

Liberty Common School Physical Education (K-6) Curriculum Map

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	August	September	October	November	December	January	February	March	April	May
K	PE Intro: Rules, Routines, Cooperatives	Movement Concepts: Locomotive Patterns, Directions, Spatial Awareness; Hand-eye coordination: Activities with bean bags	Movement Concepts: Levels, Pathways; Skills and Games: Basketball—Dribbling and shooting	Scarf Juggling and volleying with body and paddles	Parachute Activities and seasonal games Jump Rope skills	Intro to Skills: Jumping and Landing; Distance and Height Human body- Terms from CK curriculum	Skills: Rolling, Throwing, and Catching Games Tennis unit	Striking: Pillow Polo; Kicking/ Dribbling	Dribbling with Hands; Olympic Day Prep	Olympic Day Prep.
1	PE Intro: Rules, Routines, Name Games, and Cooperatives	Review: Locomotion and Pathways; Volleying with the body; Underhand tossing/Bowling	Basketball: Dribble, Pass, and Shoot; Small sided Basketball Games	Rolling/Throwing and Catching; Games for Throwing and Catching	Kicking/Dribbling; Human Body Terms	Parachute Activities and seasonal games; Jump Rope skills	Striking with Paddles: Skills/Routine Cup Stacking Relays Tennis unit	Tennis, Pillow Polo	Whiffle Jug ball; Skills and Games in Review; Olympic Day Prep	Olympic Day Prep.
2	PE Intro: Rules, Routines, Name Games, and Cooperatives	Review: Locomotion and Pathways; Volleyball Skills and Games: Bump and Serve	Basketball: Dribble, Pass, and Shoot; Small sided Basketball Games	Rolling/Throwing and Catching; Games for Throwing and Catching Speedball	Soccer: Kicking, Dribbling, Throw-ins	Parachute Activities and seasonal games; Jump Rope skills	Striking with Paddles: Skills/Routine; Cup Stacking Relays; Tennis unit; Human body—Terms from CK curriculum	Tennis Pillow Polo; Bowling	Whiffle Jug ball; Skills and Games in Review; Olympic Day Prep	Olympic Day Prep.
3	PE Intro: Rules, Routines, Name Games, and Cooperatives	Volleyball Skills and Games: Bump, Set and Serve	Basketball: Dribble, Pass, and Shoot; Tournament Play Human body- Terms from CK curriculum	Throwing and Catching w/Partner; Games for Throwing and Catching	Soccer: Kicking, Dribbling Throw-ins	Parachute Activities and seasonal games Jump Rope skills	Striking with Paddles: Skills/Routine; Cup Stacking Relays	Pillow Polo Lacrosse	Skills and Games in Review; Olympic Day Prep; Tennis unit	Olympic Day Prep.
4	Introduction, Expectations, Rules, Grading, Name Games & Cooperatives	Fitness Games; Throwing and Catching Games; Punt, Pass, Kick Skills Practice, Games & Testing	Liberty Presidential Fitness Challenge; Soccer—Skills/Games	Soccer Skills/Games; Tennis—Skills and Game Play	Tennis—Skills and Game Play ; Games	Cardio Games; Speed Stacking; Bowling Skills/Scoring/Game Play; Basketball - Skills	Basketball—Skills/ Games; Volleyball—Skills and Games	Intro. to Fitness Concepts/Workouts; Track & Field Intro & Events Practice	Track & Field Testing— In-School Meet With Qualification For City Track Meet; Floor Hockey—Skills and Games	Jump rope - Skills & Fitness; City Track Meet; Crazy Kickball; Olympic Day Prep; Games
5	Introduction, Expectations, Rules, Grading & Cooperatives	Fitness Games; Throwing and Catching Games; Punt, Pass, Kick Skills Practice, Games & Testing	Liberty Presidential Fitness Challenge; Soccer—Skills/Games	Soccer Skills/Games; Tennis—Skills and Game Play	Tennis—Skills and Game Play ; Games	Cardio Games; Lacrosse—Skills/Games; Basketball - Skills	Basketball Games; Volleyball—Skills and Games	Volleyball—Skills and Games; Track & Field— Intro & Events Practice; Track & Field—Fitness Workouts	Track & Field Testing— In-School Meet With Qualification For City Track Meet; Floor Hockey —Skills and Tourney	City Track Meet; Crazy Kickball; Olympic Day Prep; Speed Stacking Games
6	Introduction, Expectations, Rules, Grading & Cooperatives	Fitness Games; Throwing and Catching Games; Punt, Pass, Kick Skills Practice, Games & Testing	Liberty Presidential Fitness Challenge; Soccer— Skills/Games/Tournament	Soccer Skills/Games; Tennis—Skills and Game Play	Tennis—Skills and Game Play ; Games	Cardio Games; Team Handball—Skills & Tourney; Basketball— Skills	Basketball Tourney; Volleyball—Skills, Games and Tourney	Volleyball—Tourney; Speedball—Tourney; Baseball/Softball—Skills & Tourney	Track & Field—Events Practice and Events Selection; Track & Field—"Meet"	Floor Hockey—Skills & Tourney; Ultimate Frisbee—Game Play; Olympic Day Prep; Games