

September



VENDED MEALS 2024

Selection of Fruit and Milk Offered Daily.

M 2

LABOR DAY

NO SCHOOL

T BREAKFAST 3
Blueberry Belgian Waffle, Cheese Stick, Cereal

LUNCH
🐟 Honey Chipotle Fish
🌿 Black Bean Burger,
Roasted Turkey & Cheddar on Flatbread
Served with Mixed Vegetables

W BREAKFAST 4
Banana Mini Loaf, 🍷 Yogurt Cup, Cereal

LUNCH
Chicken & Waffles,
🌿 Baked Soy Nuggets & Waffles,
Smoked Turkey & Cheddar on Pullman
Served with Diced Seasoned Potatoes

T BREAKFAST 5
French Toast Sticks, Hard Boiled Egg, Cereal

#MNTHURS LUNCH
🍷 Turkey Dog on a bun
🌿 Cheddar Chickpea Pack
Served with Corn on the Cob

F 6

BREAKFAST
Mini Maple Pancake, Cheese Stick, Cereal

LUNCH
🌿 Cheese Pizza
Bologna & Cheddar on Bun

M 9

BREAKFAST
Blueberry Pomegranate Bar, 🍷 Yogurt Cup, Cereal

LUNCH
Chicken Alfredo & Penne,
🌿 Alfredo Pasta
🌿 Bagel Yogurt Pack

T BREAKFAST 10
Maple Butter Belgian Waffle, Cheese Stick, Cereal

LUNCH
Chicken Fried Rice,
🌿 Tofu Fried Rice
Roasted Turkey & Cheddar on Flatbread

W BREAKFAST 11
🍷 Yogurt Cup, French Toast Mini Loaf, Cereal

LUNCH
BBQ Meatballs,
🌿 Soy Nuggets,
Smoked Turkey & Cheddar on Pullman
Served with Mac & Cheese, Dinner Roll, Green Beans

T BREAKFAST 12
Bagel with Cream Cheese, Hard Boiled Egg, Cereal

LUNCH
🌿 Bean & Cheese Burrito
🌿 Cheddar Chickpea Pack
Served with Squash Bake

F BREAKFAST 13
Aebleskiver, Cheese Stick, Cereal

LUNCH
🌿 Grilled Cheese Sandwich,
🌿 Tomato Soup
Bologna & Cheddar on Bun

M BREAKFAST 16
Chocolate Cherry Bar, 🍷 Yogurt Cup, Cereal

LUNCH
🌿 Cheese Omelet, Pancakes
🌿 Bagel Yogurt Pack
Served with Breakfast Potatoes

T BREAKFAST 17
Blueberry Belgian Waffle, Cheese Stick, Cereal

LUNCH
Beef Cheeseburger,
🌿 Black Bean Burger,
Roasted Turkey & Cheddar on Flatbread
Served with Seasoned Corn

W BREAKFAST 18
Banana Mini Loaf, 🍷 Yogurt Cup, Cereal

LUNCH
BBQ Chicken Nuggets,
🌿 BBQ Soy Nuggets
Smoked Turkey & Cheddar on Pullman
Served with Baked Beans, Dinner Roll

T BREAKFAST 19
French Toast Sticks, Hard Boiled Egg, Cereal

LUNCH
Beef Nacho Grande,
🌿 Bean Nachos
Cheddar Chickpea Pack
Served with Seasoned Pinto Beans

F BREAKFAST 20
Mini Maple Pancake, Cheese Stick, Cereal

LUNCH
🌿 Cheese Pizza
Bologna & Cheddar on Bun

M BREAKFAST 23
Blueberry Pomegranate Bar, 🍷 Yogurt Cup, Cereal

LUNCH
Beef Tacos
🌿 Vegetable Crumble
🌿 Bagel Yogurt Pack
Served with Pinto Beans

T BREAKFAST 24
Maple Butter Belgian Waffle, Cheese Stick, Cereal

LUNCH
Sweet & Sour Chicken,
🌿 Sweet & Sour Tofu,
Roasted Turkey & Cheddar on Flatbread
Served with Brown Rice, Green Beans

W BREAKFAST 25
🍷 Yogurt Cup, French Toast Mini Loaf, Cereal

LUNCH
Meatballs with Marinara & Penne, 🌿 Italian Vegetable Crumble Pasta Bake
Smoked Turkey & Cheddar on Pullman
Served with Diced Potatoes, Dinner Roll

T BREAKFAST 26
Bagel with Cream Cheese, Hard Boiled Egg, Cereal

LUNCH
Baked Herb Chicken
🌿 Baked Herbed Soy Nuggets
🌿 Cheddar Chickpea Pack
Served with Country Blend Vegetables

F BREAKFAST 27
Aebleskiver, Cheese Stick, Cereal

LUNCH
Beef Hot Dog,
🌿 Black Bean Burger,
Bologna & Cheddar on Bun
Served with Potato Wedges

M 30

BREAKFAST
Chocolate Cherry Bar, 🍷 Yogurt Cup, Cereal

LUNCH
🌿 Bean & Cheese Pupusa Calabacitas
🌿 Bagel Yogurt Pack
Served with Curtido

 **WE DO NOT SERVE PORK HERE.**
No servimos cerdo aqui.
Waxaan halkan kuma adeegi doofaarka.
Peb tsis pab nqaij npuas no.

Know Your Food 🍷 Local Business 🌿 Meatless Option
🍷 Farm to School 🐟 Contains Fish



Due to supply chain and distribution issues impacting our district and the world, our menu is subject to change. Keep this in mind when reviewing our printed and on-line menus. For the most up to date information, visit mps.schools.org/menus.