



# SCHOOL WELLNESS NEWSLETTER



August 2024

## INFORMATION FROM WYOMING CITY SCHOOLS' HEALTH SERVICES

### BACK TO SCHOOL INFORMATION AND REMINDERS

Welcome back to school! The beginning of the year is an exciting and busy time for Wyoming City Schools' Health Services team. We're stocking our clinics with fresh supplies, checking immunization records, and reviewing healthcare plans for new and returning students. We're working hard to make sure that we're ready to provide students with the best care. Parents can help us in this effort by looking over school health requirements and policies below and submitting any necessary paperwork to your child's school as soon as possible. We are looking forward to partnering with our Wyoming families and students to ensure a safe and healthy school year!

– Wyoming Health Services Team

#### MEDICATION FORMS



The school must have a [Medication Authorization Form](#) on file before medication can be administered to students. The form must be completed and signed by the prescribing clinician and the student's parent/guardian. Forms are valid for one school year and must be renewed annually. No medications, prescription and over-the-counter, may be administered without an authorization form.

If your student would like to self-carry emergency medications, such as an epinephrine injector and asthma inhaler, please be sure to complete the Self-Carry portion on the form.

#### VACCINATIONS



The State of Ohio has mandated certain vaccinations as a requirement for school attendance. Vaccination requirements for all K-12 students are listed on the [ODH Website](#). If your child is not up to date on their vaccinations, please schedule a well child visit and submit an updated vaccination record to your child's school as soon as possible.

**REMINDER:** 7th graders must have 1 Tdap and 1 meningococcal vaccination. 12th graders must have a 2nd dose of the meningococcal vaccine (unless the first dose was given after the 16th birthday).

#### INDIVIDUALIZED HEALTH CARE PLAN



Parents of children who have a potentially life-threatening health condition will be contacted about completing an **Individualized Healthcare Plan (IHP)**. Health conditions that typically require an IHP include asthma, diabetes, severe allergies/anaphylaxis, and seizure disorders. An IHP is an important document for the school to have as it provides us with your child's unique medical information, identifies their health care needs during the school day, the medical services to meet those needs, and the steps to take in case of a health emergency.

IHP forms are conveniently located on [Final Forms](#) in the *Past & Ongoing Health Conditions* section which is located under *Health History and Medical Profile*. Once you complete the plan, please upload it the Medical Action Plan folder. You can also reach out to your child's school for a form.

# WHEN IS SICK TOO SICK FOR SCHOOL



VS.



Temp of 100.4 F or higher



Fever free for 24 hours without the use of medication

Diarrhea in the last 24 hours



Diarrhea free for 24 hours

Vomits 2 or more times in 24 hours



Vomit free for 24 hours

Diagnosed with contagious illness, such as strep throat, pink eye, pertussis



Return per clinician's orders. If prescribed antibiotics, wait 24 hours after 1<sup>st</sup> dose before returning

Live lice found in hair



Treat with effective pediculicide. May return after treatment if no live lice remain

## RESPIRATORY ILLNESSES (E.G., COVID-19, RSV, INFLUENZA)

- Stay home when sick
- Consider testing and/or seeing PCP
- May return when symptoms have improved for at least 24 hours.

Once normal activities are resumed, enhanced precautions for the next 5 days are encouraged:

- Wearing a well-fitting mask (when able)
- Keeping a distance from others
- Improving ventilation and circulation (when possible)
- Hand hygiene and respiratory hygiene

