

# SEPTEMBER LUNCH MENU 2024

Child Nutrition Services can be reached at (408) 223-4500, Monday-Friday, 7:30am -4:00pm



EVERGREEN SCHOOL DISTRICT



## Child Nutrition Services

**Free meals continue for all students!**



Evergreen is a Provision 2 District as of school year 2022-23. CNS will NOT collect or request income information from families in 2024-25. However the District may request new and transfer students complete an Education Benefit Form to help the District receive important funding.

Contactless online payments are strongly encouraged for all a la carte purchases. Parents can make a prepayment safely & securely anytime at: [www.myschoolbucks.com](http://www.myschoolbucks.com). Request a balance transfer or refund at [www.eesd.org](http://www.eesd.org).

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
<b>Week of:</b> September 2	 <b>NO SCHOOL</b>	Bean & Cheese Chalupa (M)	Cheese Lasagna (M)	Veggie Burger (M)	Mac & Cheese (M)
<b>Week of:</b> September 9	Cheezy Bites (M)	Italian Nada (M)	Bean & Cheese Burrito (M)	Grilled Cheese Sandwich (M)	Ciabatta Cheese Melt (M)
<b>Week of:</b> September 16	Mini Chicken Corn Dog (C)	Turkey Pizza Nada (T)	Chicken Stir Fry Rice Bowl (C)	Cheeseburger Slider (B)	Penne Pasta w/ Meat Sauce (B)
<b>Week of:</b> September 23	Vegetable Pinwheel (M)	Bean & Cheese Pupusa (M)	Pizzaboli (M)	Veggie Nuggets & Fries (M)	Cheese Pizza Slice (M)
<b>Week of:</b> September 30	Pepperoni Pinwheel (T)	<b>PLUOT</b> Meatball Hoagie (B, C)	Teriyaki Chicken & Rice (C)	Chicken Nuggets & Fries (C)	Pepperoni Pizza Slice (B, P)
<b>Week of:</b> September 23	Soybutter & Jelly Sandwich (M)	Southwest Queso Pull Apart (M)	Galaxy Cheese Pizza (M)	Cheese Calzone (M)	Breadsticks & Marinara Sauce (M)
<b>Week of:</b> September 23	Chicken Double Dog (C)	Chicken & Cheese Chimichanga (C)	Pepperoni Stuffed Sandwich (B, T)	Chili Cheese Dog (C,B)	Spaghetti & Meat Sauce (B)
<b>Week of:</b> September 30	French Bread Cheese Pizza (M)	Bean & Cheese Burrito (M)	Chile & Cheese Flauquito (M)	Vegan Burger (M) 	Mac & Cheese (M)
	Pepperoni Pizza Pie (T,B)	Beef & Cheese Chili Burrito (B)	Sweet & Sour Chicken & Fried Rice (C)	Turkey & Cheese Sandwich (T)	Chicken Taquitos (C)

**Look for our Harvest of the Month.**

**Pluot**



**A La Carte Menu**

Milk \$0.75

Water \$1.00

Fruit Juice \$0.75

Whole Grain Crackers \$1.00

*No credit is extended for a la carte purchases.*

**Vegetarian Options Available Daily!**

Check in with your Super Lunch Lady at your school site for the vegetarian entrée of the day. NEW! Look for this to find 100% plant based options.



**Available choices to go with menu items:**

Non-Fat Chocolate Milk

1% Low-Fat White Milk

100% Fruit Juice

Variety fresh & canned fruits

Variety fresh & hot veggies

Baby Carrots

Whole Grain Snacks

**NO COST Universal Free**

**A COMPLETE LUNCH MUST INCLUDE A ½ CUP OF FRUIT OR VEGETABLE**



**What Makes a Complete Lunch?**

USDA requires that a student select a minimum of 3 different components: **Fruit, Vegetable, Protein, Grain, Milk**



**Menu is subject to change without notice.**

This institution is an equal opportunity provider and employer.

For CalFresh information, call 1-877-847-3663.

Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips.



**MENU KEY**  
(M) Meatless  
(C) Chicken  
(B) Beef  
(P) Pork  
(T) Turkey  
(F) Fish