



**LICENSED MENTAL HEALTH THERAPIST  
GRANT FUNDED**

Board Revision Date: 08/21/24

**BRIEF DESCRIPTION OF POSITION**

The Licensed Mental Health Therapist plays a pivotal role in supporting the social and emotional well-being of our high school students. Under the direction of the Director of Wellness and Inclusion, the Licensed Mental Health Therapist provides direct counseling services, collaborates with school staff, families, and community resources, and contributes to the development and implementation of programs aimed at promoting mental health and wellness within the school community.

**ESSENTIAL DUTIES AND RESPONSIBILITIES**

1. Provide individual and group counseling services to high school students to address a variety of social, emotional, and behavioral concerns.
2. Conduct comprehensive assessments to evaluate students' strengths, needs, and risk factors.
3. Develop and implement evidence-based interventions and treatment plans tailored to meet the unique needs of each student.
4. Collaborate with school administrators, teachers, and support staff to identify students in need of intervention and develop strategies for support.
5. Consult with parents/guardians regarding their child's progress and collaborate with them to develop effective strategies for support at home.
6. Serve as a resource for school personnel on issues related to mental health, behavior management, and crisis intervention.
7. Participate in multidisciplinary team meetings to coordinate services and supports for students with complex needs.
8. Provide crisis intervention services as needed, including risk assessment, safety planning, and referrals to appropriate community resources.
9. Maintain accurate and confidential records of all counseling sessions, assessments, and interventions in accordance with professional standards and legal requirements.
10. Stay current on best practices, research findings, and trends in the field of school-based mental health and social work.

**KNOWLEDGE AND ABILITIES**

Knowledge of:

- Strong knowledge of adolescent development, mental health disorders, and evidence-based interventions.

Ability To:

- Provide excellent communication and interpersonal skills, with the ability to collaborate effectively with students, families, school staff, and community partners.
- Work independently and as part of a team in a fast-paced environment.
- Maintain ethical standards and confidentiality in all aspects of the job.
- Be flexible and to adapt to the changing needs of students and the school community.
- Use computer software proficiently for documentation and record-keeping purposes.

## REQUIREMENTS

<b>WORK YEAR:</b>	Certificated Counselor Calendar, 193-Day Work Year Evening hours (required)
<b>EDUCATION:</b>	Master's degree in Social Work (required)
<b>LICENSES AND OTHER REQUIREMENTS:</b>	<ul style="list-style-type: none"><li>• Pupil Personnel Services Credential (required)</li><li>• Valid California Driver's License (required)</li><li>• Valid California License: License Clinical Social Work (LCSW) License, or Licensed Marriage and Family Therapist (LMFT), or Licensed Professional Clinical Counselor (LPCC) (required)</li><li>• Certification in additional therapeutic modalities such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), or Trauma-Informed Care. (preferred)</li><li>• Bilingual proficiency in Spanish (strongly preferred)</li></ul>
<b>EXPERIENCE:</b>	<ul style="list-style-type: none"><li>• Experience working with diverse student populations, including students from low-income backgrounds, students with disabilities, and students from culturally and linguistically diverse backgrounds preferred</li><li>• Experience facilitating psychoeducational groups and workshops for students, parents, and school staff. (required)</li></ul>
<b>SALARY:</b>	Counselor Salary Schedule
<b>BENEFITS:</b>	Medical, dental vision and life insurance (employee contribution)
<b>PHYSICAL CHARACTERISTICS:</b>	Must be able to bend, stoop, reach, lift and stand for prolonged periods; see to read fine print; depth perception to file; use hands and fingers to operate office equipment; speak clearly; and hear well enough to communicate effectively in person and on the telephone to be able to perform all tasks.
<b>WORKING CONDITIONS:</b>	Office and school environment. May be subject to constant interruptions. Subject to occasional noise from computer operation, and visual exposure to computer screens.