

Fremont District 79 - Grade 3-8

September, 2024 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 Belgian Waffles w/Syrup (V) Pork Sausage Patty Smiley Fries Hash Browns Craisins Whole Apple	4 Bacon-Tomato Grilled Cheese Grilled Cheese (V) Tomato Soup Green Beans Fresh Fruit Salad Whole Banana	5 Chicken Fajitas Tex-Mex Corn Cilantro Lime Rice Mandarin Oranges Whole Pear	6 Cheese Pizza (V) Baked Tater Tots Baby Carrots w/Ranch Orange Wedges Diced Peaches
9 Chicken Tenders Seasoned Mashed Potatoes w/Gravy Steamed Broccoli Whole Banana Applesauce	10 French Toast Sticks w/Syrup (V) Pork Sausage Patty Hash Brown Patties Baked Tater Tots Fresh Fruit Salad Craisins	11 Mini Corn Dogs Honey Glazed Carrots Edamame Salad Diced Peaches Whole Apple	12 Beef & Cheese Nachos Mild Salsa Cilantro Lime Rice Fresh Watermelon Mandarin Oranges	13 Cheese Pizza Bagels (V) Tater Tots Green Beans Applesauce Whole Pear
16 Chicken Snacker Wrap Creamy Coleslaw French Fries Diced Peaches Craisins	17 Pancakes w/Syrup (V) Pork Sausage Patty Smiley Fries Hash Browns Whole Apple Orange Wedges	18 Spaghetti Meatball Marinara w/Breadstick Peas & Carrots Roasted Corn Fresh Fruit Salad Diced Pears	19 Beef Quesadilla Tex-Mex Corn Cilantro Lime Rice Whole Apple Mandarin Oranges	20 Cheese Pizza (V) Seasoned Green Beans Garden Salad w/Ranch or Italian Applesauce Craisins
23 Chicken Nuggets Seasoned Mashed Potatoes w/Gravy Baby Carrots & Ranch Orange Wedges Whole Banana	24 Strawberry Waffles w/Syrup (V) Tater Tots Hash Brown Potatoes Fresh Fruit Salad Applesauce	25 Cheesy Rotini Marinara (V) w/Garlic Breadstick Seasoned Green Beans Sauteed Mushrooms Craisins Whole Apple	26 Beef & Cheese Tacos Tex-Mex Corn Cilantro Lime Rice Orange Wedges Applesauce	27 Cheese Pizza (V) Honey Glazed Carrots Baked Tater Tots Mandarin Oranges Fresh Fruit Salad
30 Popcorn Chicken Seasoned Peas & Carrots French Fries Applesauce Whole Banana		(V) Denotes Vegetarian Option	ALTERNATE ENTREES Beef Hamburger Beef Hot Dog Turkey, Salami, Ham, Cheese, Or Sunbutter & Jelly Sandwich	*Menu subject to change To add funds to a student account go to: myealtime.com

Fremont Middle

September, 2024 - A La Carte Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School Labor Day	3 Western Burger	4 Western Burger	5 Western Burger	6 Western Burger
9 Chicken Curry w/White Rice & Naan Bread	10 Chicken Curry w/White Rice & Naan Bread	11 Chicken Curry w/White Rice & Naan Bread	12 Chicken Curry w/White Rice & Naan Bread	13 Chicken Curry w/White Rice & Naan Bread
16 Pulled Pork Sandwich	17 Pulled Pork Sandwich	18 Pulled Pork Sandwich	19 Pulled Pork Sandwich	20 Pulled Pork Sandwich
23 Cinnamon Apple Caramel Panini	24 Cinnamon Apple Caramel Panini	25 Cinnamon Apple Caramel Panini	26 Cinnamon Apple Caramel Panini	27 Cinnamon Apple Caramel Panini
30 Boneless Chicken Wings w/Sauces			(V) Denotes Vegetarian Option	Menu subject to change To add funds to a student account go to: MyMealtime.com