



NOTES FROM YOUR SCHOOL NURSE
LILY ADAMS-CUSTER, RN, BSN

Welcome to a new and wonderful year at Edgerton Elementary! I am thankful for the opportunity to serve you and your student(s) this year. Here are a few reminders and healthful hints from your school nurse!

INDIVIDUALIZED HEALTH CARE PLAN:

If your child has a medical concern or needs that we need to know about, please contact me either by email or phone (see below) so we can create an Individualized Classroom Health Care Plan. Even though we may have your child's medical records on file, it is the parent's responsibility to notify us of any student's individual needs.

The school staff is able to provide the best possible services and enhance each student's school day when we know about health issues/concerns that might impact learning, attendance, and participation in activities.

IMMUNIZATIONS:

Montana State Law requires that we have current immunization records on each student. Any student who does not meet the minimum state-required immunizations or exemptions within the first 5 days of school attendance will be excluded.

ILLNESS/INJURY:

Please keep your child home when any of the following symptoms are present:

- Temperature of 100.4 degrees F or greater within the past 24 hours • Vomiting or diarrhea occurring within the past 24 hours
- Strep infections of any kind, ringworm, conjunctivitis, or impetigo. These are all contagious infections and must be treated with medication for at least 24 hours prior to returning to school
- Rash of unknown origin-this may indicate many different things and should be checked by your primary care provider
- Pain should be taken seriously, especially in young children. Earaches,

toothaches, and headaches should be evaluated

- Untreated lice infestation

SYMPTOMS OF COVID

While symptoms of COVID-19 and the Flu can be similar in nature, we have to take your child's symptoms seriously. Symptoms of COVID-19 could include cough, shortness of breath or difficulty breathing, fever over 100, fatigue, chills, muscle or body aches, headache, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, or new loss of taste or smell. **If your student exhibits any of these symptoms, please keep your student home, and further evaluation for COVID-19 or Flu-like illness is recommended.**

DISTRICT 5 POLICY ON MEDICATION AT SCHOOL:

PRESCRIPTION MEDICATION

In certain acute or chronic health conditions, it may be necessary for a child to take prescription or over-the-counter medication during the school day. In order for this medication to be administered at school, by the school nurse or designee, the school nurse or front office must be contacted & the procedure below is followed:

- There must be a Physician's order for the medication which includes:
 - Diagnosis the medication is for
 - Name of medication
 - Times per day medication is to be given
 - Possible side effects to watch for with medication
- New orders must be obtained at the beginning of **each** new school year as well as any medication changes.
- A parent or guardian must sign the consent form for the medication to be given at school.
- Medication **MUST** come in a container that is labeled properly with:
 - Student's name
 - Type of medication
 - Dose of medication
 - Instructions for giving the medication (this includes over-the-counter medications)
 - No baggies will be accepted!!
- Medications will be kept under lock & dispensed by the nurse or designee.

EMERGENCY MEDICATION

A Montana state law, MCA 20-5-420, allows students in Montana who have a **Medication Authorization form** on file with the school to carry and self-administer their emergency medication such as their rescue asthma medication or their anaphylaxis medication. The law also allows for backup medication to be kept at the school.

NONPRESCRIPTION MEDICATION

Students at the elementary level may **NOT** carry their own nonprescription medication, such as Tylenol, without specific parental and provider approval. The school nurse or

designee can provide students on occasion with over-the-counter medication, with parental consent. Over-the-counter medications include Tylenol, Benadryl, Ibuprofen, Tums, and cough drops.

FORMS

All forms can be found on the district website:

<https://www.sd5.k12.mt.us/parents-students/nurse-home-page>

<https://www.sd5.k12.mt.us/student-health-forms>

NURSE'S SCHEDULE:

I am at Edgerton Elementary every weekday from 8:00 am - 12:30 pm. If you have any questions or concerns regarding your child's health, please do not hesitate to contact me.

Have a safe and healthy school year!

Lillian Adams-Custer RN, BSN

Edgerton Elementary School Nurse

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