules of Cricket - EXPLAINED!</a></p> <p>16- Cooperative Games:</p> <p>*<a href="#">Physical Education / SEL Crosswalk</a></p> <p>*<a href="#">CBHPE</a></p> <p>*<a href="#">njahperd</a></p> <p>*<a href="#">Shape America</a></p> <p>*<a href="#">the Online Physical Education Network.</a></p> <p>*<a href="#">Webinar Recordings - SPARK PE</a></p> <p>*<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p>
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	<p>*<a href="#">Webinar Recordings - SPARK PE</a>  *<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p> <p>4- Floor Hockey:  *<a href="#">Physical Education / SEL Crosswalk</a>  *<a href="#">CBHPE</a>  *<a href="#">njahperd</a>  *<a href="#">Shape America</a>  *<a href="#">the Online Physical Education Network.</a>  *<a href="#">Webinar Recordings - SPARK PE</a>  *<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p>	<p>*<a href="#">Physical Education / SEL Crosswalk</a>  *<a href="#">CBHPE</a>  *<a href="#">njahperd</a>  *<a href="#">Shape America</a>  *<a href="#">the Online Physical Education Network.</a>  *<a href="#">Webinar Recordings - SPARK PE</a>  *<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p>	<p>*<a href="#">The Rules of Golf - EXPLAINED!</a></p> <p>13- Project Adventure:  *<a href="#">Physical Education / SEL Crosswalk</a>  *<a href="#">CBHPE</a>  *<a href="#">njahperd</a>  *<a href="#">Shape America</a>  *<a href="#">the Online Physical Education Network.</a>  *<a href="#">Webinar Recordings - SPARK PE</a>  *<a href="#">SHAPE America Teacher Toolbox Physical Activity Calendars</a></p>	<p>*<a href="#">The Rules of Cornhole - EXPLAINED!</a></p>
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